

SeaGrapes

BEACH BAR & RESTAURANT

MENU



*A Truly
Saint Lucian
Experience*



Appetizers

Octopus Ceviche US\$16 / EC\$43
with Plumonto & Fruit Salsa

Lucian Crab Back US\$14 / EC\$38
Crab meat seasoned with shado beni & blended seasoning pepper, baked with grana padano

Conch & Shrimp Fritters US\$17 / EC\$46

Shrimp Cocktail US\$16 / EC\$43

Mussels in Garlic Butter US\$15 / EC\$41

Soups:
Creole Pumkin Soup US\$8 / EC\$22
Crab & Callaloo US\$10 / EC\$27
Seafood Chowder US\$12 / EC\$32
Fish Broth with Okra US\$13 / EC\$35

Salads:
Octopus & Lionfish US\$23 / EC\$62
Conch Salad US\$12 / EC\$32
Vegetarian Special US\$10 / EC\$27
Cajun Shrimp Salad US\$16 / EC\$43

Island Cajun Mahi Mahi US\$26 / EC\$70
served with Tossed Salad, Fruit and Pawpaw Dressing

Island Seafood Pasta US\$25 / EC\$68
Creamy Seafood Flavoured with local herbs, Grana Padano and Penne Pasta

Seafood Omelet US\$14 / EC\$38
Only at Seagrapes Restaurant! Served with Caribbean Seafood and Organic Greens

Honey Baby Back Ribs US\$26 / EC\$70

Jerk Rabbit Stew US\$28 / EC\$76

Local St. Lucian Crab US\$23 / EC\$62
Stewed or Curried

Creole Prawns US\$26 / EC\$70

Local Stewed Pork US\$23 / EC\$62

Seafood Hot Pot US\$23 / EC\$62

Pan Seared Stir Fry US\$21 / EC\$57
Beef and Shrimp

Pan Seared Lionfish US\$33 / EC\$89

Grilled Whole Pot Fish US\$24 / EC\$65

Chef's Choice Roti of The Day:
Mixed Seafood US\$17 / EC\$56
Vegetables US\$10 / EC\$27
Chicken US\$13 / EC\$35
Goat US\$14 / EC\$38



Entrees

Roasted Curried Goat Meat US\$25 / EC\$67
with Rice and peas

Chicken Pelau US\$18 / EC\$49
with red beans stewed with local blended seasoning

Creole Style Lambi US\$22 / EC\$59
with your choice of sides

Lucian Style Grilled Lambi US\$21 / EC\$57
with Fruit Salsa



Sides

(US\$5 / EC\$14 EACH)

Rice and Peas | Potato Gratin |
Cinnamon Fried Plantain |
Sweet Potato Fries | French Fries |
Tossed Salad | Steamed Vegetables

Please inform your server of any allergies



Sea Grapes All Day Pizza

Plain Pizza	US\$12 / EC\$32
Hawaiian Seafood	US\$20 / EC\$54
Curried Goat	US\$19 / EC\$51
Veggies	US\$14 / EC\$38
Jerk Chicken	US\$15 / EC\$41
Pepperoni	US\$15 / EC\$41
Sides:	
Pepperoni	US\$3 / EC\$8
Seasonal Vegetables	US\$2 / EC\$5
Chicken	US\$3 / EC\$8
Goat	US\$5 / EC\$14
Seafood	US\$4 / EC\$11

Kids Menu

Chicken Breast Strips with French Fries	US\$9 / EC\$24
Fish Fingers with Tartar Sauce and French Fries	US\$10 / EC\$27
Mini Sliders with Sweet Potato Fries	US\$10 / EC\$27
Fried Chicken with Mac and Cheese	US\$12 / EC\$31
Mini Pizza	US\$10 / EC\$27
Fries	US\$5 / EC\$14
Pasta Bolognaise	US\$9 / EC\$24
Ham & Cheese Sandwich	US\$15 / EC\$40



Burgers

SeaGrapes Beef Burger	US\$14 / EC\$38
Octopus & Lionfish Burger	US\$23 / EC\$62
Veggie Burger	US\$18 / EC\$49

Desserts

Banana Flambé with Local Chairman's Rum	US\$8 / EC\$22
Seasonal Fruit Salad with Orange Cinnamon Juice	US\$8 / EC\$22
Passion Fruit Cheesecake	US\$9 / EC\$24
Freshly Churned Local Ice Cream	US\$6 / EC\$16

Please inform your server of any allergies
All prices are subject to 10% Service Charge and 10% VAT

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BEACH BAR & RESTAURANT

Opening Hours

Every Day
12:00pm - 4:30pm

DINNER

Mon, Tue, Thur & Sun
6:30pm - 9:00pm

Tel: (758) 457-8531

