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## Kelly's Spa at the Mission Inn



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*This story, originally written for OC Family's February issue (out now, pick it up or check out the digital issue out [here!](#)) was too good not to post for the IE readers. Enjoy!*

Recently, I was given the opportunity to visit [Kelly's Spa at the Mission Inn](#) and experience their "[Kelly's Fountain of Youth Signature Body Treatment](#)". I've lived in the I.E. the majority of my life, and one of the major landmarks found here that I've seen and been to before is the Mission Inn. However, I'd never been to Kelly's Spa, and so was eager to try it out. Spa treatment? Sign me up!



The treatment and visit to the spa were nothing short of incredible. From the moment you walk in you feel like you've been swept away, into Old-World Tuscany, with all of the distinctive architecture and décor. Instantly upon arrival I was greeted warmly by the staff (with a glass of sparkling Champagne, no less), and was given a short tour of the lush facilities, including private women's lockers and shower area, Eucalyptus sauna, and lounge areas.

Ligia, who would be taking care of me for the day, escorted me back to a private villa which lies adjacent to the hotel's outdoor pool area. The villa itself is beautiful, spacious, luxurious, and private, featuring a massage/treatment room complete with a fireplace, a private bathroom, shower, and large hot tub that was filled to the brim with bubbles, and the perimeter of which was surrounded by rose petals, chocolate, and more champagne. I literally held in my breath; all of this for me? I could hardly wait!

I was left alone to relax in the tub for an "Antioxidant Hydrotherapy Grape Bubble Bath", then rinsed off and came to the massage table to enjoy a "Chardonnay Grape Seed Full-Body Polish". After the body polish I rinsed off in the shower, and returned again to enjoy the best 50-minute Swedish massage I have *ever* had. I was completely relaxed as the massage included the use of essential oils and was given by experienced hands. The treatment finished off with a 20-minute "Temple Tension" release, and a paraffin treatment for my hands and feet. I stayed a bit longer afterward in the lounge areas, reading magazines, eating to my heart's content, and finally, reluctantly, went home. In all, the treatment itself lasted two hours and my visit a bit longer.

I've been to spas before and have had various different treatments, but Kelly's Spa has definitely topped my list of spas to go to. The Fountain of Youth Signature Body Treatment is decadent, indulgent, delicious, and beyond relaxing. I truly felt pampered, and as a busy mom, the level of relaxation I experienced while there was much needed.

If you're looking for a great spa experience, or just want to really get away and treat yourself, check out the Fountain of Youth Signature Body Treatment at Kelly's Spa, or various of their other treatments. I fully enjoyed the entire experience, and am dying to go back. The cost of the Fountain of Youth Signature Body Treatment itself is \$195, which is no small fee, however it is well worth every last cent for the occasional splurge. I highly recommend it, loved every minute, and can't wait to get the chance to go back!



[kellysspa.com](http://kellysspa.com)

*\*Disclaimer: although the opportunity to experience the treatment aforementioned was provided by the Mission Inn, all opinions expressed in the above post are **strictly** my own. Images in the above post used with permission granted by The Mission Inn.\**