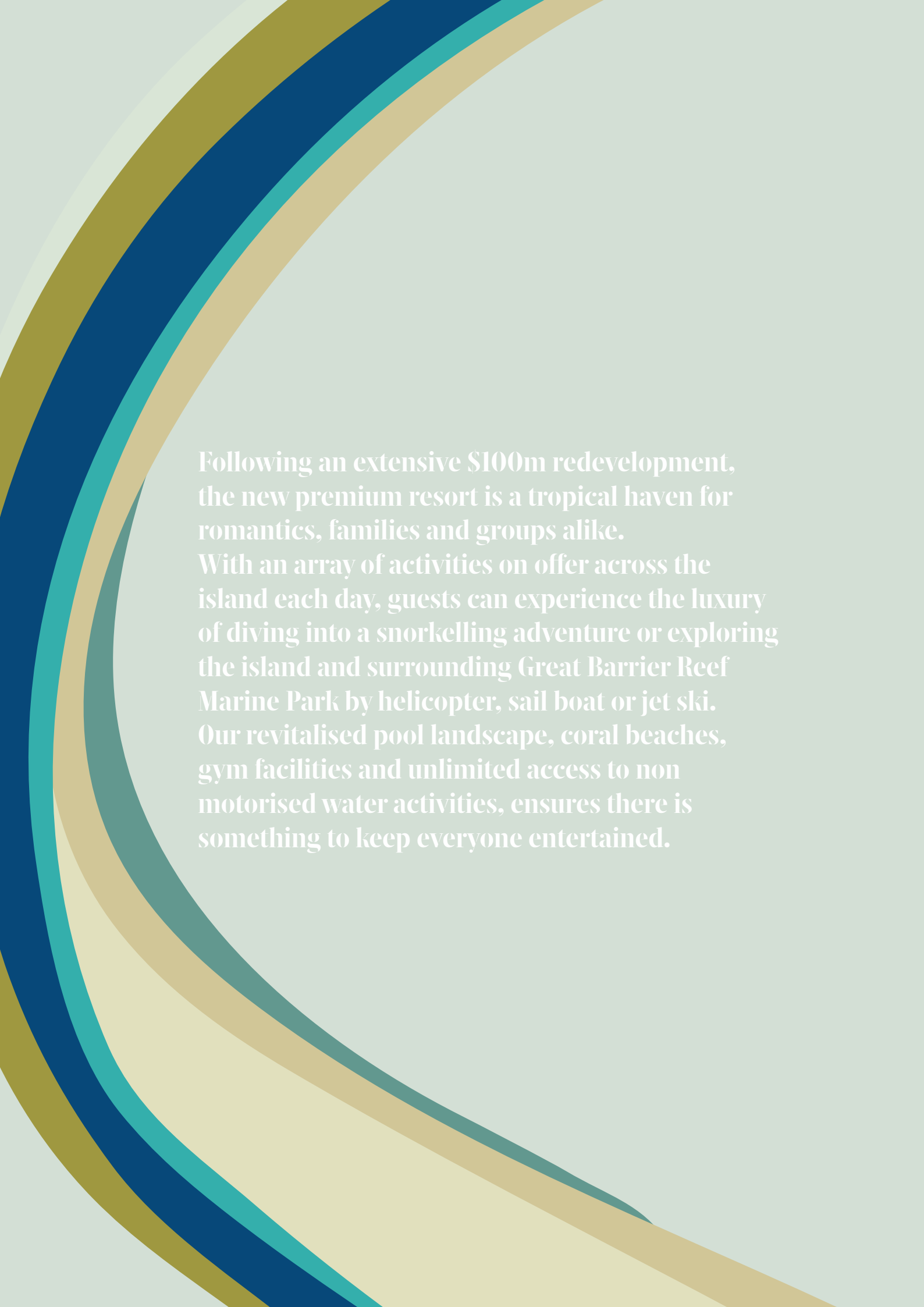


# Explore

Daydream Island Activities



DAYDREAM  
ISLAND



Following an extensive \$100m redevelopment, the new premium resort is a tropical haven for romantics, families and groups alike. With an array of activities on offer across the island each day, guests can experience the luxury of diving into a snorkelling adventure or exploring the island and surrounding Great Barrier Reef Marine Park by helicopter, sail boat or jet ski. Our revitalised pool landscape, coral beaches, gym facilities and unlimited access to non motorised water activities, ensures there is something to keep everyone entertained.

# Free On Island Activities

As a guest of Daydream Island, you can participate in as many or as few of these activities as you like. There is something for everyone. Check the daily activities schedule for what's on where.



<b>WILDLIFE WALK AND TALK</b>	Take a walk through the rainforest with one of our guides who will point out the wildlife, landmarks and other exciting features of the island. Enjoy the spectacular views from the viewing deck	45 minutes	Check daily program guide	FREE
<b>RAINFOREST WALK</b>	Take a stroll through Daydream's rainforest trails at your leisure and see what wildlife you can spot. Be sure to stop by the Rainforest Deck for the ultimate viewing platform.	20 minutes, depends on walking speed	Sunrise to sunset	FREE
<b>TRIVIA NIGHTS</b>	Put your knowledge to the test with one of our trivia nights. Fun for all ages.	1 hour	Check daily program guide for times and location	FREE
<b>OUTDOOR FITNESS CLASSES</b>	Don't want to be indoors in the gym? Head outside for a fitness class amongst the beauty of the Whitsundays for a sunrise stretch, run or an evening yoga session.	45-60 minutes	Check daily program guide	FREE
<b>AQUA AEROBICS CLASSES</b>	Take your fitness to a new level in the pool. Varying classes available to suit all fitness levels.	45-60 minutes	Check daily program guide	FREE
<b>SUNRISE STRETCH SESSION</b>	Start your day with some gentle stretches to awaken the body and prepare you for the day.	30-45 minutes	Check daily program guide	FREE
<b>SCAVENGER HUNT</b>	Trek your way around the island and achieve your hunt objectives. Fun for all ages	1-2 hours	Check daily program guide	FREE
<b>TENNIS</b> (Coming soon)	Whether having a friendly game or dusting off your tennis skills, what better place to rally than beside the beautiful waters of the Whitsundays? Book your equipment hire for a game at your leisure or join in one of our friendly group games	1-2 hours	Check daily program guide for group games. Equipment hire applicable away from scheduled times	FREE



<b>PUBLIC FISH FEEDING SHOW</b>	Take a seat and see our Marine Biologists feed our resident rays, reef sharks and other marine creatures in our daily feeding show.	30 minutes	10am daily	FREE
<b>FISH FEEDING</b>	Its lunchtime. Make your way down to Lovers Cove and experience feeding some of our tropical fish friends.	30 minutes	1 session per day, check daily program guide	FREE
<b>KAYAKS</b>	Grab a friend and paddle out to see Daydream from a different perspective. Enjoy the tranquility as you glide through the crystal water.	-	Available during daily water sport hours. Tidal dependant	FREE
<b>CATAMARANS</b> (Coming soon)	Really feel the wind in your hair and take out one of our catamarans to explore the pristine waters of the Whitsundays.	-	Available during daily water sport hours. Tidal dependant	FREE
<b>STAND UP PADDLE BOARDING</b>	Try your balance on a paddle board. Our staff will provide a few pointers for beginners and then set you off to paddle the relaxing waters of Daydream.	-	Available during daily water sport hours. Tidal dependant	FREE
<b>GYM</b>	Our newly equipped gym will keep you feeling fit and fresh throughout your holiday with a range of equipment available for use at your leisure.	-	Open daily, 6am-8pm	FREE
<b>BEACH SPORTS</b>	Fancy a game of volleyball, cricket, touch footy or soccer? Head down to Mermaids Beach and choose your team.	-	Check daily program guide	FREE
<b>CROQUET</b>	A game for all ages, croquet is an easy and popular family activity.	-	Check daily program guide	FREE

# On Island Activities

## Require Pre Booking - Costs Vary

Whether in water or on dry land, we have a great range of fun, education, relaxing and unique experiences available. There is something for everyone!

Pre booking is essential.



<b>GUIDED KAYAK TOUR</b>	<p>Let our guides take you on a scenic paddle around the island, pointing out special landmarks and notable reef features. Experience wild fish feeding with the locals off Lovers Cove.</p>	<p>1 hour</p>	<p>Twice weekly, check daily program guide</p>	<p>\$30 pp</p>
<b>SUNSET SPARKLING KAYAK TOUR</b>	<p>Paddle over to Lovers Cove at twilight in time to enjoy a glass of sparkling wine while watching the sun set. Wild fish feeding also included.</p>	<p>1 hour</p>	<p>4 sessions per week, check daily program guide</p>	<p>\$40 pp</p>
<b>PADDLE BOARD TOUR</b>	<p>Once you've found your feet on a paddle board, join a guided tour around to Lovers Cove. Enjoy the scenery and have the opportunity to feed the wild fish at your feet.</p>	<p>45 minutes</p>	<p>3 sessions per week, check daily program guide</p>	<p>\$20 pp</p>
<b>BINGO</b>	<p>"22, two little ducks" Line your numbers up and get on theme with our fun bingo sessions</p>	<p>1 hour</p>	<p>Check daily program guide for times and location</p>	<p>\$5 per game</p>
<b>OPEN AIR CINEMA</b> (Coming soon)	<p>Our refurbished 44ft cinema screen and lawn area overlooking Sunset Beach will offer a range of family favourites, recent releases and classics for a unique under the stars movie experience. Take a seat on the deck chairs, purchase your movie snacks and sit back to enjoy your island movie night.</p>	<p>Various</p>	<p>Check daily program guide</p>	<p>\$15 Adult \$7.50 Child (12 years and under)</p>
<b>STINGRAY SPLASH</b>	<p>Enter the Living Reef and take a splash with our baby rays, followed by a talk and tour into our Underwater Observatory. This experience is both educational and truly unforgettable. Minimum age 6 years. Maximum 6 persons per tour</p>	<p>45 minutes</p>	<p>Daily 10:45am 2pm 3:30pm (in high season)</p>	<p>\$40 pp</p>
<b>GUIDED FISH FEEDING</b>	<p>Take a chance to get close and personal with some of the Living Reef residents, including colourful fish, baby reef sharks and sea stars and experience our brand new Touch Tank. Then take a talk and tour of our new Underwater Observatory. This hands on experience is a must do at Daydream. Minimum age 4 years and must have accompanying paying adult. 3 years and under FOC with accompanying paying adult. Maximum 12 persons per tour</p>	<p>45 minutes</p>	<p>Daily 9am 1pm 3:30pm (in high season)</p>	<p>\$30 pp \$90 family (2 Adults and 2 children up to 12 years)</p>





<p><b>REEF RANGERS</b></p>	<p>Join our Marine Biologists as they take you through the restricted areas of the lagoon for a hands on exclusive look at our Living Reef with time to experience our brand new Touch Tanks. You will assist in the public fish feeding show, as well as Stingray Splash and guided fish feeding. Kids get a Reef Ranger hat and lanyard to keep. Minimum age 6 years.</p>	<p>3 hours</p>	<p>Daily 8:45am Bookings essential. Maximum 3 people per tour.</p>	<p>\$90 pp</p>
<p><b>LIVING REEF GUIDED SNORKEL</b></p>	<p>A new experience to Daydream Island. Join one of our Marine Biologists as they take you through our Living Reef to see rays, fish and reef sharks close up. Also experience our brand new Touch Tank and Underwater Observatory. Limited to a maximum of 6 people per session. Minimum age 10 years. Must be competent swimmer.</p>	<p>1.5 hours</p>	<p>Twice daily (3 sessions in high season) Check daily program guide for times</p>	<p>\$100 pp</p>
<p><b>LIVING REEF NIGHT TOUR</b></p>	<p>A hands-on after dark experience in the Living Reef and brand new Touch Tank. Learn about the animals and their nocturnal behaviour while holding sea stars, feeding stingrays and touching baby sharks as well as experiencing our brand new Underwater Observatory.</p>	<p>1 hour</p>	<p>Friday nights, check daily program guide for times. Maximum 12 persons per tour.</p>	<p>\$30 pp</p>
<p><b>SNORKEL EQUIPMENT HIRE</b></p>	<p>Take a self-guided swim in the ocean at your own leisure to explore the activity beneath the waters surface.</p>	<p>-</p>	<p>Equipment hire available</p>	<p>\$25 hire fee per day for snorkel mask, fins and stinger suit</p>





<p><b>CULINARY CLASS - TEPPANYAKI</b></p>	<p>Learn the Japanese art of teppanyaki, the culture of this cuisine and techniques. Get involved with this 2 hour class presented by our Teppanyaki Chef and at the end enjoy your creation and take home newly learnt skills. Beverages are available for purchase to accompany your 3 dishes.</p>	<p>2 hours</p>	<p>11am on various days. Bookings essential. Suitable for adults only. Minimum 2 adults required for class to proceed</p>	<p>\$150 pp</p>
<p><b>CULINARY CLASS - AUSTRALIAN NATIVE INGREDIENTS</b></p>	<p>Embrace the native flavours of Australia. This class will teach you to prepare modern Australian dishes utilising our favourite local and native ingredients. Enjoy a lunch full of flavour at the end of your class with 3 dishes and beverages available for purchase.</p>	<p>2 hours</p>	<p>11am on various days. Bookings essential. Suitable for adults only. Minimum 2 adults required for class to proceed</p>	<p>\$120 pp</p>
<p><b>KIDS COOKING CLASS - MUFFINS</b></p>	<p>A fun session for the kids to get involved in as they are assisted by our resident pastry chef to make a range of muffins. A great opportunity for the kids to learn and practice the basics of cooking. Kids get to enjoy their baking at the end of the class.</p>	<p>90 minutes</p>	<p>Various days. Suitable for ages 3-12 years. Minimum of 2 children required for class to proceed</p>	<p>\$15 pp</p>
<p><b>KIDS COOKING CLASS - FRUIT ART</b></p>	<p>A fun session for the kids to get involved as they use a variety of fruits to create face plates, fruit skewers and other artistic projects with fresh fruit. A great opportunity for the kids to learn about the fun of fruit as a part of a balanced diet. Kids get to enjoy their creations at the end of the class.</p>	<p>90 minutes</p>	<p>Various days. Suitable for ages 3-12 years. Minimum of 2 children required for class to proceed</p>	<p>\$15 pp</p>

# Off Island Activities

## Require Pre Booking - Costs Vary

Experience the stunning Great Barrier Reef and surrounding Whitsunday Islands through this range of exciting options.

Pre booking is essential.



<p><b>JET SKI ISLAND ADVENTURE</b></p>	<p>Get the adrenalin pumping, and explore the Whitsundays, with our exhilarating Jet Ski Island Adventure. Departing from Daydream Island, your tour guide will quickly have you accelerating across the turquoise water of the Whitsundays. The tour navigates from Daydream Island to the mainland, and Airlie Beach, often including sea turtle encounters. You'll be amazed at how fun and responsive your personal Jet Ski can be, and even beginners will quickly feel comfortable in control of our stable Sea Doo skis. Go fast, explore, have fun, and get a great view of the Whitsundays! You control the experience, making this a must for adrenalin junkies and explorers alike.</p>	<p>90 minutes</p>	<p>Max 2 passengers per ski</p>	<p>\$210 per ski</p>
<p><b>JET SKI HIRE</b></p>	<p>Hire a jet ski, and experience the thrill of driving a personal watercraft in the Whitsundays. Jet Ski hire includes a personalised briefing, and personal safety equipment. The hire area is located between Daydream Island and South Molle Island.</p>	<p>30 minutes or 60 minutes</p>	<p>Max 2 passengers per ski</p>	<p>\$110 per ski 30 minutes \$160 per ski 60 minutes</p>
<p><b>SOUTH MOLLE ISLAND AND ECO WALKS</b></p>	<p>The National Park tracks on South Molle Island offer outstanding views across Whitsunday's famous islands and fringing reef. The Island has a range of trails for both beginner and intermediate hikers. Or if hiking isn't your thing, take a picnic pack and enjoy one of the nearby secluded beaches.</p>		<p>Transfers available at regular times daily, and may vary on occasion due to tides. Please check with the tour desk to confirm.</p>	<p>\$25 pp return</p>
<p><b>TOW SPORTS</b></p>	<p>Try out our range of tow sports, suitable for all ages, and different group sizes. Available daily from the water sports jetty.</p>		<p>Various days. Bookings essential.</p>	<p>\$30 pp</p>

*\*Booking terms and conditions: 100% cancellation fee applies for no-shows or cancellations within 24 hours of scheduled departure time. Also applicable to requests to reschedule. Children under 3 years old are considered infants, and travel free of charge on a paying adults lap. For children 3 years and over, adult price applies on all flights. All tours provided by GSL Aviation*



<p><b>DAYDREAM HALF DAY WHITEHAVEN BEACH</b></p>	<p>Travel directly from Daydream Island to the world famous Whitehaven Beach, cruising amongst the beautiful Whitsunday Islands. Launched in 2019 the vessel has been purpose build for Daydream Island guests. In less than an hour you'll be stepping on to the beautiful white sands of Whitehaven Beach. Enjoy morning or afternoon tea and 2 ½ hours on the beach where you can swim, stroll, play or relax. Optional tour experiences are also available including a helicopter flight and a bushwalk excursion to Hill Inlet lookout.</p>	<p>4.5 hours</p>	<p>1 morning and 1 afternoon trip per day. Minimum numbers required for trip to proceed. Vessel maximum 50 persons</p>	<p>\$135 Adult \$85 Child (4-14 years)</p>
<p><b>WHITEHAVEN BEACH HELI TOUR*</b></p>	<p>Departing from the Daydream Island helipad - this flight will take you directly to the world famous Whitehaven Beach, allowing you to take in the stunning aerial views of the Whitsundays along the way. Arriving on the beach in style you will have 1 ½ hours to enjoy this pristine location before returning to Daydream Island.</p>	<p>2 hours</p>	<p>Minimum of 2 persons for flight to proceed. Max of 3 persons per aircraft</p>	<p>\$349 pp</p>
<p><b>WHITEHAVEN BEACH AND GREAT BARRIER REEF HELI TOUR*</b></p>	<p>Departing from the Daydream Island helipad - this is the tour that really includes it all. Fly over the iconic Heart Reef, Whitsunday Islands, Hill Inlet and Whitehaven Beach. Not only will you see it all from above, but you'll also land at Whitehaven Beach, with 1 ½ hours to explore.</p>	<p>2.5 hours</p>	<p>Minimum of 2 persons for flight to proceed. Max of 3 persons per aircraft</p>	<p>\$699 pp</p>
<p><b>REEF SCENIC HELI TOUR*</b></p>	<p>The amazing contrast of colours is something best experienced from the air. This experience brings the heart of the Great Barrier Reef to you and provides the ultimate view of the Whitsundays. Sights include Whitsunday Islands, Hill Inlet, Whitehaven Beach, Great Barrier Reef, and Heart Reef.</p>	<p>1 hour</p>	<p>Minimum of 2 persons for flight to proceed. Max of 3 persons</p>	<p>\$549 pp</p>
<p><b>DAYDREAM ISLAND TRANSFER*</b></p>	<p>Travel in style and arrive or depart Daydream Island by helicopter. Travelling to or from Whitsunday Airport in Airlie Beach, your transfer flight includes ground transport to or from the town centre (of Airlie Beach). Not only is it fast and efficient, but you'll great aerial view of the Whitsundays along the way.</p>	<p>5-10 minutes</p>	<p>Minimum of 2 persons for flight to proceed. Max of 3 persons.</p>	<p>\$139 pp  Other airport heli transfers available, price on enquiry.</p>

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<p><b>OCEAN RAFTING</b></p>	<p>These fast semi rigid inflatable boats take you to the best of the Whitsunday and Whitehaven Beach; snorkel, explore and take a walking adventure to enjoy these spectacular destinations. Each vessel take a maximum of 32 passengers giving you a small group experience. Stinger suit hire and lunch are included. Suitable for ages 5 and over.</p>	<p>5.5 hours</p>	<p>Daily</p>	<p>\$188 Adult (16 years and over) \$121 Child (5-15 years) \$556 Family (2A, 2C)</p>
<p><b>CAMIRA - FULL DAY SAILING PROVIDED BY CRUISE WHITSUNDAYS</b></p>	<p>Camira is one of the fastest commercial sailing catamarans in the Whitsundays capable of up to 30 knots. This all inclusive full day of boating is a great way to experience the Whitsundays. As the crew rely on Mother Nature, the day will vary depending on conditions. Morning tea, bbq lunch, afternoon tea and all beverages are included.</p>	<p>8 hours</p>	<p>Daily</p>	<p>\$209 Adult (15 years and over) \$145 Child (4-14 years)</p>
<p><b>HALF DAY WHITEHAVEN TOUR PROVIDED BY CRUISE WHITSUNDAYS</b></p>	<p>Cruise through the azure waters of the Whitsunday islands for this scenic trip to Whitehaven Beach, while your friendly skipper provides an informative commentary on the history and natural wonders of the area. Your air conditioned cruise vessel has interior saloons as well as outside seating areas. A Boarding ramp allows for easy access on and off the beach. Morning or afternoon tea is included. Sandwiches, snacks and beverages are all available for purchase on board.</p>	<p>4.5 hours</p>	<p>Morning or afternoon trip</p>	<p>Morning \$115 Adult \$45 Child (4-14 years) Afternoon \$128 Adult \$64 Child (4-14 years)</p>
<p><b>FULL DAY WHITEHAVEN TOUR PROVIDED BY CRUISE WHITSUNDAYS</b></p>	<p>Walk up to the Hill Inlet lookout, chill out on Whitehaven Beach and explore the beautiful Chance Bay. This day cruise allows you to spend more time exploring the wonders of Whitehaven Beach than any other cruise. Beach shades, beach game items and drinking water will all be available for your use throughout the day. A delicious lunch is included on the beach, cold drinks are available for purchase. Morning and afternoon tea are served on board.</p>	<p>8 hours</p>	<p>Daily</p>	<p>\$229 Adult \$119 Child (4-14 years)</p>



<p><b>FULL DAY HAMILTON ISLAND AND WHITEHAVEN BEACH TOUR</b> PROVIDED BY CRUISE WHITSUNDAYS</p>	<p>First you'll cruise across to Hamilton Island where you will have the first half of the day to explore the island at your own pace. Hop on and off their free shuttle buses, wander Front Street and take in the Marina views or head up to One Tree Hill for one of the most spectacular views Hamilton Island offers. A pub lunch at The Marina Tavern or a Cafe style Lunch at Manta Ray is included (beverages additional). Back on the vessel, sit back, breathe in the sea air, sip a wine or beer and marvel at the 74 Island Wonders of the Whitsundays while you cruise toward Whitehaven Beach. Once at the beach, sink your toes into the fine white silica sands of Whitehaven and enjoy the warm crystal clear waters.</p>	<p>8 hours</p>	<p>Daily</p>	<p>Marina Tavern Lunch Included \$188 Adult \$105 Child (4-14 years)</p> <p>Manta Ray Lunch Included \$205 Adult \$115 Child (4-14 years)</p>
<p><b>FULL DAY GREAT BARRIER REEF TOUR</b> PROVIDED BY CRUISE WHITSUNDAYS</p>	<p>This full day experience lets you enjoy an outstanding range of interactive Great Barrier Reef adventures. The trip takes you to a purpose built pontoon where you will spend the day exploring the colourful underwater world of magnificent corals, colourful fish and marine life. Throughout the day curb your hunger with morning and afternoon tea and a sumptuous buffet lunch. Coffee and tea is included and is available along with a bar for you to purchase a full range of alcoholic and non alcoholic drinks. We specialise in introductory first timers diving at the custom designed Hardy Reef Pontoon. Or for Certified Divers our experienced Dive Masters will take small groups around some special parts of the reef.</p>	<p>8 hours</p>	<p>Daily</p>	<p>\$269 Adult \$125 Child (4-14 years)</p>
<p><b>18 HOLE GOLF DAY AT DENT ISLAND</b></p>	<p>Enjoy a day of golf at the stunning championship Hamilton Island Golf Course on nearby Dent Island. The par 71 course is not only challenging but spectacular. Designed by 5 time British Open winner, Peter Thomson, this course boasts a variety of stunning views, obstacles and challenges amongst beautiful bushland. Your day includes a ferry pick up from Daydream Island to Hamilton Island where you'll then be taken on a 10 minute transfer to Dent Island. Your green fees for the 18 holes includes use of an electric buggy fitted with GPS rangefinder. The purpose built club house offers delicious menu and range of beverage options perfect for a long lunch after your round; the perfect spot to take in more breathtaking views. A well stocked pro shop, locker rooms and showers are also available. Please note that strict dresscodes apply that honour the etiquette of the game.</p>	<p>approx. 8 hours</p>	<p>Daily</p>	<p>\$220 pp</p>









DAY DREAM  
ISLAND

## For booking information

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