

### The Whales are back...

From May, giant humpback whales start their annual migration from the cold Antarctic seas to their breeding & calving grounds in the warmer tropical waters of the Pacific. They travel up to 2500km in pods of 2-4 whales.

The whales head north along the East Coast of Australia, passing Newcastle on their way.

After giving birth, the whales and their calves make their way south in the months leading up to November.



# NOAH'S

on the beach

A stylized, light blue silhouette of a whale, shown in profile, swimming towards the right. It is positioned below the word 'NOAH'S' and above the phrase 'on the beach'.

## Breakfast Extras

**Juice** \$4  
orange  
apple  
pineapple

**Toast** (2) \$6  
wholemeal, white, multigrain,  
fruit loaf, english muffin, sourdough  
strawberry jam  
vegemite  
peanut butter  
marmalade  
honey  
butter

**Cereal** (1) \$5  
cornflakes  
nutrigrain  
sultana bran  
muesli

**Yoghurt** \$4  
vanilla yoghurt  
flavoured yoghurt

**Fruit Salad** \$8

**Pastries** (2) \$4  
croissants  
danish

**Avocado** \$6

## Tea & Coffee

**Pot of Loose Leaf Tea** \$5  
earl grey, peppermint, english breakfast,  
green sencha, chamomile, chai

**Espresso Coffee** cup \$4.50 mug \$5.50  
cappuccino, flat white, latte, long black,  
short black, macchiato  
Flavoured  
vanilla, caramel, hazelnut + \$1  
extra shot + \$.50

**Chai Latte** \$5

**Hot Chocolate** \$5

**Mocha** \$5

## Breakfast

(Bed and Breakfast package includes one of below)

**Bircher Muesli**, served with  
Greek yoghurt, seasonal fruit,  
and berry compote \$14

**Filled Omelette** with your choice of  
bacon, tomato, mushroom, cheese,  
and spinach with toasted sour dough \$19

**Pancake Stack** with your choice of:  
berry compote and cream  
banana and chocolate fudge  
bacon and maple syrup \$16

**Belgian Waffles** with berry compote, maple syrup and va-  
nilla bean ice cream \$16

**Eggs** fried, poached or scrambled  
on toasted sourdough \$14  
add bacon (2) \$4 add avocado + \$3

**Noah's Big Breakfast** bacon, mushrooms,  
tomato, sausage, hash brown and  
your choice of eggs: fried, poached  
or scrambled on toasted sourdough  
\$24 add avocado + \$3

**Eggs Benedict** poached eggs on a  
toasted english muffin with ham,  
smoked salmon or bacon  
topped with hollandaise sauce \$22

**Eggs Florentine** poached eggs and  
broccoli on a spinach, sultana  
and pine nut parcel topped  
with hollandaise sauce \$22



### PLEASE NOTE:

We are unable to split bills

A surcharge of 10% applies on all Public Holidays

Payments made by Credit Card incur a Surcharge of 1%

Although every possible precaution has been taken to ensure that menu items provided are allergen free, certain items may still contain traces of allergic ingredients as they are prepared in facilities that also process milk, egg, gluten containing products, lupin, fish, crustacean, soybean, sesame seeds and nuts products.

Menu items may change due to seasonal availability.