

ENGLISH



FALKENSTEINER

*Resort Capo Boi*****

PREMIUM COLLECTION

**ACQUAPURA
SPA**



*Massage
& Beauty*

capoboi.falkensteiner.com





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All prices include VAT and are subject to change. In the event that a new price list is published, all prices listed here shall become invalid. As of June 2016



WELLNESS EXCLUSIVE AT FALKENSTEINER

“*Acqua pura*” is Italian and stands for “*pure water*”, and in the Acquapura SPA wellness world of the Falkensteiner Hotels & Residences, water plays a very important role. It is the elixir of life that is capable of unexpected things. It stimulates blood flow, activates the metabolism and ensures well-being.

Spacious pools, inspiring sauna areas, a wide array of treatments and much more create the proper atmosphere in the Acquapura SPA for *relaxation, enjoyment, happiness, health and vitality*.

ACQUAPURA
SPA

In order for us to feel strong and healthy, our cells need to receive the optimal supply of water, nutrients and air. Our productivity is also controlled by our biorhythm, or internal clock, which determines whether we are awake or asleep, active or tired. These phases are reflected not only in our daily lives but also in the four seasons.

Our wellness treatments are designed precisely around this and help you to find your natural biorhythm:

-  *energising and revitalising*
-  *nourishing*
-  *calming and relaxing*
-  *balancing and harmonising*
-  *clear and pure*



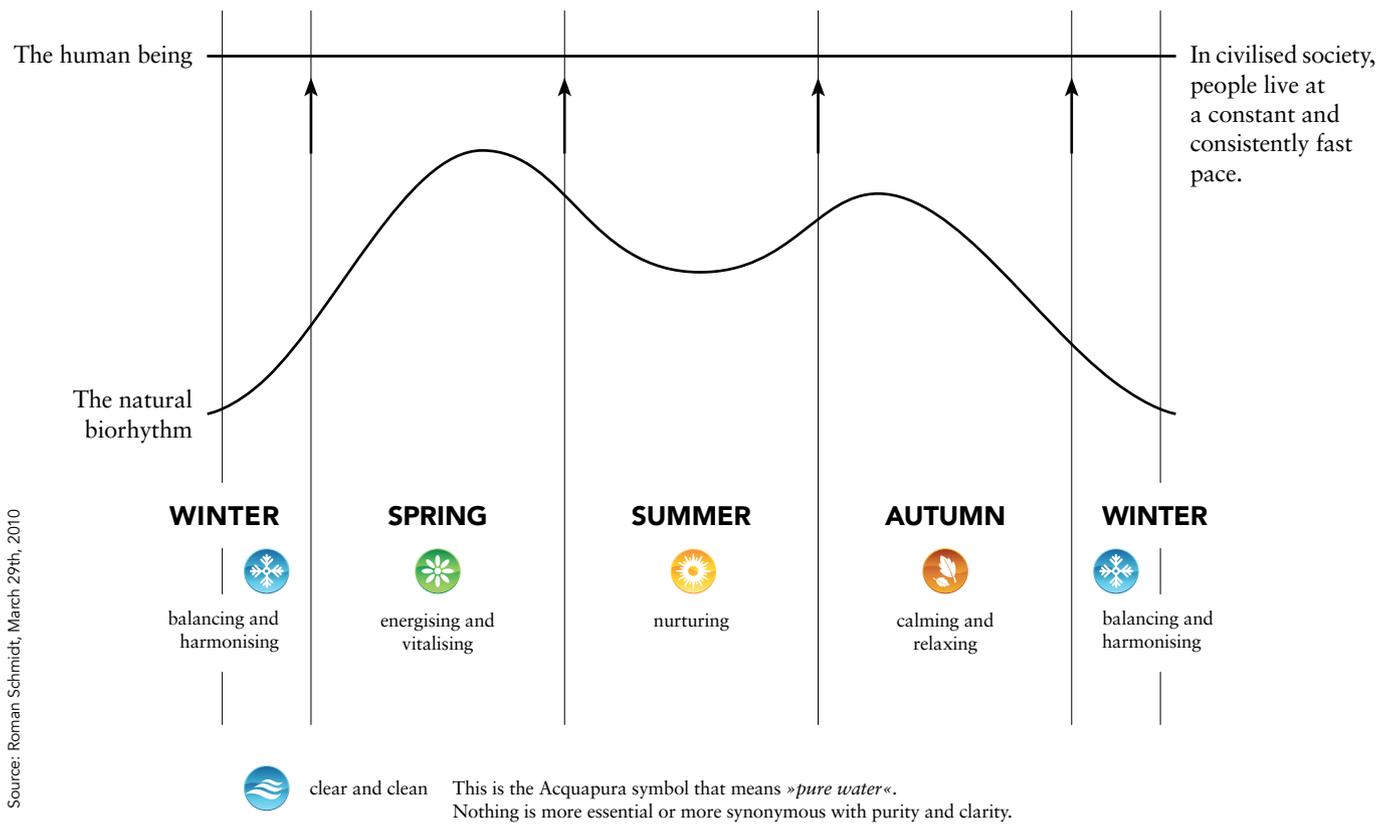
HOW ACQUAPURA WORKS

REDISCOVER YOURSELF

Nowadays people have forgotten how to live in harmony with nature. But just like the natural cycle of the seasons, the human biorhythm is attuned to the ups and downs of nature. The demands of everyday life do not take this into account, but it is impossible to fight against it forever. The result is stress, exhaustion and a general sense of malaise.

We will help you to find your rhythmic balance and in that way to rediscover yourself: You can decide if you need revitalization, nourishment, relaxation or strength.

We will be happy to provide you with advice for designing our personalized wellness programme.



Source: Roman Schmidt, March 29th, 2010

Acquapura

SPA PACKAGES

Our SPA packages will help you to find your rhythm, recharge your batteries, experience beauty, and discover relaxation, balance or clarity.



ENERGY

105mins

€ 150

Body scrub | foot reflexology massage | head and neck massage



RELAXATION

130mins

€ 170

Anti-stress back treatment | facial massage with active concentrate | full-body wrap



BEAUTY

150mins

€ 210

Basic facial | full-body peel | manicure or pedicure



BALANCE

90mins

€ 140

Basic salt peeling | aromatic candle massage

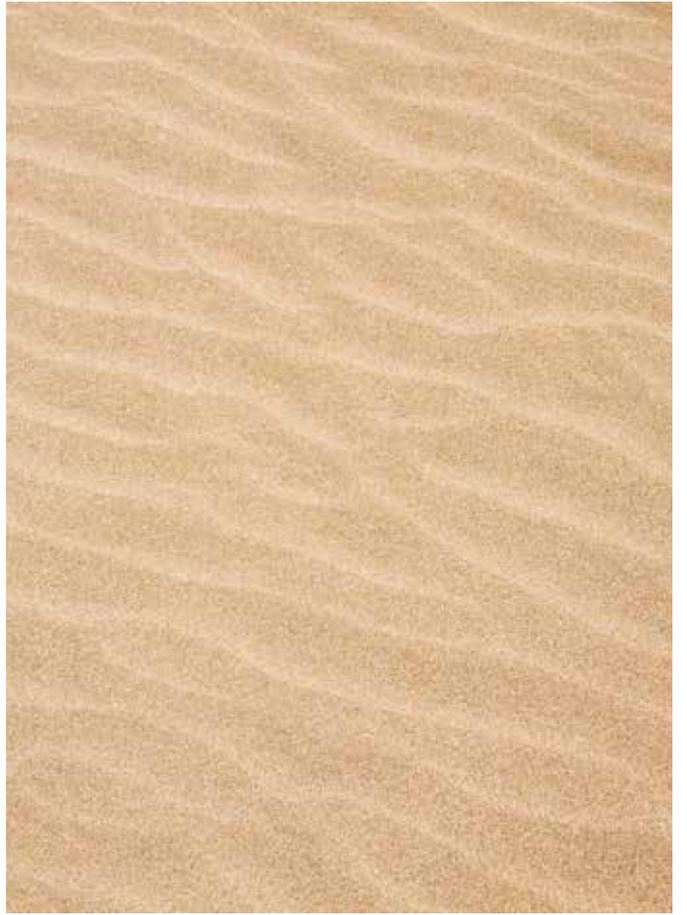


CLARITY

70mins

€ 135

Herbal peel | Ayurvedic full body massage



Capo Boi Signature Treatments

Experience the best Mediterranean plants!



ALOE VERA

90 mins

€ 130

Supreme hydration facial treatment with Aloe Vera | an extremely gentle after sun treatment using collagen and Aloe Vera to sooth the most sensitive skin | excellent deep rejuvenation and radiance booster



HIBISCUS & JASMINE

90 mins

€ 140

Hibiscus flower and jasmine body ritual | delicious pampering care, sweet peeling with Mediterranean sea salt, moisturizing hibiscus wrap and slow soothing massage for a deep relaxation and nourishing experience



PRICKLY PEAR

90 mins

€ 135

Face & body ritual with prickly pear anti-ageing oil | secret of youth | this precious prickly pears seed's oil is a powerful anti-ageing, regenerating and healing care | combined with a deeply relaxing wave massage







Beauty

FACE

Our facials are all customized and offered individually for 60 / 80 / 110 minutes. We will work with you to choose a focus: *moisture, regeneration, anti-acne, lifting, anti-ageing, hyperpigmentation or anti-stress.*



ACQUAPURA BASIC

60 mins

€ 90

Skin care needs analysis | cleansing | peeling | focus on deep cleansing or nourishment and massage | active concentrate | mask | hand massage | nourishment



ACQUAPURA LUXURY

110 mins

€ 150

Exquisite facial with luxurious anti-ageing products | eyebrow shaping | head, neck, hand and foot massage | nonalcoholic balance cocktail



ACQUAPURA CLASSIC

80 mins

€ 130

Skin care needs analysis | cleansing | peeling | deep cleansing lactive concentrate | facial, neck, décolleté and hand massage | mask | nourishment



FACIAL MASSAGE

30mins

€ 50

Intense massage for the face, throat, décolleté and neck | special ampoule | intense relaxation | radiant freshness



FOR YOUR EYES ONLY

50mins

€ 80

Intense eye massage | refreshing ampoule / mask | eyebrow shaping | soft and smooth eye area, radiant eyes



MARINE MINERAL PURIFIER

75 mins

Deep cleansing | steam traditional extraction |
balancing lymphatic drainage

€ 125

HAIR OFF

Face (upper lip, chin)	€ 12
Eyebrow shaping	€ 14
Armpits	€ 20
Full legs	€ 40
Legs to knee	€ 30
Bikini line	€ 25

FOR GENTLEMEN ONLY



MEN EXPRESS TREATMENT

30 mins

€ 55

Deeply hydrating and soothing facial treatment



GENTLEMEN FACIAL DETOX

60 mins

€ 95

Deep cleaning and purifying treatment |
balancing lymphatic massage



SLOW DOWN TIME

60 mins

€ 90

Cleaning | facial peeling | mask | nourishment |
head, neck and shoulders massage



WELLNESS FOR HIM

60mins

€ 100

Full body treatment salt peeling | massage



ANTI STRESS BACK MASSAGE

60mins

€ 110

Back and foot massage combined with self-heating mineral mud to unknot muscle tension



MANICURE PEDICURE



MANICURE

30 mins

Handbath | nails | cuticles | hand cream

With nail varnish: 45 mins

€ 40



PEDICURE

40 mins

Foot bath | nails | cuticles and calluses

With nail varnish: 55 mins

€ 50

€ 55

€ 65



MANICURE DE LUXE

60 mins

Manicure | peeling | moisturizing handwrap |
hand and arm massage | nail varnish

€ 75



PEDICURE DE LUXE

70 mins

Pedicure | peeling | refreshing wrap and massage

€ 90



GELCOLOR BY O.P.I.

Your favorite colors are also available in a semi-permanent solution from the O.P.I. specialists.

Express manicure and gel color: 50 mins

€ 75

Express pedicure and gel color: 50 mins

€ 75

PEELING & WRAPS



SALT-EXFOLIATION

30mins

Precious oils and high quality sea salt peel |
exfoliating massage

€ 50



PURE DETOX CELLULITE WRAP

60mins | 3 sessions

Body wrap | cellulite massage
Reducing, fat burning, tissue firming

€ 80 | € 216



BASIC SALT PEEL

30mins

Sea salt and oil exfoliating massage

€ 50



FULL BODY WRAP

30mins

Detoxifying, draining, invigorating or firming

€ 55



NUDE BODY SCRUB

30mins

Luxury blend of sea salt | white sand |
crystal powder and aromatic oils

€ 50





Massage

ACQUAPURA CLASSIC



PARTIAL OR FULL-BODY MASSAGE / SPORTS MASSAGE / AROMATIC OIL MASSAGE

30 mins
50 mins

€ 50
€ 80

Promotes blood flow, relaxing and relieving,
firm and tender



ACQUAPURA CUSTOMISED

30 mins
50 mins

€ 50
€ 80

Customised | your wishes combined with our
expertise | optimal results



FOOT REFLEXOLOGY MASSAGE

40 mins

€ 70

Activate the body self-healing powers | relieve tension,
stimulating, pleasant



HEAD NECK AND SHOULDERS MASSAGE

30 mins

€ 50

Relieving, relaxing, refreshing



BACK REMEDY

60 mins

€ 90

Hot pack | foot massage and deep back massage |
Warm and healing, pain relieving, deeply relaxing



AROMATIC CANDLE MASSAGE

30 mins

€ 55

50 mins

€ 85

Beeswax and coconut oil | aromatic extracts



ACQUAPURA SPECIAL



LOMI LOMI MASSAGE

60 mins

€ 85

Deeply relaxing massage



THAI FOOT REFLEXOLOGY

40 mins

€ 70

Thai method with a wooden stick | activates the body self-healing powers | relieve tension, stimulating, pleasant



AYURVEDIC MASSAGE

60 mins

€ 85

Indian massage for tender skin



Spa Etiquette

WHERE TO FIND WHAT

SPA reception | massage | beauty | pool and sauna area | changing rooms | towels at your disposal | relaxation area | cosmetic products

SPA reception accessible by lift Floor -1

SPORT AND ACTIVITY PROGRAMME

Participation in the daily programme is free of charge | please register the day before

Personal Coaching can be booked | fitness area is for ages 16 and up | we recommend sports shoes for your own safety.

ATMOSPHERE

In the interest of all our guests, please note the following ...
Silent or no phone calls | non-smoking zone | Indoor Sauna and Hammam is not a nudist area | from 10.30 am to 12.00 am the sauna is opened for families with teenagers from 16 | selected relaxation rooms are for adults only.

FULFILLING YOUR WISHES

Competent advice and planning of your customised balance programme | our motto: “Rediscover yourself” | we aim to meet your wishes for vitality, care, relaxation, balance and/or clarity | we can organise hair styling appointments on request

PREGNANCY AND HEALTH

Please inform us in advance if you are pregnant, have health issues, are ill or are allergic to certain oils | please cancel your appointment if you have a fever | use of facilities and participation is at your own risk

MAKE AN APPOINTMENT AND TAKE YOUR TIME

By reserving early, you can be assured of getting the appointment you want | please arrive a few minutes before your treatment appointment | please be aware that if you arrive late, your treatment time will be shortened | enjoy a cup of tea or a glass of water | take a few deep breaths | we will discuss your personal needs before the treatment begins | you can also let us know during the treatment if you have any special wishes |



men should shave at least 3 hours before a facial | avoid the solarium and sunbathing after a facial | we recommend you to remove contacts lens before facials

CLOTHING

Wear a bathrobe for massage treatments | we will ensure your privacy

VALUABLES

We do not assume liability for lost property | please place money, jewelry and other valuables in the safe in your room

CANCELLATIONS

You can cancel your reserved appointment for free up to 12 hours before your treatment | after that, you will have to pay the full price if we are unable to give your appointment to another guest

VOUCHER

Give the gift of time | rediscover yourself | personalized for more information, contact the hotel reception desk

SPA SHOP

In our SPA shop you are invited to purchase our exclusive products with which we pamper you during the treatments and also for your wellness program at home.

FALKENSTEINER RESORT CAPO BOI *****

Loc.Piscadeddus strada provinciale 17
IT-09049 Villasimius

Contact SPA-Reception:
Tel +39/(0)700997322 (internal tel. Nr. 822)
it.fcb.spa@falkensteiner.com

Falkensteiner Hotels Italy GmbH/ srl, Falkensteiner Hotel Capo Boi, Eisackstraße 1,
I-39040 Vahrn, UID-Nr.: IT02857490219

A scenic view of a turquoise bay with rocky shores and mountains in the background. The water is crystal clear, showing the rocky bottom. The sky is a clear, bright blue. In the foreground, there is a rocky slope with green and brown vegetation. The text "WELCOME HOME!" is centered in the middle of the image in a bold, white, sans-serif font.

WELCOME HOME!