

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

OCTOBER 2020



## *The Key to your Ultimate Caribbean Vacation Getaway*

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



### Inside this Issue

- 01 Bay Gardens Offers Up To 50% Off Accommodations This Christmas
- 02 Bay Gardens Resorts Offers New Wellness Packages
- 03 Bay Gardens Resort Congratulates Katie Blair and Christophe Maleau
- 04 Saint Lucia Tourism Authority Congratulates New CHTA Executive Committee
- 05 Our Black Friday Sale Countdown Starts NOW!
- 06 Bay Gardens Resorts New Year's Eve Galas
- 07 Breast Cancer Awareness
- 08 Jounen Kwéyòl at Bay Gardens Resorts

## Bay Gardens Offers Up To 50% Off Accommodations This Christmas



Bay Gardens Resorts is inviting travelers to spend the holidays in St. Lucia this year with up to 50 percent off accommodations.

With four unique properties on the island, there's an array of options for travelers this season. At Bay Gardens Beach Resort & Spa, guests booking between now and Nov. 30 can take advantage of 25 percent off accommodations, with rates as low as US\$330 per room, per night.

At the three other Bay Gardens locations, Bay Gardens Hotel, Bay Gardens Inn and Bay Gardens Marina Haven, travelers can get 50 percent off accommodations, with rates starting as low as US\$103 per room, per night. The promotions are applicable to all room categories and meal plans on a minimum three-night stay between Dec. 20, 2020 and Jan. 2, 2021. "St. Lucia's doors are open, and we're looking forward to welcoming travelers for a safe, warm holiday to give them a bit of a reprieve from the stress of this past year," said Sanovnik Destang, Executive Director of the locally owned and operated award-winning hotels.

Bay Gardens Resorts also offers affordable all-inclusive rates and multiple dining options to choose from, including a unique Dine Around plan that allows guests to experience the variety of restaurants in Rodney Bay Village. All guests have free access to Splash Island Water Park, St. Lucia's only open-water water park, as well as the Coral Kids Club, located at Bay Gardens Beach Resort & Spa and accessible from each hotel via complimentary shuttle service.

The resorts have planned robust holiday programming for guests' entertainment. Bay Gardens Hotel will be bringing international and regional holiday traditions to visitors via its Christmas from the Continents program, with events ranging from an Indian Diwali lights festival to a Ugandan Sekukkulu cookout as well as lots of live entertainment, singalongs and children's activities. New Year's Eve at the property will feature a Fire & Ice event to commemorate the end of Bay Gardens' 25th anniversary year.

At Bay Gardens Beach Resort & Spa, Santa Claus will make quite an entrance on Christmas Day, arriving on a jet ski to hand out gifts to the resort's youngest guests. And guests will ring in 2021 with the Time

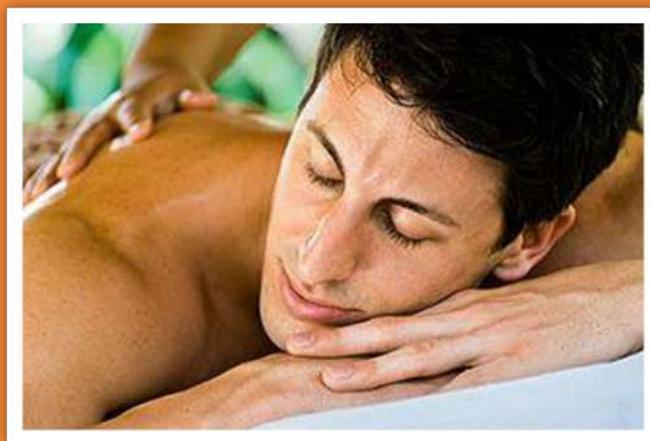
Travelers' Ball on New Year's Eve, then enjoy a St. Lucian New Year's Day lunch, with local fare such as green fig (a starchy unripened banana) and saltfish, bakes (fried dough), cocoa tea and more at the Assou Square event. Bay Gardens Marina Haven will hold a virtual Zoom Christmas party, featuring Trinidadian Parang and Martinique's Chanté Nwel holiday traditions.

For more information and to book your stay, [click here](#).

## Bay Gardens Resorts Offers New Wellness Packages

Wellness at Bay Gardens Resorts goes beyond the massage.

In collaboration with Dr. Desmer Destang, an Aesthetic Physician and founder of Dermalogics Clinic, Dr. Tanya Destang-Beaubrun, a Family Physician specializing in Functional and Integrative Medicine and Dr. Samantha Maha, Ayurvedic doctor and owner of Ojas Spa & Wellness, now you can customize your stay to maximize the outcome of your wellness journey with our NEW Wellness Packages.



### Island Aesthetic Package

In collaboration with Dr. Desmer Destang, founder of The Dermalogics Clinic. Bay Gardens Resorts is proud to offer our Island Aesthetic Package. The Dermalogics clinic goes beyond simply delivering aesthetic medicine. At Dermalogics, they offer groundbreaking solutions redefining the current and future trends in medical aesthetics. Guests who opt in for this package will receive a one on one consultation with a highly trained esthetician who will customize a plan for all your dermatological concerns. All inclusive Packages are available include daily spa treatments and credit towards free treatments at Dermalogics Clinic.

### Ayurvedic Package

In collaboration with Ojas Spa, the number one provider of Ayurveda medicine in Saint Lucia, Bay Gardens Resorts is proud to offer a plethora of Ayurvedic treatments and Packages to choose from. Indulge yourself in one of the worlds oldest holistic healing treatments. Developed in India Ayurveda focuses on the health and wellness balance of the mind, body, and spirit through physical therapies. An excellent choice for individuals who want to unwind and find their inner peace. All Inclusive Packages are available and daily spa treatments , group yoga sessions and credit towards Ayurvedic treatments.

### Holistic Package

In collaboration with Dr. Tanya Destang Beaubrun, a Family Physician specializing in Functional and Integrative Medicine, as well as a Certified Transformational Wellness Coach, Motivational Speaker and

Best-selling author. Bay Gardens Resorts is proud to offer our Holistic package focusing on the body-mind-spirit approach to health and wellness.

This package focusses strongly on the whole-body approach to healing, powered by shifting negative thoughts and releasing behaviors that no longer serve the health of the individual.

This 90-minute Restore and Revive Wellness Counselling Session was created to address the areas in one's life that feels out of balance.

It will help you discover practical coping tools for you to manage stress, increase self-awareness, increase your resilience, and cultivate a happier outlook on life.

All Inclusive Packages are available and Includes daily spa treatments, yoga sessions and one on one Wellness Consultation.

In addition to the Wellness package, one's journey to well-being continues at our highly rated La Mer Spa where guests receive additional credit to be utilized for the treatments of their choice. At Bay Gardens Resorts we strongly believe that the dining experience plays a crucial role in guaranteeing a memorable experience for all our guests. We also understand the importance of keeping in-line with the overarching theme of wellness and the important role that food must play. Therefore, at all of our restaurants, when appropriate, we source our food locally, organically, and sustainably with a farm to table approach. Guests on our wellness package will have the option of purchasing either our Breakfast plan or upgrading to our renown All-Inclusive plan. Wellness at Bay Gardens Resorts goes beyond the massage and dining tables, all guests staying with us have many options to keep active during their stay. From our fully equipped gym, to the use of non-motorised water sports, and for the more adventurous the Caribbean's first floating water park; Splash Island Water Park. When staying with us there are many ways to customize your stay to maximize the outcome of your wellness journey with us.

[Click here](#) to learn more about our Wellness Packages.

## Bay Gardens Resort Congratulates Katie Blair and Christophe Maleau

The Bay Gardens Resorts applauds Katie Blair in the undertaking of attempting to swim from St. Lucia to Martinique and back on Tuesday, October 13, 2020. An ambitious distance of about 41 miles or an estimated 30-hour swim which she began at 1:00am from the Rodney Bay Marina.

Katie successfully completed the first leg of her unprecedented attempt at a two-way swim from St. Lucia to Martinique and back in just over 12 hours. However, even a one-way swim from Martinique to St. Lucia has never been completed before. Katie's determination and strength showed throughout her swim, pushing through a strong current on the way back to St. Lucia for hours. At 6:30 a.m. Blair's attempts at a two way across the St. Lucia channel was aborted about 7 miles away from St. Lucia's shore due to a current that pushed her far west of the islands north coast. Katie swam a total of over 60 km and this feat is nothing short of impressive and we are proud to have been a part of the historic attempt.



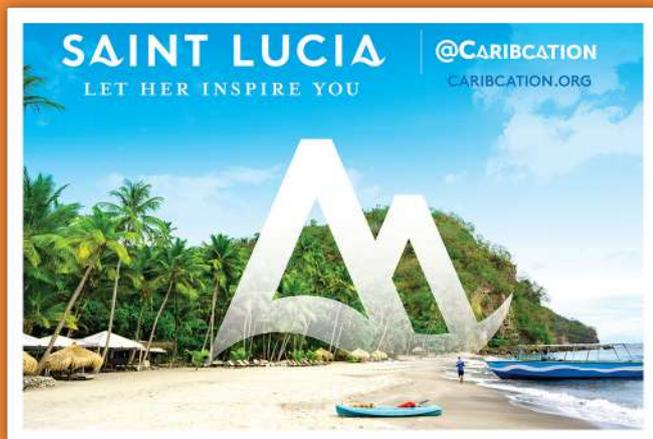
On Saturday, October 17, 2020, Blair sat with the local press at the Bay Gardens Hotel's Bougainvillea Conference Room. The swimmer spoke of her journey and "Lessons from the Water" as well as her future goal of attempting to circumnavigate St. Lucia in July 2021.

The Bay Gardens Resorts also congratulates 12-year-old Martiniquais swimming prodigy Christophe Maleau on completing his St. Lucia to Martinique swim. Maleau took the plunge from Rodney Bay, St. Lucia at 5:00am on Saturday, October 10, 2020 to commence his estimated 10-hour swim to Martinique in support of Breast Cancer Awareness.

After 2 hours and 15 minutes, Christophe swam 6km and was still swimming strong with 20 minutes feeding intervals. 5 hours into his swim, Christophe was almost 15km away from a record finish. This was just under halfway. After 15 hours and 22 minutes, he finally completed the swim.

We're honored to extend to Maleau and his family an all-inclusive 3-night stay at Bay Gardens Marina Haven along with a Tout Bagay tour for 3 compliments SeaSpray Tours! An incredible feat! well done!

## Saint Lucia Tourism Authority Congratulates New CHTA Executive Committee



The Saint Lucia Tourism Authority (SLTA) wishes to congratulate Mr. Sanovnik Destang on assuming the role of 3rd Vice President of the Caribbean Hotel and Tourism Association (CHTA).

CHTA has been the pillar of the Caribbean hospitality industry working together with over 1,000 hotels, allied members, and National Hotel Associations in shaping the Caribbean's future, while helping members to grow their business.

A son of the soil, Sanovnik Destang is the Executive Director and shareholder of local resort chain, Bay Gardens Resorts providing leadership to the brand for the last 12 years. He is also a former Regional Vice President of the Caribbean Hotel and Tourism Association and has served in various capacities over the last eight years. Mr. Destang is currently the Immediate Past President of the St. Lucia Hotel and Tourism Association (SLHTA) having previously served as the President of the Association from February 2016 to July 2018.

As President of the Association he played a pivotal role in leading many advocacy efforts on several important matters including the Sharing Economy, Taxation and Alternative Energy. Financed by the SLHTA's Tourism Enhancement Fund, his work during the period 2014-2016 in expanding the Association's efforts in the fields of Linkages and People Development with the establishment of the award winning Virtual Agricultural Clearing House and the SLHTA Young Leaders Initiative, have not gone unnoticed.

Mr. Destang has also served as a Director on the board of the Saint Lucia Development Bank, a Director and member of the Marketing Committee at the Saint Lucia Tourist Board, Deputy Chairman of the Youth Enterprise Equity Fund and member of the Investment Committee at the National Insurance Corporation.

Under the Presidency of Mr. Pablo J. Torres, Mr. Sanovnik Destang will serve on the executive for the period 2020 – 2022 along with 1st Vice President - Nicola Madden-Greig, 2nd Vice President – Gregor Nassief, 4th Vice President - Leo Garbutt, 5th Vice President- Bill Clegg, and Treasurer – Jim Hepple.

The SLTA wishes the executive membership of the Caribbean Hotel and Tourism Association the very best during their tenure as they navigate through a time of crisis when the world looks to tourism as a driver of equality, creator of employment and provider of sustainable development.

## Our Black Friday Countdown Starts NOW!

Save big this Black Friday! The offers you have been waiting for are just around the corner so don't be left in the dark.

Join the countdown to sunny savings!



## Bay Gardens Resorts New Year's Eve Galas



On Thursday December 31, 2020, join the countdown to 2021 at Bay Gardens Resorts!

Get a blast from the past at the "Time Travelers' Ball" at the Bay Gardens Beach Resort and Spa's Hi Tide Restaurant from 7:30pm. Admission is US\$130 per person and features a delightful Caribbean buffet, all-inclusive drinks and live entertainment.

OR prepare to be mesmerized with "Fire and Ice - A year to remember, let's celebrate 2021 together" at Bay Gardens Hotel and Inn. The fun from 7:30pm for only US\$100 at our Spices Restaurant with entertainment by Soulful Music.

All events feature welcome cocktails, delectable cuisine, party favors and lots more. Celebrate 2021 with confetti and glam at Bay Gardens Resorts.

New Year's Eve celebrations are included for MAP and AI. Rates apply to guest booked on any other meal plan. For more information or to make a reservation call: 457 - 8535 or email: [marketing@baygardensresorts.com](mailto:marketing@baygardensresorts.com).

## Breast Cancer Awareness

Breast Cancer is a disease in which malignant (cancer) cells form in the tissue of the breast which can be found in both male and female. On average, every two minutes a woman is diagnosed with breast cancer.

October is celebrated as breast cancer awareness month, and it is important that we are all educated about the importance of early screening, tests and much more

The Bay Garden Resorts understands the value of its team members and the importance of proactivity. Every year during the month of October, we provide free screening to our employees across the Bay Gardens Resorts and hold a talk followed by a question and answer session hosted by invited nurses.

As a locally owned and operated resort, spare headed by outstanding women, we offer these free screenings in hopes of evoking awareness and encouraging solidarity and proactivity among our team members.



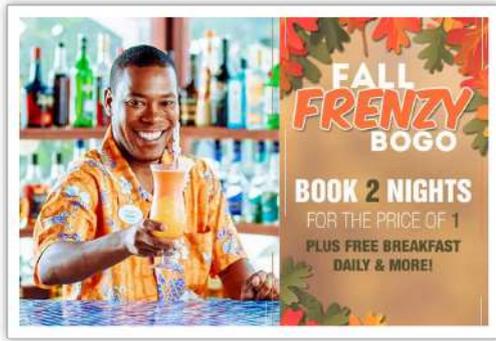
## Jounen Kwéyòl at Bay Gardens Resorts



Our Jounen Kweyol festivities extended across our Bay Gardens Resorts properties including the Bay Gardens Beach Resort & Spa, with guests enjoying local delicacies and traditional entertainment throughout the day in celebration of our culture and heritage.

It goes without saying that Saint Lucia is a country not short of outstanding beauty and unique heritage. A former British colony that was in fact also a French colony before becoming independent from Britain in 1967. The control of St. Lucia could almost be said to be part of a tug and war match between the French and the British, as control of St. Lucia switched between the two countries fourteen times, seven times for the French and Seven times for the British. As a result, St. Lucia is now a country of mixed culture, French, British, African, and Caribbean. The traditions of each of these countries are celebrated each year in the month of October as part of Creole Heritage Month. Jounen Kwéyòl (Creole Day) in St Lucia is celebrated on the last Sunday of October across the island and has been held annually since 1984.

## Fall Frenzy BOGO



As we say so long to Summer, FALL in love with saving and get 2 nights for the price of one, plus FREE breakfast daily, unlimited FREE non-motorized water sports, FREE WiFi and unlimited FREE water park passes. Bay Gardens Resorts is offering guests major savings at all our properties.

December 19, 2020 for travel Now to December 19, 2020

This offer also includes a welcome cocktail on arrival, bottled water in room on arrival, complimentary shuttle between the Bay Gardens properties and more! [Click here](#) to learn more.

## Early Winter Sale - Savings of Up To 50% OFF!!

Book your winter getaway early with savings of up to 50% on accommodations. Bay Gardens Resorts is offering guests major savings at the at all our properties.

What's Included in your stay:

- Complimentary breakfast daily
- Welcome cocktail on arrival
- Complimentary Wi-Fi
- Bottled water in room on arrival
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Unlimited complimentary passes to Splash Island Water Park



[Book here](#) by January 31, 2021 for travel January 03 to May 09, 2021.

## Tour Feature - Adrena-Line Canopy Tour

Now there's MORE to do during your stay! From touring the Caribbean Sea to exploring our heritage peak. The reopening of the following excursions has been announced.

- Catamaran Tours
- Sulphur Springs
- Gros Piton Trail
- Rainforest Adventures
- Atlantic Shores Riding Stables
- Diving, Snuba & Snorkeling



### Canopy Zip Line: 16 platforms and 8 lines

You get hitched up to a series of cables and zip from platform to platform high up in the tree canopy. If your adrenaline is not flowing then, a brisk hike to the next set of platforms will juice things up a bit before you zip safely and with a thrill to base camp.

Let us get started! [Click here to book today!](#)

## Spa Feature - Fall Deals

Indulge in authentic Caribbean experiences this Fall with our wide array of Spa services from La Mer Spa, our rejuvenation oasis. At La Mer Spa, every pampering treatment is a sensory escape that will leave you feeling relaxed and rejuvenated.

Join us on this journey of rest and relaxation whilst our skilled specialists delightfully accommodate your needs. Call [1.758.457.8553](tel:17584578553) or [click here](#) to book your future spa getaway today!



### Our Fall Deals:

<b>DELUXE TRANQUILITY MASSAGE</b>	50 minutes	US\$77.00	EC\$208.00
<b>DEEP TENSION MASSAGE</b>	50 minutes	US\$88.00	EC\$238.00

<b>ISLAND HARVEST PACKAGE</b> Includes two services with a choice of Signature Body Scrub, Facial or Back Massage	60 minutes	US\$85.75	EC\$231.53
<b>LA MER FALL RENEWAL PACKAGE</b> Includes Therapeutic Paraffin Pedicure and Classic Manicure Combo	1 hour 20 minutes	US\$85.75	EC\$231.53
<b>AUTUM GLOW</b> Includes a Revitalizing Anti-Aging Facial	60 minutes	US\$88.20	EC\$238.14
<b>LA MER FALL RITUAL</b> Includes a Deluxe Tranquility Massage and Facial or Signature Body Scrub	1 hour 15 minutes	US\$110.00	EC\$297.00
<b>AUTUM ESCAPE</b> Includes a Deluxe Tranquility Massage with a choice of two services between a Signature Body Scrub, Facial or Back Massage	2 hours	US\$162.75	EC\$439.43

Prices are per person and are inclusive of 10% Service Charge and 12.5% VAT

## Our Guests Experience

Have you seen what our guests are saying about us on TripAdvisor?

### BAY GARDENS BEACH RESORT & SPA

#### BEAUTIFUL PROPERTY

Reviewed by: furil

This was our second stay, and again, not disappointed. The staff are all wonderful and helpful, I don't believe "no" is in their vocabulary.

Our one bedroom suite was clean and very comfortable with everything one could want for a week or longer stay. Walking around the grounds is like walking in a botanical garden with most of the vegetation placard with its information. A nice pool area and a great beach. The resort is within walking distance to local restaurants and a free shuttle is available to the sister resort which is a couple minute walk to a fully stocked market. This is a go to resort.

### BAY GARDENS HOTEL

#### EXCELLENT SERVICE & HOTEL AMENITIES

Reviewed by: D.F

I would like to begin by extending my sincere appreciation to the entire Bay Gardens Hotel team for the



outstanding hospitality, professionalism, and attention to detail thus far.

Being part of the current global pandemic, this has not taken away from the exceptional service, catering, and hospitality that this resort is known for. I would like to extend a heartfelt thank you to Yolán & Sherian from the front desk for always being available and courteous at every turn. I would also like to send a notable mention to Ms. Matilda who has risen to the occasion and extended additional hospitality.

I have had zero complaints since my arrival here and I am looking forward to another fantastic week of this quarantine period (I almost wish it was longer).

Keep on doing the amazing job that you all are doing and I look forward to revisiting this resort in the future with my family post-COVID-19.

With excellent Wi-Fi, state of the art Smart Tv's and an extensive array of local dishes and cuisine, you do not want to pass this opportunity up.

I would highly recommend anyone to take stay here and visit this beautiful island of Saint Lucia. You will be warmly and graciously welcomed and have a vacation of a lifetime.

## **BAY GARDENS INN**

### **GOOD LOCATION AND GOOD AMENITIES**

Reviewed by: Donna G

We stayed at the Bay Gardens Inn for 10 days in March. The staff were great! The rooms are very clean and comfortable. The shuttle to the beach is very helpful but it's a very easy walk as well. The breakfast was great with a good variety to choose from.

## **BAY GARDENS MARINA HAVEN**

### **A NICE HOTEL**

Reviewed by: Xavier L

A hotel that wears its stars. The setting is beautiful, the room is excellent and bright. The staff are lively and warm despite the language that separates us. Breakfast and excellent restaurant for a good holiday in Saint Lucia.

## Recipe of the Month - Crab & Callaloo Soup

### INGREDIENTS

- 18 taro leaves
- 12 pods okra, finely chopped
- 1 large onion, chopped
- 4 sprigs fresh thyme
- 6 cloves garlic, crushed
- 1 cup flour (for dumplings)
- ½ cup peeled, cubed pumpkin
- 1 cup water
- 1 habanero pepper
- 3 cups coconut milk
- 4 blue crabs, cleaned and chopped
- salt to taste
- 4 green onions, chopped



### INSTRUCTIONS

1. Clean the taro leaves by removing the skin from the stalks and removing the tip from the center rib. Rinse, and cut into bite size pieces.
2. Place the taro leaves, okra, onion, thyme, garlic, pumpkin, water, habanero pepper (whole), and coconut milk into a large pot. Cover, and simmer over low heat for 30 minutes.
3. Add the dumplings and crab to the pot. Be careful not to puncture the habanero pepper. Cover, and continue to simmer for 30 minutes. Remove the habanero, and season with salt to taste. Puree the soup using an immersion blender until smooth. You could also puree in small batches using a blender. Serve over rice.