

DETOX PROGRAMME

Holistic and purifying, The Banjaran's Detox Programme emphasizes on specific therapies as well as pure and nourishing foods. Cleanse your body, mind and soul with a range of detoxifying spa and wellness therapies that rekindle pure and natural health.

All packages are inclusive of:

Villa accommodation | Spa Cuisine Menu | Geothermal Hot Springs Dipping Pools | Thermal Steam Cave | Ice Bath | Meditation Cave Therapeutic Reflexology Pool | Garra Rufa Doctor Fish Pool | Crystal Cave | Fitness Centre | One-Time Admission to Sunway Lost World Of Tambun

4 DAYS 3 NIGHTS

RM8,535 nett per person (single occupancy)

RM6,225 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Antioxidant Restoration Therapy
- 1 Ultimate Aromatherapy Experience
- 1 Chi Nei Tsang Abdominal Massage
- 1 Deep Cleanse Facial
- 1 Detox & Revive Body Treatment
- 1 Detoxifying Hydrobath

6 DAYS 5 NIGHTS

RM13,345 nett per person (single occupancy)

RM9,495 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 1 Reiki
- 1 Colon Hydrotherapy
- 1 Ultimate Aromatherapy Experience
- 1 Chi Nei Tsang Abdominal Massage
- 1 Deep Cleanse Facial
- 1 Detox & Revive Body Treatment
- 1 Detoxifying Hydrobath

8 DAYS 7 NIGHTS

RM18,730 nett per person (single occupancy)

RM13,600 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 1 Reiki
- 2 Colon Hydrotherapy
- 1 Body Refiner
- 1 Traditional Malay Urut Massage
- 2 Chi Nei Tsang Abdominal Massage
- 1 Foot Reflexology
- 1 Deep Cleanse Facial
- 1 Detox & Revive Body Treatment

TURN OVER FOR MORE PACKAGES



DETOX PROGRAMME

15 DAYS 14 NIGHTS

RM34,056 nett per person (single occupancy)
RM23,985 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Wellness Interactive Session about Nutrition and lifestyle
- 1 Udvartana Massage
- 2 Antioxidant Restoration Therapy
- 1 Reiki
- 2 Colon Hydrotherapy
- 2 Body Refiner
- 1 Traditional Malay Urut Massage
- 2 Chi Nei Tsang Abdominal Massage
- 2 Deep Cleansing Facial
- 2 Detox & Revive Body Treatment

22 DAYS 21 NIGHTS

RM48,935 nett per person (single occupancy)
RM34,445 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 2 Udvartana Massage
- 3 Antioxidant Restoration Therapy
- 1 Pranayama Breathing
- 2 Reiki Session
- 3 Colon Hydrotherapy
- 2 Body Refiner
- 2 Traditional Malay Urut Massage
- 3 Chi Nei Tsang Abdominal Massage
- 1 Foot Reflexology
- 2 Deep Cleansing Facial
- 3 Detox & Revive Body Treatment
- 2 Detoxifying Hydrobath
- 1 Private Meditation

Book The Banjaran experience by calling
+605 210 7777 or email tbhr.reservations@sunwayhotels.com

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FITNESS PROGRAMME

Energizing and reinvigorating, The Banjaran's Fitness Programme encompasses a comprehensive fitness schedule and wholesome spa cuisine. Manage the health of your body through a variety of group and one-on-one fitness and holistic exercise sessions, including rainforest trails and a series of targeted spa and wellness therapies. Savour specially designed natural spa cuisine.

All packages are inclusive of:

Villa accommodation | Spa Cuisine Menu | Geothermal Hot Springs Dipping Pools | Thermal Steam Cave | Ice Bath | Meditation Cave Therapeutic Reflexology Pool | Garra Rufa Doctor Fish Pool | Crystal Cave | Fitness Centre | One-Time Admission to Sunway Lost World Of Tambun

4 DAYS 3 NIGHTS

RM8,535 nett per person (single occupancy)

RM6,225 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 1 Antioxidant Restoration Therapy
- 1 Intense Muscle Release
- 1 Inner Strength
- 1 Personal Training Session
- 1 Private Stretching Class
- 1 Private Yoga Session

6 DAYS 5 NIGHTS

RM13,345 nett per person (single occupancy)

RM9,495 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 2 Antioxidant Restoration Therapy
- 2 Intense Muscle Release
- 2 Personal Training Session
- 1 Private Stretching Class
- 1 Private Yoga Session
- 1 Guided Rainforest Trail

8 DAYS 7 NIGHTS

RM18,730 nett per person (single occupancy)

RM13,600 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 3 Antioxidant Restoration Therapy
- 2 Intense Muscle Release
- 1 Inner Strength
- 2 Personal Training Session
- 2 Private Stretching Class
- 1 Private Yoga Session
- 2 Guided Rainforest Trail

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FITNESS PROGRAMME

15 DAYS 14 NIGHTS

RM34,100 nett per person (single occupancy)
RM23,990 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 1 Udvartana Massage
- 4 Antioxidant Restoration Therapy
- 2 Intense Muscle Release
- 2 Traditional Malay Urut Massage
- 1 Body Refiner
- 1 Detox & Revive Body Treatment
- 3 Personal Training Session
- 3 Private Stretching Class
- 2 Private Yoga Session
- 3 Guided Rainforest Trail

22 DAYS 21 NIGHTS

RM48,935 nett per person (single occupancy)
RM34,445 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 1 Udvartana Massage
- 5 Antioxidant Restoration Therapy
- 2 Inner Strength
- 1 Traditional Malay Urut Massage
- 4 Personal Training Session
- 3 Private Stretching Class
- 3 Private Yoga Session
- 4 Guided Rainforest Trail

Choice of:

- 3 Intense Muscle Release
or Ultimate Aromatherapy Experience
- 2 Rose Hydrator or Detox
& Revive Body Treatment
- 2 Detoxifying or Relaxing Hydrobath

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LONGEVITY PROGRAMME

Decelerate the signs of ageing and restore health with The Banjaran's Longevity Programme. Immerse in a range of antioxidant body therapies as well as a series of natural spa and wellness activities to help you get the best out of life. Savour a diet rich in antioxidants for age-defying purpose.

All packages are inclusive of:

Villa accommodation | Spa Cuisine Menu | Geothermal Hot Springs Dipping Pools | Thermal Steam Cave | Ice Bath | Meditation Cave Therapeutic Reflexology Pool | Garra Rufa Doctor Fish Pool | Crystal Cave | Fitness Centre | One-Time Admission to Sunway Lost World Of Tambun

4 DAYS 3 NIGHTS

RM8,535 nett per person (single occupancy)

RM6,225 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Ultimate Aromatherapy Experience
- 1 Foot Reflexology
- 1 Hydrobath with Chromatherapy
- 1 Age Repair Facial
- 1 Rose Hydrator

6 DAYS 5 NIGHTS

RM13,345 nett per person (single occupancy)

RM9,495 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Body Refiner
- 1 Foot Reflexology
- 1 Hydrobath with Chromatherapy
- 1 Age Repair Facial
- 1 Rose Hydrator
- 1 Personal Training Session
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 1 Private Yoga & Meditation Session

8 DAYS 7 NIGHTS

RM18,730 nett per person (single occupancy)

RM13,600 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 1 Inner Strength
- 1 Antioxidant Restoration Therapy
- 1 Foot Reflexology
- 1 Body Refiner
- 1 Traditional Malay Urut
- 1 Ultimate Aromatherapy Experience
- 1 Hydrobath with Chromatherapy
- 1 Age Repair Facial
- 1 Rose Hydrator
- 1 Personal Training Session
- 1 Private Yoga Session
- 1 Private Meditation Session
- 1 Reiki

Choice of:

- 1 Traditional Malay Urut
or Ultimate Aromatherapy Experience

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LONGEVITY PROGRAMME

15 DAYS 14 NIGHTS

RM34,100 nett per person (single occupancy)
RM23,990 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 2 Inner Strength
- 2 Antioxidant Restoration Therapy
- 1 Body Refiner
- 1 Traditional Malay Urut
- 1 Ultimate Aromatherapy Experience
- 1 Foot Reflexology
- 1 Hydrobath with Chromatherapy
- 1 Age Repair Facial
- 2 Rose Hydrator
- 2 Personal Training Session
- 2 Private Yoga Session
- 2 Private Meditation Session
- 1 Private Stretching Session
- 1 Reiki

22 DAYS 21 NIGHTS

RM48,935 nett per person (single occupancy)
RM34,445 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Uplift Your Mood
- 1 Wellness Interactive Session about Nutrition and Lifestyle
- 2 Inner Strength
- 4 Antioxidant Restoration Therapy
- 1 Intense Nourishment
- 1 Ultimate Aromatherapy Experience
- 1 Traditional Malay Urut
- 1 Foot Reflexology
- 2 Hydrobath with Chromatherapy
- 2 Age Repair Facial
- 2 Rose Hydrator
- 2 Personal Training Session
- 2 Private Yoga Session
- 2 Private Meditation Session
- 1 Pranayama Breathing Session
- 1 Private Stretching Session
- 3 Reiki

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REJUVENATION PROGRAMME

The Banjaran's Rejuvenation Programme revolves around spa and wellness therapies, complemented by nourishing spa cuisine to sustain the body in times of stress and recovery. Experience complete relaxation from the inside out and feel completely rejuvenated and restored.

All packages are inclusive of:

Villa accommodation | Spa Cuisine Menu | Geothermal Hot Springs Dipping Pools | Thermal Steam Cave | Ice Bath | Meditation Cave Therapeutic Reflexology Pool | Garra Rufa Doctor Fish Pool | Crystal Cave | Fitness Centre | One-Time Admission to Sunway Lost World Of Tambun

4 DAYS 3 NIGHTS

RM8,535 nett per person (single occupancy)
RM6,225 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Choice of Intensely Nourishing Foot Treatment or Hand Treatment
- 1 Antioxidant Restorative Therapy
- 1 Instant Eye Repair
- 1 Ultimate Aromatherapy Experience
- 1 Ultimate Aromatherapy Facial
- 1 Rose Hydrator

6 DAYS 5 NIGHTS

RM13,345 nett per person (single occupancy)
RM9,495 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Choice of Intensely Nourishing Foot Treatment or Hand Treatment
- 2 Antioxidant Restorative Therapy
- 1 Instant Eye Repair
- 1 Ultimate Aromatherapy Experience
- 1 Traditional Malay Urut Massage
- 1 Ultimate Aromatherapy Facial
- 1 Rose Hydrator
- 1 Rejuvenating Hydrobath

8 DAYS 7 NIGHTS

RM18,730 nett per person (single occupancy)
RM13,600 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Choice of Intensely Nourishing Foot Treatment or Hand Treatment
- 2 Antioxidant Restorative Therapy
- 1 Instant Eye Repair
- 1 Traditional Malay Urut Massage
- 1 Ultimate Aromatherapy Experience
- 1 Inner Strength
- 1 Foot Reflexology
- 1 Ultimate Aromatherapy Facial
- 1 Rose Hydrator
- 1 Rejuvenating Hydrobath

Choice of:

- 1 Pranayama Breathing Session or Private Meditation Class

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REJUVENATION PROGRAMME

15 DAYS 14 NIGHTS

RM34,100 nett per person (single occupancy)
RM23,990 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Choice of Intensely Nourishing Foot Treatment or Hand Treatment
- 1 Bespoke Skin Polish
- 4 Antioxidant Restorative Therapy
- 1 Instant Eye Repair
- 1 Traditional Malay Urut Massage
- 1 Ultimate Aromatherapy Experience
- 1 Inner Strength
- 1 Foot Reflexology
- 1 Malay Hair Cream Bath
- 1 Ultimate Aromatherapy Facial
- 1 Rose Hydrator
- 1 Rejuvenating Hydrobath
- 1 Reiki Treatment

Choice of:

- 1 Pranayama Breathing Session or Private Meditation Class

22 DAYS 21 NIGHTS

RM48,935 nett per person (single occupancy)
RM34,445 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Choice of Intensely Nourishing Foot Treatment or Hand Treatment
- 1 Bespoke Skin Polish
- 6 Antioxidant Restorative Therapy
- 1 Instant Eye Repair
- 1 Traditional Malay Urut Massage
- 1 Ultimate Aromatherapy Experience
- 1 Uplift Your Mood
- 1 Inner Strength
- 1 Foot Reflexology
- 1 Malay Hair Cream Bath
- 1 Ultimate Aromatherapy Facial
- 1 Rose Hydrator
- 2 Rejuvenating Hydrobath
- 1 Reiki Treatment
- 3 Private Yoga Classes
- 3 Private Meditation Classes

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Prices are quoted in Ringgit Malaysia (RM) inclusive of 10% Service Charge and prevailing Goods and Services Tax (GST). Additionally, effective 1 September 2017, the mandatory RM10 Tourism Tax (TTx) will be imposed on all hotel room rates on a per room per night basis to all non-Malaysian guests.



WEIGHT LOSS PROGRAMME

Develop your sense of fitness and well-being with The Banjaran's Weight Loss Programme. In addition to nutritional and spa and wellness therapies that assist with healthy weight loss, take delight in delectable spa cuisine comprising fresh and energy-rich dishes.

All packages are inclusive of:

Villa accommodation | Spa Cuisine Menu | Geothermal Hot Springs Dipping Pools | Thermal Steam Cave | Ice Bath | Meditation Cave Therapeutic Reflexology Pool | Garra Rufa Doctor Fish Pool | Crystal Cave | Fitness Centre | One-Time Admission to Sunway Lost World Of Tambun

4 DAYS 3 NIGHTS

RM8,535 nett per person (single occupancy)

RM6,225 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 1 Fat Reducing Udvartana
- 1 Detox & Revive Body Treatment
- 1 Detoxifying Hydrobath
- 1 Personal Training Session
- 1 Private Stretching Class

6 DAYS 5 NIGHTS

RM13,345 nett per person (single occupancy)

RM9,495 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 1 Body Refiner
- 2 Fat Reducing Udvartana
- 1 Detox & Revive Body Treatment
- 1 Traditional Malay Massage
- 2 Personal Training Session
- 1 Guided Rainforest Trail

8 DAYS 7 NIGHTS

RM18,730 nett per person (single occupancy)

RM13,600 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Body Refiner
- 1 Fitness Consultation & Assessment
- 3 Fat Reducing Udvartana
- 1 Detox & Revive Body Treatment
- 3 Personal Training Session
- 1 Traditional Malay Massage
- 1 Colon Hydrotherapy
- 1 Guided Rainforest Trail

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WEIGHT LOSS PROGRAMME

15 DAYS 14 NIGHTS

RM34,100 nett per person (single occupancy)
RM23,990 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 4 Fat Reducing Udvartana
- 2 Body Refiner
- 2 Colon Hydrotherapy
- 2 Traditional Malay Urut Massage
- 1 Ultimate Aromatherapy Experience
- 1 Detox & Revive Body Treatment
- 1 Body Refiner
- 6 Personal Training Session
- 2 Guided Rainforest Trail

22 DAYS 21 NIGHTS

RM48,935 nett per person (single occupancy)
RM34,445 nett per person (double occupancy)

- 1 Personalised Wellness Consultation
- 1 Fitness Consultation & Assessment
- 4 Fat Reducing Udvartana
- 3 Body Refiner
- 3 Colon Hydrotherapy
- 3 Traditional Malay Urut Massage
- 1 Ultimate Aromatherapy Experience
- 1 Detox & Revive Body Treatment
- 2 Chi Nei Tsang Abdonimal Massage
- 1 Deep Cleansing Facial
- 2 Guided Rainforest Trail
- 10 Personal Training Session

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Additionally, effective 1 September 2017, the mandatory RM10 Tourism Tax (TTx) will be imposed on all hotel room rates on a per room per night basis to all non-Malaysian guests.

