



Sense Wellness

Grand Hotel Union Business

*Dobrodošli v templju
harmonije za telo
in duha*

V atraktivnem okolju z orientalskim pridihom vam ponujamo holističen pristop k negi in revitalizaciji vašega telesa. Za vas smo ustvarili fuzijo najboljših in najučinkovitejših elementov iz tradicionalnih in sodobnih masažnih ter negovalnih tehnik iz vsega sveta.

Na voljo vam je razkošen Penthouse bazen z odprto teraso in pogledom na grad. Razvajate se lahko v kombinirani finski/bio ter infra savni, za tiste, ki želijo več zasebnosti vam je na voljo VIP prostor z infra savno, masažno kopeljo in masažnimi rituali v dvoje.

Odповedi in zamude

Termin lahko brezplačno odpoveste 24 ur pred naročenim terminom. V nasprotnem primeru, ste dolžni poravnati 50% vrednosti storitve. Če na svoj termin zamudite, se storitev zaračuna v celotni vrednosti. Prosimo vas, da ob rezervaciji navedete svoje osebne podatke, kontaktno telefonsko številko ter številko kreditne kartice.

Za boljše počutje

- Za obisk Sense Wellnessa je potrebno svoj termin predhodno rezervirati.
- Pridite vsaj 10 minut pred dogovorjenim terminom, da se boste v miru oprhali in pripravili na naročeni tretma.
- Ob vstopu v Sense Wellness vas prosimo, da osebne predmete (torbice, nakit, ključe, mobilne telefone ...) zaklenete v osebno omarico. Mobilne telefone ob tem utišajte ali izklopite.
- Sense Wellness ne odgovarja za izgubo ali krajo vaše lastnine, zato vas prosimo, da v naše prostore ne prinašate dragocenih predmetov.
- Pred pričetkom tretmaja, uporabe savne in bazena, je obvezno prhanje. Pred uporabo bazena je tudi obvezna dezinfekcija nog.
- V naših savnah kopalk ne uporabljamo, za kopanje v bazenu so obvezne.
- Po končani masaži se uporaba savne in bazena ne priporoča.
- V finski/bio in infra savni si podložite suho brisačo.
- Vljudno vas prosimo, da v Sense Wellnessu govorite tiho, saj želimo vsem gostom zagotoviti sproščujoče vzdušje.
- Vstop otrokom do 14. leta je dovoljen samo v spremstvu staršev.
- Prosimo vas, da ob prihodu našemu osebju navedete informacije o vaših morebitnih zdravstvenih težavah, ki bi utegnile vplivati na izbor negovalnega programa.
- Goste hotela prosimo, da vstopate v Sense Wellness v kopalnem plašču in z hotelsko brisačo, ki ju dobite v sobi. Svoj termin za masažo ali obisk bazena je potrebno predhodno rezervirati.

Mediterran Asia

Vip rituali za pare

Tretmaji se izvajajo v VIP rezidenci. V ceno je vključena 1-urna uporaba infra savne, masažne kopeli, izposoja kopalnih plaščev, brisač in sladko presenečenje + tajski čaj.

SLADKO-SLANO RAZVAJANJE 140 min 278€

- Razvajanje v infra savni ter masažni kopeli (60 min)
- Piling celega telesa z medom in soljo (30 min)
- Orientalna masaža z mangovim maslom (50 min)

ČOKOLADNO-BLATNE SANJE 170 min 301€

- Razvajanje v infra savni ter masažni kopeli (60 min)
- Obloga s solinskim blatom (30 min)
- Orientalna masaža čokoladne sanje (80 min)

FILIPINSKA MAGIJA 170 min 315€

- Razvajanje v infra savni ter masažni kopeli (60 min)
- Detox z 100% Bio aloe vero (30 min)
- Hilot filipinska terapevtska masaža z bananinimi listi (80 min)

Masažni rituali

MASAŽNI RITUAL 1 80 min 110€

Piling telesa z medom in soljo 30 min
Masaža z mangovim maslom 50 min

MASAŽNI RITUAL 2 110 min 121€

Obloga s solinskim blatom 30 min
Masaža čokoladne sanje 80 min

MASAŽNI RITUAL 3 110 min 128€

Detox z 100% Bio aloe vero. Hilot 30 min
filipinska masaža z bananinimi listi 80 min

Privatni zakup Vip rezidence

VIP DNEVNI ZAKUP 2 h 100€
ZA PARE od 10:00 do 17:00

2-urno razvajanje v infra savni ter masažni kopeli v zasebnem prostoru.

Dodatna ura 50€

Tajski čaj in sladko presenečenje gratis.

VIP VEČERNI ZAKUP 2 h 150€
ZA PARE od 17:00 do 22:00

2-urno razvajanje v infra savni ter masažni kopeli v zasebnem prostoru.

Dodatna ura 75€

Tajski čaj in sladko presenečenje gratis.

Nepozabne deklisčine

ZA DO 4 OSEBE 170 min 306€

2-urno razvajanje v infra savni ter masažna kopel v zasebnem prostoru ter Sense tajska masaža z aromatičnimi olji (50 min).

Tajski čaj in sladko presenečenje gratis.

Cenik je v veljavi od 25. decembra 2017.
Vse cene so v evrih in vključujejo DDV (22%).

Penthouse bazen in razvajanje v savnah

VSTOPNINA 1 1h 15€

kratek obisk bazena in savne pred tretmajem

10x VSTOPNINA 1 -30% 10x1 h 105€

VSTOPNINA BAZEN 10X 1 h 75€

VSTOPNINA BAZEN MESEČNA 1 h 75€

VSTOPNINA 2 2 h 25€

2-urno razvajanje v infra, finski/bio savni ter kopanje v bazenu

10x VSTOPNINA 2 -50% 10x2 h 125€

VSTOPNINA 3 3 h 35€

3-urno razvajanje v infra, finski/bio savni ter kopanje v bazenu

10x VSTOPNINA 3 -50% 10x3 h 175€

Ob naročenem tretmaju - 50 % cenejši obisk bazena in savne.

VIP NOČNI ZAKUP BAZENA 3 h 900€

s pogledom na grad po 21:00

3-urno razvajanje v infra, finski/bio savni ter kopanje v bazenu (skupine do 15 oseb)

Izposoja dodatne brisače 2€

Izposoja dodatnega kopalnega plašča 3€

PRENOSNA MESEČNA VSTOPNICA ZA PODJETJA IN DRUŽINE 290€

Klubske vstopnica Sense Wellness je namenjena vsem, ki vedo, kako pomembno si je vzeti čas zase in svoje najbližje. Vključuje 2-urno razvajanje v infra, finski/bio savni in kopanje v bazenu, 2 brisači ter tradicionalni tajski čaj limonska trava. Vstopnica je prenosljiva znotraj podjetja in družine (do 5 oseb). Vstop je možen eni osebi od petih enkrat dnevno (osebe, ki bodo koristile mesečno vstopnico je potrebno navesti ob nakupu prenosne mesečne vstopnice).

Masaže

SENSE TAJSKA MASAŽA 80 min 77€
Z AROMATIČNIMI OLJI 50 min 64€

TRADICIONALNA 80 min 77€
TAJSKA MASAŽA 50 min 64€

TAJSKA MASAŽA 80 min 80€
S TOPLIMI ZELIŠČI

ORIENTALSKA MASAŽA STOPAL 30 min 39€

TAJSKA MASAŽA HRBTA 30 min 39€
Z AROMATIČNIMI OLJI

TRADICIONALNA TAJSKA 30 min 39€
MASAŽA HRBTA

PROTISTRESNA MASAŽA GLAVE, 30 min 39€
OBRAZA IN DEKOLTEJA

KRALJEVA TAJSKA MASAŽA 2 h 115€

- tradicionalna tajska masaža 1h
- tajska masaža z aromatičnimi olji 1h

ORIENTALSKA MASAŽA 80 min 80€
ČOKOLADNE SANJE 50 min 69€

ORIENTALSKA MASAŽA 80 min 80€
Z MANGOVI MASLOM 50 min 69€

ORIENTALSKA MASAŽA 80 min 80€
S KOKOSOVIM OLJEM 50 min 69€

PRE-NATAL TREATMENT 50 min 70€
(za nosečnice)

HILOT FILIPINSKA TERAPEVTSKA 80 min 87€
MASAŽA Z BANANINIMI LISTI

Cenik je v veljavi od 25. decembra 2017.
Vse cene so v evrih in vključujejo DDV (22%).

Z mesečno karto za savne nudimo 15% gotovinski popust na vse tajske in filipinske masaže ob koriščenju karte.



Sense Wellness

Grand Hotel Union Business

*Welcome to the
temple of harmony
for the body and soul*

In attractive environment with an oriental touch we offer a holistic approach to care and revitalization of your body. We have created a fusion of the finest and most effective elements of both traditional and modern massages and care techniques from all over the world- from Thailand to Philippines. We offer you a luxurious Penthouse swimming pool with an open terrace and an amazing view on the Ljubljana castle. You can treat yourself to our Finnish/bio, infrared sauna. For those who want more intimacy, there is a VIP suite with an infrared sauna, whirlpool-bath and massage rituals for couples.

Cancelations

In case you want to cancel your treatment for free, please cancel 24 hours before your appointment. Later cancelations incur a fee of 50% value of your treatment. If you are late to your appointment, you will be charged 100% of your booked treatment. We kindly ask you to leave your personal contact, phone number, and credit card number when making your reservation.

For greater comfort

- To enter Sense Wellness you must make a reservation prior to your arrival.
- We invite you to arrive at least 10 minutes prior to your appointment to have the time to shower and prepare for your treatment in peace.
- Upon arrival to Sense Wellness, please leave your personal belongings (handbags, jewelry, keys, cellular phones...) in the lockers, and lock them with the key. Remember to switch off your mobile phone or put it in the "silent" mode.
- Sense wellness cannot be held responsible for any lost or stolen goods. We therefore recommend that you do not bring jewelry and valuables to the spa.
- It is obligatory to disinfect your feet and to take a shower before starting a treatment or prior to using the saunas and swimming pool.
- In our saunas we don't use bathing suits, except in the swimming pool.
- It is not recommended to enter saunas and swimming pool after a massage treatment.
- In the Finnish/bio and infrared sauna sit or lie on a towel.
- We wish to offer our guests an atmosphere of peaceful relaxation. We therefore ask you to speak quietly.
- Entry for children under 14 years of age is permitted only when accompanied by parents
- Upon arrival, please inform our personnel about any medical condition to be taken into account when designing your treatment program.
- We kindly ask hotel guests to come to Sense Wellness in a hotel provided bathrobe and towel. You need to make a reservation for massage or swimming pool access prior to your arrival.

Mediterranean Asia Vip rituals for couples

Rituals are carried out in the VIP residence. Price includes 1-hour of relaxation in infrared sauna, whirlpool bath, two bathrobes, four towels, Thai tea and a sweet surprise as a gift.

SWEET & SALTY PAMPERING 140 min €278

- Pampering in infra-sauna and whirlpool bath (60 min)
- Whole body honey and salt peeling (30 min)
- Oriental massage with mango butter (50 min)

SALTYMUD & COCOA DREAMS 170 min €301

- Pampering in infra-sauna and whirlpool bath (60 min)
- Prian salt-pan mud wrap (30 min)
- Oriental massage with cocoa butter (80 min)

PHILIPPINE MAGIC 170 h €315

- Pampering in infra-sauna and whirlpool bath (60 min)
- 100% Bio Aloe Vera detox (30 min)
- Philippine hilot massage therapy with banana leaves (80 min)

Massage rituals

MASSAGE RITUAL 1 80 min €110

Whole body honey and salt peeling 30 min
Oriental massage with mango butter 50 min

MASSAGE RITUAL 2 110 min €121

Prian salt-pan mud wrap 30 min
Oriental massage chocolate dreams 80 min

MASSAGE RITUAL 3 110 min €128

100% Bio Aloe Vera detox 30 min
Hilot Philippine massage with banana leaves 80 min

Private Vip suite

VIP DAY SENSATION FOR COUPLES from 10:00 to 17:00 2 h €100

2-hours of pure delight in an infrared sauna with an en-suite whirlpool bath
Additional hour €50
Thai tea and a sweet surprise.

VIP NIGHT SENSATION FOR COUPLES from 17:00 to 22:00 2 h €150

2-hours of pure delight in an infrared sauna with an en-suite whirlpool bath
Additional hour €75
Thai tea and a sweet surprise.

Unforgettable bachelorette parties

UP TO 4 PEOPLE 170 min €306

2-hour pampering in a VIP suite with an infrared sauna, whirlpool bath and a Sense Thai massage with aromatic oils (50 min).
Thai tea and a sweet surprise.

Valid from 25 December 2017.
All prices are in euro and are inclusive of VAT (22%).

Penthouse pool and sauna luxury

ENTRANCE 1	1 h	€15
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Short relaxation in our saunas and swimming pool before a treatment

10x ENTRANCE 1 -30%	10x1 h	€105
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POOL ENTRANCE 10X	1 h	€75
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POOL – MONTHLY ENTRANCE	1 h	€75
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ENTRANCE 2	2 h	€25
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2-hour relaxation in finnish, bio and infrared sauna and swimming pool

10x ENTRANCE 2 -50%	10x2 h	€125
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ENTRANCE 3	3h	€35
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3-hour relaxation in finnish, bio and infrared sauna and swimming pool

10x ENTRANCE 3 -50%	10x3 h	€175
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With a scheduled treatment the entrance to sauna, and pool -50%

VIP NIGHT RELAX	3 h	€900
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Indulge your senses in good company with private access to our pool, Finnish/bio sauna, infrared sauna, and a prestigious view on the castle (group up to 15 people).

Additional towel	€2
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Additional bathrobe	€3
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TRANSFERABLE MONTHLY PASS FOR COMPANIES, AND FAMILIES	€290
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Sense Wellness pass is intended for all who know how important it is to take time for themselves and their loved ones. It includes a 2-hour relaxation in Finnish/bio sauna, an infrared sauna, an indoor swimming pool, two towels and traditional lemon-grass tea. The pass is transferable within the company, and family up to 5 people, entry is possible once a day for a single person (people who will use the monthly pass must be quoted when purchasing the transferable monthly pass).

Massage assortment

SENSE THAI MASSAGE	80 min	€77
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WITH AROMATIC OILS	50 min	€64
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TRADITIONAL	80 min	€77
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THAI MASSAGE	50 min	€64
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THAI MASSAGE WITH WARM HERBS	80 min	€80
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ORIENTAL FOOT MASSAGE	30 min	€39
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THAI BACK MASSAGE WITH AROMATIC OILS	30 min	€39
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TRADITIONAL THAI BACK MASSAGE	30 min	€39
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ANTI-STRESS HEAD, FACE, AND DÉCOLLETÉ MASSAGE	30 min	€39
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ROYAL THAI MASSAGE	2 h	€115
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- 60 min traditional Thai massage
- 60 min Thai massage with aromatic oils

ORIENTAL MASSAGE	80 min	€80
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COCOA DREAMS	50 min	€69
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ORIENTAL MASSAGE WITH	80 min	€80
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MANGO BUTTER	50 min	€69
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ORIENTAL MASSAGE WITH	80 min	€80
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COCONUT OIL	50 min	€69
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PRE-NATAL TREATMENT	50 min	€70
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(for pregnant women)

PHILIPPINE HILOT MASSAGE	80 min	€87
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THERAPY WITH BANANA LEAVES

Valid from 25 December 2017.

All prices are in euro and are inclusive of VAT (22%).

With a transferable monthly pass we offer you 15% cash discount on all Thai, and Philippine massages.

Ljubljana, avgust 2016

KOPALIŠKI RED

Obratovalni čas bazena: dnevno od 7.00 do 22.00

Pridržujemo si pravico do izredne spremembe obratovalnega časa.

Uporaba bazena je dovoljena vsem gostom, ki so psihofizično sposobni samostojno izpolnjevati določila hišnega (kopališkega) reda.

Vstop otrok do 14. leta starosti je dovoljen le v spremstvu staršev ali skrbnika, ki odgovarja za varnost otrok na kopališču.

Največje dovoljeno število obiskovalcev je 20.

Dejavnosti, ki se lahko opravljajo na kopališču ali ob njem: bazen, savna, masaža in sorodne storitve, prodaja pijač in napitkov.

Na kopališče ne smejo osebe, ki so pod vplivom alkohola, mamil ali drugih psihotropnih snovi, prav tako na kopališče ne smejo osebe, ki imajo nalezljive bolezni.

Uporabniki morajo uporabljati objekt tako, da ne motijo drugih uporabnikov in ne delajo škode na objektu in opremi.

Kajenje na območju kopališča in prostorov ob kopališču ni dovoljeno.

Uporaba kopalne garderobe je obvezna.

Kopalci se smejo kopati le na površinah, ki so namenjene kopanju.

Pred vstopom na kopališče si je obvezno oprhati telo in razkužiti noge.

Obiskovalci morajo bazen in druge kopališke naprave uporabljati v skladu s predvideno uporabo, ob upoštevanju svojih sposobnosti oziroma tako, da ne ogrožajo drugih kopalcev ali sebe. Uporaba kopaliških objektov in naprav je na lastno odgovornost.

Skakanje v vodo, plavanje pod vodo, uporaba opreme za prosto potapljanje, tekanje in igre z žogo niso dovoljene.

Živalim je vstop prepovedan.

Obiskovalci se morajo ravnati po navodilih kopališkega reda, kopaliških znakih ter navodilih in opozorilih kopaliških delavcev.

Delavci upravljavca objekta lahko uporabnike, ki kršijo kopališki red ali ne upoštevajo njihovih navodil, odstranijo iz objekta.

Osnovna higienska pravila ravnanja za kopalce oziroma obiskovalce bazenskega kopališča (Pravilnik o minimalnih higienskih zahtevah, ki jih morajo izpolnjevati kopališča in kopalna voda v bazenih, Ur. l. RS, št. 59/2015 - 29. člen)

- Pred vstopom v bazen se vsakič oprhamo, tudi po uporabi stranišča;
- Pred vstopom na kopališče oziroma bazen uporabimo stranišče;
- Bazena ne uporabljamo, če imamo drisko ali smo jo imeli v zadnjem tednu;
- Če smo negotovi glede drugega obolenja, upoštevamo navodila svojega zdravnika;
- Izogibamo se požiranju kopalne vode, v vodo ne izkašljujemo, ne izpihujemo iz nosu, ne spiramo ust, ne izločamo urina in blata;
- Opozorimo osebje, če opazimo v vodi ali na kopališču izbljuvke, iztrebke ali druga onesnaženja, ki tja ne sodijo;
- Otroke pogosto vodimo na stranišče oziroma takoj, ko na to opozorijo;
- Otroci morajo biti ves čas pod nadzorom;
- Otroci do tretjega leta starosti morajo uporabljati kopalne plenice ali kopalke.
- Otroku takoj zamenjamo plenico, ko je potrebno. Previjalna miza se nahaja v otroškem toaletnem prostoru;
- Po iztrebljanju in pri previjanju otroku temeljito z milom umijemo zadnjico, prav tako tudi svoje roke;
- Na območje kopališča oziroma v bazen ne vnašamo hrane, pijač, umazanih in steklenih predmetov.

Ljubljana, August 2016

SWIMMING POOL RULES AND REGULATIONS

Opening hours of the swimming pool: daily between 7:00 and 22:00.

We reserve the right to make extraordinary changes to the opening hours. Use of the swimming pool is permitted to all guests who are mentally and physically able to independently comply with the provisions of the Hotels' (Swimming Pool) Rules and Regulations.

Entry to children under 14 years of age is permitted only if they are accompanied by a parent or a guardian responsible for the safety of children within the swimming pool area.

The maximum allowed number of visitors is 20.

The activities that may be carried out within the swimming pool area or next to it: swimming pool, sauna, massage and related services, sale of beverages.

Entry to the swimming pool area is not allowed to people who are under the influence of alcohol, drugs or other psychotropic substances, as well as people who suffer from infectious diseases.

Users must use the facility in a way that does not interfere with other users and does not cause damage to the facility itself or the equipment.

Smoking within the swimming pool area and the rooms next to the swimming pool is not permitted.

The use of the swimming pool changing rooms is obligatory.

Bathers are allowed to bathe only within the areas that are intended for bathing.

Before entering the pool area, visitors must take a shower and disinfect their feet.

Visitors must use the swimming pool and related bathing equipment in accordance with the intended use, taking into account their own abilities, i.e. in a way that they do not endanger other bathers or themselves. The use of bathing facilities and equipment is at the visitors' own risk.

Jumping into the water, swimming under the water, use of freediving equipment, running and ball games are not allowed.

Animals are not allowed inside the swimming pool area.

Visitors must follow the instructions specified in the Swimming Pool Rules and Regulations, the swimming pool signage, as well as the instructions and warnings given by the employees. Employees of the facility manager may remove users who violate the Swimming Pool Rules and Regulations or fail to follow their instructions.

The basic rules regarding hygiene practices for bathers and visitors to the swimming pool (Rules on minimum hygiene requirements to be met by baths and bathing water in swimming pools, OG RS No. 59/2015 – Article 29)

- Visitors must shower every time before they enter the pool area, including after using the toilet;
- Visitors must use the toilet before entering the swimming pool area;
- Visitors must not use the swimming pool if they have diarrhoea or have had it within the past week;
- If visitors are unsure about any other illnesses, they need to follow the instructions given by their doctor;
- Visitors must avoid swallowing bathing water, coughing up into the water, blowing the nose, washing the mouth, excreting urine and faeces;
- Visitors must warn the staff if they have noticed, either in the water or within the swimming pool area, vomit, excrement or other contaminants that do not belong there;
- Children must be taken to the toilet frequently or as soon they express the need to go;
- Children must be supervised at all times;
- Children aged three or under must use nappies or a swimsuit;
- Children's nappies must be changed as soon as needed. The changing table is located in the children's toilet room;
- After defecation and nappy changing, the child's bottom, as well as your hands, need to be washed thoroughly with soap;
- No food, drinks, dirty or glass objects are allowed to be taken into the swimming pool area or the swimming pool.