

# Reflections

AT THE ROW HOTEL

## A LA CARTE BREAKFAST

**\* Avocado Toast | 11**

Egg White and Spinach Scramble, Multi Grain Artisan Bread, Smashed Avocado, Shaved Manchego

**\* Traditional Breakfast | 13**

Cage Free Hens Egg Prepared to your Liking,  
Choice of Toast and Breakfast Side

**\* Reflections Eggs Benedict | 15**

Toasted English Muffin, Baby Spinach, Maple Glazed Canadian Bacon, Poached Cage Free Eggs, Boursin Cream

**New England Griddle Cakes | 12**

Wholegrain Pancakes, Fresh Berries,  
New England Maple Syrup

**\* BLTA Sandwich | 13**

Cage Free Egg, Nitrate Free Bacon, Heirloom Tomato,  
Whole Wheat Bagel, Baby Arugula, Avocado

**\* Quinoa Breakfast Bowl | 12**

Quinoa, Farm Fresh Eggs, Wilted Greens, Scallions,  
Exotic Mushrooms, Tomato Confit

**Steel Cut Oatmeal | 8**

Toasted Almonds, Raw Cane Sugar, Sundried Fruits

**Breakfast Sides | 4**

Smoked Chicken  
Nitrate Free Bacon  
Smoked Pork Breakfast Sausage  
Canadian Bacon

*\*Denotes food items that are cooked to order or are served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illnesses.*

*Before placing your order, please inform your server if anyone in your party has a food allergy.*