SPA PACKAGES

DAY OF HEALING
6.5 Hours ~ $535
Immerse yourself in a day of healing – beginning with a soak in our private mineral pool followed by a velvety body glow: a 55 minute Relaxation Massage, Signature Facial, Spa Manicure and Pedicure plus a leisurely spa lunch with beverage. A total value of $580

INDULGENCE
4.5 Hours ~ $325
Indulge yourself with a 55 minute Relaxation Massage, Mineral Boost Facial, Spa Manicure and Pedicure and leisurely spa lunch with beverage. A total value of $370

RETREAT
3 Hours ~ $315
Beginning with a revitalizing soak in our private mineral pool followed by a rejuvenating Healing from the Ocean Body Wrap, 55 minute Relaxation Massage plus a spa lunch with beverage. A total value of $345

TIME FOR TWO
2 Hours ~ $480 per couple
Start with a romantic soak in our private mineral pool – followed by a Healing from the Ocean Body Wrap and a 25 minute relaxation massage. Enjoy with chocolate covered strawberries and sparkling beverage. A total value of $535

Healing Springs SPA

OPEN DAILY
To book your next treatment:

1.800.663.2266 (toll-free)
604.796.4746 (spa direct)
604.796.2244 (resort)
healing@harrisonresort.com

Book online:
HarrisonResort.com/HealingSpringsSpa

Located 1.5 hours from Vancouver and 3 hours from Seattle. Exit 135 off of the Trans-Canada Highway (Hwy 1)

Harrison HOT SPRINGS RESORT

100 Esplanade Avenue
Harrison Hot Springs, BC, Canada V0M 1K0
T. 604.796.2244 · 1.800.663.2266 (toll-free)
E. info@harrisonresort.com
HarrisonResort.com

© 07/2019 Harrison Hot Springs Resort & Spa, Corp.

Healing Springs SPA

Harrison HOT SPRINGS RESORT

SPA ETIQUETTE

HOW TO PREPARE FOR YOUR SPA EXPERIENCE:

- When making a spa appointment, please inform us of any preferences or special requests.
- Please arrive at least 15 minutes prior to your scheduled treatment time. This will allow you enough time to fill out your profile and avoid any reduction in the length of your treatment.
- Please wear comfortable, light clothing or a bathrobe with your bathing suit or undergarments. Our professional practitioners provide draping for privacy.
- The consumption of alcohol or large meals should be avoided prior to any treatment.
- Please keep your jewelry or other valuables in your room or safety deposit box, as lockers are not provided.
- If you are pregnant, please inform reception upon booking, as this will affect what treatments are appropriate for you.
- We ask that you respect other guests' treatments by speaking softly and turning off any electronic devices.
- Our practitioners are professionally trained. They will continue to adjust your comfort levels as needed. Please bring any concerns to your practitioner's attention in order to ensure a pleasurable spa experience.
- Healing Springs Spa features fully trained male and female massage practitioners who are retained as independent contractors. Should you have a gender preference for your treatment provider, please state at the time of booking.
- A MINIMUM OF 24 HOUR'S NOTICE of any changes or cancellations is required to avoid being charged for the services booked.

Prices may change without notice. Taxes are additional. Gratuities are at your discretion. Spa guests under the age of 16 require written parental consent and must be accompanied by a parent or caregiver for side-by-side treatments.

DAY GUESTS
A minimum purchase of $100 in Healing Springs Spa services per person also secures six hours of access to the five hot spring pools on the day of treatment.

BODY CARE

HEALING FROM THE OCEAN
55 minutes ~ $140 | 70 minutes with mini facial ~ $170
This advanced treatment encompasses the true elements of thalassotherapy healing practices by dislodging toxins and reducing inflammation while replenishing the skin with our seaweed rich exfoliation followed by a glacial clay detoxifying mud wrap and finishing with a hydrating mineral rich body butter.

CANADIAN COASTAL SEAWEED RITUAL 'FOR THE FEET'
40 minutes ~ $110
A unique ocean healing experience focusing on targeting issues such as sore, swollen feet , poor circulation and dry skin. The treatment uses raw ocean elements including hand harvested local seaweed and includes a warmed Glacial Clay mask on the feet to detoxify, infuse minerals and offer advanced healing.

VELVET TOUCH
55 minutes ~ $150 | 80 minutes ~ $190
Gentle yet effective fine sea salt exfoliation that is infused with pure Pacific seaweed and green tea. After the skin is exfoliated, a seaweed rich body butter is applied to complete this invigorating experience leaving the skin smooth, moisturized with a healthy glow. This treatment infuses the body with vital minerals, anti-oxidants and aromatherapy oils used in the formulas promote a sense of calm and tranquility.

LEG COMFORT TREATMENT
40 minutes ~ $90
This is an ideal treatment to relieve swollen, tired and heavy legs. Cutaneous blood circulation is activated and excess water is eliminated. Your legs will feel refreshed and stimulated.

MINERAL HOT SPRINGS BATH
20 minutes ~ $75 3 to 4 guests | $65 couple | $55 individual
Experience a soothing soak in our private signature treatment suite. You will leave with a wonderful sense of well-being, feeling rejuvenated and stress-free. Weekdays only.

PINK LOTUS ANTI-AGING BODY RITUAL
55 minutes ~ $140 | 70 minutes with mini facial ~ $170
A specialized full body treatment for dry/mature skin that takes its inspiration from traditional Ayurvedic healing practices. The experience begins with an application of hydrating gel mask infused with seaweed and papaya enzymes. The treatment also includes a wrap and massage with a luxurious oil created with pure Pink Lotus, Pomegranate seed, Chia Seed, sandalwood and other actives, used to treat signs of age and promote inner peace and calm. Skin is left silky smooth, hydrated and protected.

MASSAGES

HEALING SPRINGS SIGNATURE MASSAGE
80 minutes ~ $215 | 110 minutes ~ $255
A customized experience as unique as you are. Begin with a relaxing aroma foot bath and exfoliation, followed by a skillfully delivered combination of traditional and holistic techniques specifically orchestrated to your needs.

STONE MASSAGE
50 minutes ~ $135 | 70 minutes ~ $175
Smooth, heated basalt river stones are used in conjunction with massage strokes to produce a unique balance of energy and a feeling of well-being.

THAI STEM MASSAGE
85 minutes ~ $190
This therapeutic massage helps release toxins, increases circulation, relaxes muscles, and works out painful knots. Stretching of the neck/back/arms/legs, combined with a gentle massage with the warm soothing heat from the stems, provides you with a sense of well-being.

RELAXATION MASSAGE
25 minutes ~ $80 | 55 minutes ~ $125 | 85 minutes ~ $170
This traditional European massage calms the nervous system, reduces stress and improves circulation – leaving you feeling peaceful yet revitalized.

COUPLES MASSAGE
50 minutes ~ $260
All couples should experience our side-by-side relaxation massages performed by our practitioners. Please enquire about our other massage services available in our couples rooms.

DEEP-TISSUE MASSAGE
25 minutes ~ $85 | 55 minutes ~ $135 | 85 minutes ~ $185
Targeting tense and painful muscles, tendons and ligaments by applying a firm technique.

SHIATSU
25 minutes ~ $85 | 55 minutes ~ $135 | 85 minutes ~ $185
Japanese for finger pressure, this treatment consists of finger and palm pressure, stretches, and other massage techniques to reduce stress, muscle pain, nausea, anxiety and depression.

REFLEXOLOGY MASSAGE
25 minutes ~ $80 | 55 minutes ~ $125
This is a non-invasive method of working the pressure points on feet and/or hands that reflect all points of the body. Excellent for releasing stress and restoring harmony.

HEALING MASSAGE ENHANCEMENTS
Warming Green Tea and Indian Spice Oil $10

Seaweed Fronds - rehydrated kelp is applied to areas of swelling, pain, fluid retention or irritation $15

FACIALS

RADIANCE FACIAL
55 minutes ~ $135
A visibly brightened, more luminous complexion with an immediate burst of radiance.

SIGNATURE FACIAL
70 minutes ~ $155
Tailored to your skin's unique needs, this customised facial, includes our self-heating mud treatment for your back as well as Phytomer's signature Reflexothermal back massage.

For gentlemen, this is the perfect facial – tailored to the unique needs of male skin with our 'Homme' skin care.

MINERAL BOOST EXPRESS FACIAL
25 minutes ~ $90
Patented anti-aging ingredients, anti-oxidants and essential oils work in synergy to target a wide range of skin conditions.

CITYLIFE DEPOLLUTION TREATMENT
50 minutes ~ $135
Phytomer's CITYLIFE treatment depollutes city-dwellers skin and revives asphyxiated and dehydrated faces, restoring skin to a healthy glow.

HEALING BACK RITUAL
50 minutes ~ $140
A therapeutic approach to improve the overall condition and clarity of the skin on the back. This treatment utilizes locally harvested ocean elements including kelp and glacial clay to clean & detoxify, infuse vial minerals and addresses skin inconsistencies including acne. The holistic experience also helps to relive muscle tension and promote deep relaxation.

MEN'S FACIAL
70 minutes ~ $155
This is a tailor-made treatment dedicated to the specific needs of men's skin. The face is deeply cleansed and oxygenated, leaving the skin fresh and comfortable. Includes our self-heating mud treatment for your back as well Phytomer's signature Reflexothermal back massage.

FACIAL ENHANCEMENTS
Add to any of the above facials:

AHA Exfoliation – rejuvenation through the shedding of damaged surface skin cells $18

Collagen Mask – creating a firm, supple appearance $25

Eye Perfection – smooths, revives and awakens the eye contour $30

ADDITIONAL TREATMENTS

MINERAL MAKEUP
Daytime Application $40

Evening Application $50

Pre-Wedding Trial $55

Wedding Day $65

HAND & FOOT TREATMENTS
Spa Manicure ..... 45 minutes ~ $55

Spa Pedicure ..... 50 minutes ~ $75

Express Mani/Pedi ..... 75 minutes ~ $99

Ultimate Pedicure ..... 75 minutes ~ $115

Polish Change $25

Gentlemen's Pedicure (no polish) ..... 50 minutes ~ $65

Gentlemen's Manicure (no polish) ..... 45 minutes ~ $50

Add French polish to any hand or foot service $10

Add Paraffin - Paraffin deeply hydrates skin and eases soreness in hands and feet, this extra pampering may be added to your spa manicure or spa pedicure for $10

GEL POLISH
Gel Polish Application
(Perfect Polish lasting up to 2 weeks) $45

With Manicure $20

With Pedicure $25

Removal of Gel Polish $25

WAXING
We offer a full range of facial and body waxing services from.. $20

FINAL TOUCHES
Brow Tint $25

Lash Tint $30

LITTLE PRINCESSES (13 AND UNDER)
Manicure ..... 25 minutes ~ $35

Pedicure ..... 25 minutes ~ $45

Manicures and Pedicures include nail shaping, exfoliation and lotion followed by a professional polish.

Facial and Massage ..... 60 minutes ~ $115

A gentle facial suited for young skin and initiating good skin care routine.

Our princess facial includes cleanser, mask and moisturizer followed by a velvety massage.

Princess Package ..... 2.25 Hours ~ $175

All 3 of the above plus a healthy veggie and dip snack. Value of $210