

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

JANUARY 2021



## *The Key to your Ultimate Caribbean Vacation Getaway*

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



### Inside this Issue

- 01 Bay Gardens Resorts extends its popular staycation special and offers...
- 02 Bay Gardens Resorts Wedding Packages
- 03 Bay Gardens Resort Wellness Packages
- 04 Early Winter Sale
- 05 Water's Edge Villas Sale
- 06 Red Romance Sale
- 07 Bay Gardens Resorts once again supports the Atlantic Rally for Cruiser
- 08 Covid-19 On Property Testing

## Bay Gardens Resorts Extends its Popular Staycation Special and Offers Free Spa Treatments for Frontline Workers!



Bay Gardens Resorts announces the extension of its 25th Anniversary Flash Sale due to popular demand. St. Lucian locals are invited to “get away” and enjoy the perks of vacation without having to travel overseas!

While the island’s current protocols do not allow for locals and others in the travel bubble to utilize COVID-Certified Hotels which are occupied by international visitors, the locally owned Bay Gardens Brand has kept its Marina Haven open to accommodate locals and bubble nationals, offering day passes, lunches, dinners, and staycations.

Sanovnik Destang, Executive Director of the resort-chain stated, “Since opening to locals on December 01, 2020, we have welcomed hundreds of St. Lucians who have used us as a base to recharge, relax and rekindle their love. After all, it is quite fitting that St. Lucia has been a leading romance destination not just for international visitors but as St. Lucians, it is great to see that we are embracing this perfect opportunity to vacation where we live.”

Locals looking for a change of scenery, can take a trip to Bay Gardens Marina Haven near the Rodney Bay Marina. With rates starting as low as EC\$261, the promotion offers 25% off Staycation rates and is valid for new bookings made by February 06, 2021 for travel from now until February 16, 2021. The package includes a FREE welcome cocktail, FREE breakfast daily, FREE Wi-Fi and there is no minimum stay required to qualify. Splash Island Water Park is also available with a reservation for staycationers — the possibilities are endless with this promotion.

As a special tribute to St. Lucian Frontline Workers, Bay Gardens Resorts is also offering an additional perk of a complimentary daily massage as part of their Staycation package, offering an avenue to unwind, relax and destress.

“Our team continuously seeks to offer great specials to locals, and they can look forward to even more

with our upcoming Valentine's Day Special which includes dinner, accommodation, and breakfast, similar to our recently concluded New Year's Eve Special which was sold out within days of launching," remarked Destang. He urged interested persons to book early to avoid missing out on this unbeatable offer for which details will be provided shortly.

With its farm-to-table experiences, guests visiting the Bay Gardens Marina Haven can expect the freshness of locally grown foods brought directly to their tables. The Bay Gardens Team remains committed to doing their part in ensuring the safety of all valued guests, team members and the St. Lucian society as a whole and thus, its Paradise Protocols are consistent across all Bay Gardens properties.

The locally owned and managed resort-chain hopes to welcome staycationers to all its properties when protocols allow but until then, encourages locals and visitors alike to continue adhering to the infection prevention guidelines as outlined by the Ministry of Health

For more information on booking this flash sale, [click here](#).

## Bay Gardens Resorts Wedding Packages

2020 was a year that got in the way of many things; plans, travel, and events all had to be cancelled or postponed. However, at Bay Gardens we know that there was one very special event that had to be postponed, weddings. Love cannot be locked down or quarantined and with this in mind we worked diligently to renew our weddings packages to allow for those in love to celebrate their special day. We invite you to tie the knot with us in one of the most romantic places in the world. Book your



Bay Gardens Resorts wedding for 2021 and receive a free couples massage and free candlelit dinner for two. Book by April 1, 2021 and receive an additional 5% off your wedding ceremony package. Only applicable to weddings booked at our Bay Gardens Resorts properties. [Click Here](#) to learn more.

Our new weddings packages include;

### Magic Moments

**Beach Resort & Spa US\$799 | Hotel, Inn & Marina Haven US\$699**

Our delightful Magical Moments wedding package features sparkling wine, flowers for the bride and groom, a champagne breakfast in bed, and other romantic touches.

- Services of a Bay Gardens Resorts Wedding Planner
- Prompt Email and Phone Contact During Advance Planning

- Chair Covers with Co-ordinating Ties<sup>2</sup>
- All Planning and Organisation of the Event
- Pre Wedding Consultation
- Room for Bride and Two Attendants (Based on Availability)
- Decorated Ceremony Location<sup>1</sup>
- Two Arch Pieces
- Marriage Officer
- Groom's Boutonniere
- Bridal Bouquet
- One Tier Wedding Cake
- Bottle of Sparkling Wine
- Champagne Breakfast in Bed
- Romantic Couples Dinner - FREE WITH EVERY BOOKING MADE FOR 2021
- Couples' massage at La Mer Spa - FREE WITH EVERY BOOKING MADE FOR 2021

## Blissful Beginnings

### Beach Resort & Spa US\$1,099 | Hotel, Inn & Marina Haven US\$999

The Blissful Beginnings wedding package includes fresh flowers for the bride and groom, a couple's massage, and a romantic picnic for two at St. Lucia's beautiful Pigeon Island.

- Services of a Bay Gardens Resorts Wedding Planner
- Prompt Email and Phone Contact During Advance Planning
- Chair Covers with Co-ordinating Ties<sup>2</sup>
- All Planning and Organisation of the Event
- Pre-Wedding Consultation
- Room for Bride and Two Attendants (Based on Availability)
- Decorated Ceremony Location<sup>1</sup>
- Two Arch Pieces
- Marriage Officer
- Groom's Boutonniere
- Bridal Bouquet
- One Tier Wedding Cake
- Bottle of Sparkling Wine
- Champagne Breakfast in Bed
- Romantic Picnic at Pigeon Island
- Romantic Couples Dinner - FREE WITH EVERY BOOKING MADE FOR 2021
- Couples' massage at La Mer Spa - FREE WITH EVERY BOOKING MADE FOR 2021

## Eternity

**Beach Resort & Spa US\$1,499 | Hotel, Inn & Marina Haven US\$1,399**

Our most luxurious and inclusive wedding package, Eternity includes a couple's massage, photo session, flowers for the bride and groom, and romantic sunset cruise, and more.

- Services of a Bay Gardens Resorts Wedding Planner
- Prompt Email and Phone Contact During Advance Planning
- Chair Covers with Co-ordinating Ties<sup>2</sup>
- All Planning and Organisation of the Event
- Pre Wedding Consultation
- Room for Bride and Two Attendants (Based on Availability)
- Decorated Ceremony Location<sup>1</sup>
- Two Arch Pieces
- Marriage Officer
- Groom's Boutonniere
- Bridal Bouquet
- One Tier Wedding Cake
- Bottle of Sparkling Wine
- Champagne Breakfast in Bed
- Luxury Round Trip Airport Transfers
- Honeymoon Photo Shoot Including 20 Images on CD
- Rodney Bay Sunset Cruise
- Romantic Couples Dinner - FREE WITH EVERY BOOKING MADE FOR 2021
- 2 Couples' massage at La Mer Spa - FREE WITH EVERY BOOKING MADE FOR 2021

## Bay Gardens Resorts Wellness Packages



Bay Gardens Resorts is proud to have launched its new three-fold health and wellness packages for travelers who want relief from long months of isolation caused by the Pandemic lockdown.

As well as escaping restrictions to enjoy the beauty, tranquility and splendor of St. Lucia, the locally owned and operated resort group wants to combine its collective expertise in health and hospitality so visitors to the properties can

luxuriate in a deeper level of relaxation and rejuvenation as they recuperate and nurture their spirits along with their bodies.

With health and safety atop travelers' list when picking a leisure destination, visitors can recharge their

overall health and wellness during their time in the inimitable setting of the “Helen of the West”. Many people also notice ‘expanding waistlines’ as the pandemic persists and previous levels of activity fall catastrophically. Bay Gardens has answers.

Among some of the leading medical and wellness specialists associated with the Bay Gardens Resorts’ health programs are Dr. Samantha Semmalar Mahalingam, the Ayurvedic doctor with the benefits of the millennia of Indian spiritual and physical regimens; Dr. Desmer Destang for Aesthetic therapy, since looking good means feeling good; and best-selling author Dr. Tanya Destang-Beaubrun, whose holistic therapy nurtures both mind and body.

After your refreshing welcome drink on the house, all packages offer free breakfasts and spa treatments daily - and of course, free water in your room.

To go with the stylish rooms and suites, the Bay Gardens Resorts special wellness packages also include customized, delicious healthy meals exquisitely cooked with locally-sourced farm-to-table ingredients, after which guests can work off the effects with free fitness activities and non-motorized water sports, along with unlimited passes to Splash Island Water Park.

Bay Gardens offers the ancient Indian Ayurvedic treatment to harmonize the health and wellness balance of the mind, body, and spirit through physical therapies that help guests unwind and discover and develop their inner peace. Under the direction of Dr. Mahalingam, the Ayurvedic Package starts from US\$181 and offers three yoga sessions a week, and the Integrative Health Consultation topped off with a US\$200 wellness credit.

Dr. Desmer Destang, founder of the Dermalogics Clinic, also offers guests the Island Aesthetic Package which attracted recent attention when American R&B singer and celebrity Lucki Starr, experienced the celebrated treatment, which goes beyond aesthetic medicine and offers groundbreaking approaches to current and future trends in medical aesthetics. Starting at US\$185 per day, this offering includes a US\$200 Dermalogics Credit.

Dr. Tanya Destang Beaubrun, a family physician specializing in Functional and Integrative Medicine, who is also a certified Transformational Wellness Coach, motivational speaker and best-selling author, oversees Bay Gardens’ Holistic Package, focusing on an integrated body-mind-spirit approach to health and wellness. Starting at US\$191, this package offers three yoga Sessions per week and a free Satya Medical Consultation.

“Now is the time to book your place before seasonal snows drive everybody else south to the Caribbean,” said Executive Director Sanovnik Destang, whose resort group is inviting travelers to spend the holidays in St. Lucia this year with up to 50 percent off accommodations.

[Click here](#) to book your Wellness getaway today!

## Early Winter Sale - Savings of Up To 50% OFF!!

Book your 2021 winter getaway early with savings of up to 50% on accommodations. Bay Gardens Resorts is offering guests major savings at the Bay Gardens Beach Resort & Spa, Bay Gardens Hotel, Bay Gardens Inn, Bay Gardens Marina Haven and Water's Edge Villas.



What's Included in your stay:

- Complimentary breakfast daily
- Welcome cocktail on arrival
- Complimentary Wi-Fi
- Bottled water in room on arrival
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Unlimited complimentary passes to Splash Island Water Park

[Book here](#) by January 31, 2021 for travel January 03 to May 09, 2021.

## Water's Edge Villa Sale

Book our beautiful Waters Edge Villas with amazing views of the Rodney Bay Marina. These 4-bedroom villas accommodate up to 12 with plenty of space for the entire family over 4000 square feet and with your own private pool! Your villas come complete with access to Bay Gardens Beach Resort amenities including the exhilarating Splash island Water Park! Book now before it's too late and save up to 30%.



What's Included in your stay:

- Complimentary breakfast daily
- Welcome cocktail on arrival
- Complimentary Wi-Fi
- Bottled water in room on arrival
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Unlimited complimentary passes to Splash Island Water Park

For more information and to book our exclusive Water's Edge Villa, please [click here](#)

## Red Romance Sale

Celebrate Love and save 50% off accommodation PLUS a FREE Couples Massage, a FREE Romantic Dinner for Two & a FREE Rapid Antigen Test for Two. Bay Gardens Resorts is offering guests major savings at the Bay Gardens Beach Resort & Spa, Bay Gardens Hotel, Bay Gardens Inn and Bay Gardens Marina Haven.



What's Included in your stay:

- Complimentary breakfast daily
- Welcome cocktail on arrival
- FREE 30-Minute Couples Massage
- FREE Romantic Dinner for Two
- FREE Rapid Antigen Test for Two for Return Flight\*
- Complimentary Wi-Fi
- Bottled water in room on arrival
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Unlimited complimentary passes to Splash Island Water Park

For more information or to book your Romantic getaway, please [click here](#).

## Bay Gardens Resorts Once Again Supports the Atlantic Rally for Cruisers (ARC)

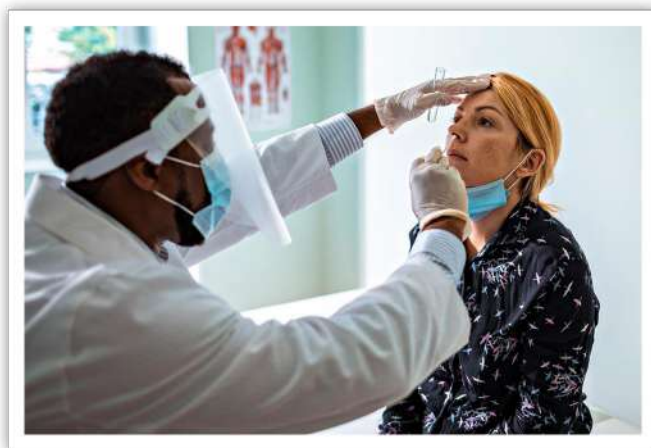


The Bay Gardens Resorts group was proud to reprise our role as partner to the annual Atlantic Rally for Cruisers this year. Although smaller, a total of 80 yachts made their way from Gran Canaria, Spain to Rodney Bay, Saint Lucia in December. With over 300 participants this year the Bay Gardens Marina Haven was designated as one of the few accommodation providers on island open to the Arc participants. This partnership allowed sailors to rest their sea legs, have a delicious meal, and enjoy some time on land in comfort. The Bay Gardens Beach Resort and Spa also contributed to the effort. For the first time ever and in keeping with physical distancing protocols, our famous Bay Gardens Rum Punch was bottled and branded to be given the Arc participants in ARC Welcome Baskets. Our team worked tirelessly to prepare and bottle our rum punch (in bottles kindly provided by St. Lucia Distillers) to ensure a warm welcome on arrival to Saint Lucia.



## COVID-19 On Property Testing

To ensure minimal disruption to your vacation, Bay Gardens Resorts along with its affiliated partners, the Rodney Bay Medical Centre, and the Ezra Long Laboratory, are happy to announce that onsite COVID-19 testing services is now available at all of our properties. Both PCR (Polymerase Chain Reaction) and Lateral Flow Antigen Tests will be available to meet the criteria specified by the Government and Health Services for your respective countries. Guests are responsible to schedule tests with reception at our hotels to meet the timeframe specified by the country they are returning to.



Swabbing will be performed on property by trained health practitioners and there will be no need to leave the property for testing or disrupt your vacation in paradise. Test results for Rapid Antigen tests (for re-entry to the USA, UK and France) are provided within 24 hours via email and test results for PCR tests are provided within 24-48 hours via email.

Rapid Antigen tests (accepted for the US, UK and France) will be provided free of charge for clients who have booked an all-inclusive package with Bay Gardens Resorts for stays of 5 nights or longer (applies to new bookings only made after January 18, 2021 and is complimentary for two persons per room. Additional charges apply as listed below for additional occupants in the room). For all other guests, the test prices are as follows:

**Rapid Antigen (Lateral Flow) Tests - US\$40.00 per person**

**PCR Tests - US\$120.00 per person**

## Bay Gardens Resorts New Year's Eve Galas Highlights



Bay Gardens Resorts hosted four events to countdown the New Year on December 31, 2020!

“Time Travellers Ball” was held at the Bay Gardens Beach Resort & Spa’s Hi Tide Restaurant from 7:30pm and featured a delightful buffet of Caribbean cuisine, all-inclusive drinks and live entertainment whilst at SeaGrapes Restaurant, a 4-course A La Carte dinner was held.

Bay Gardens Hotel and Inn hosted “Fire & Ice” to close off our 25th Anniversary celebrations. The fun begun from 7:30pm at the Spices Restaurant with entertainment by Soulful Music.

And at Bay Gardens Marina Haven, the magic started at 7:00pm at our Anchor Restaurant with a New Year’s Eve celebration for our Saint Lucian clients with accommodation, cocktails, a 4-course A La Carte dinner, breakfast and late check out the next morning, great entertainment and more.

Guests and patrons celebrated the New Year with confetti and glam at Bay Gardens Resorts. [Click here](#) for highlights.

## Recipe of the Month - Lobster Medallion

### INGREDIENTS

- 1 Lobster Tail (cut in steak)
- 1 small carrot
- 1 Zucchini
- 1 Green Mango
- 2 tbsp. Shadow Benne (chopped)
- 2 tbsp. Onion (chopped)
- 1 tbsp. Garlic (chopped)
- 4 tsp Olive Oil
- 4 tsp Soy Sauce
- Pinch of Salt
- Pinch of Black pepper
- ½ tsp Jerk Seasoning
- 4 tsp Mango chutney



### INSTRUCTIONS

1. Cut Lobster tail steak style leaving the shell on and place in a hot pan with olive oil. Once golden brown, add jerk seasoning, salt, and black pepper, glaze with mango chutney and place in a low oven for 2 minutes.
2. In heated a wok, add olive oil, spaghetti carrots, zucchini and green mango and stir-fry. Add Shadow benne, onion, garlic, soy sauce and 1 tsp of mango chutney and stir-fry till golden brown
3. Remove lobster from the oven. Place stir-fried vegetables on the plate and place the lobster medallion on top of it. Drizzle with the juices from the stir-fried vegetables.

NB: Using the mandolin make spaghetti with the carrot, zucchini and green mango.