

Easy, no-sweat
workout PAGE 38

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retreats PAGE 23

Guilt-free desserts from
Canyon Ranch PAGE 33

WIN A
TRIP TO
PGA RESORT
& SPA!
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Resort,
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Each room at Jade Mountain features an infinity pool with views of the Piton mountains.



TEMPTING DEALS

bliss for two

Whether you're looking for an elaborate Valentine's Day getaway or a simple romantic respite from the cold, these five couples packages are sure to heat things up. BY MARIA WAKEM

1. Embark on a Caribbean excursion.

Replace your winter coat with a bikini at **Jade Mountain** on the island of St. Lucia. Nature lovers will appreciate the luxurious eco-resort's unique layout: Each guest suite has only three walls and offers unobstructed views of the Piton mountains. **WHAT YOU GET** Three to seven nights in a resort suite, meals and drinks (including house

wines), a bottle of champagne, a 60-minute Swedish couples massage, plus a variety of excursions (snorkeling, scuba diving, sailing, and more). Jade Mountain's parting gift: a \$500 certificate to be used on a return visit.

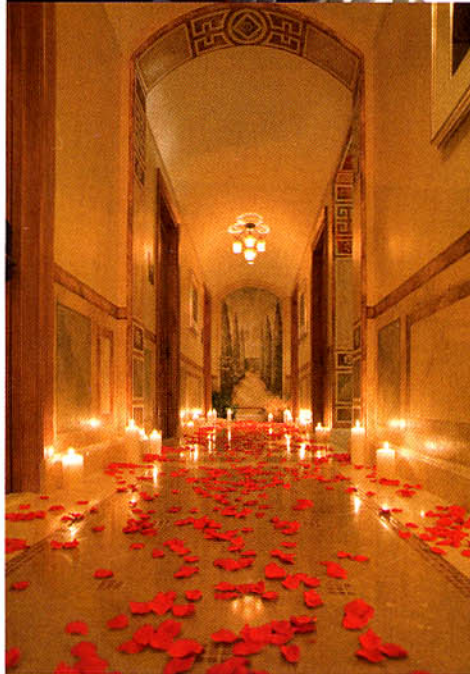
BOOK IT Total Romance package, from \$5,958 per couple for three nights; (800) 223-1108, jademountain.com; through April 15 >>

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2. Indulge in a lakeside fantasy. If 18 holes of golf, a massage, and a slow dance are what you need to set off the sparks, head to **The Broadmoor Resort** in Colorado Springs, Colorado, where you can celebrate the great outdoors in five-star comfort. **WHAT YOU GET** Elegant accommodations, dinner for two, a 70-minute Swedish couples massage, and a resort credit of \$75 to \$300 depending on the duration of your stay. **BOOK IT** Spa Couple's Romantic Hideaway, from \$734 per couple per night; (866) 837-9520, broadmoor.com; available through April 30



3. Escape to an old-world-inspired sanctuary. Reconnect with your significant other at the **Mission Inn Hotel & Spa** in Riverside, California. Combining gorgeous architecture with state-of-the-art spa facilities, this downtown destination is a convenient escape. **WHAT YOU GET** Accommodations in a Junior Suite, a couples massage or facial, champagne, chocolate-covered strawberries, and more. **BOOK IT** Romance & Renewal package, from \$439 per couple per night; (800) 843-7755, missioninn.com; available through June 30



CLOCKWISE FROM TOP: Private cabanas can be reserved at The Broadmoor's pool; guests in Luxury Cabins at Triple Creek Ranch get their own deck with a hot tub; Kelly's Spa at Mission Inn invites romance.

4. Cocoon together in the mountains. Take respite in the wilderness at **Triple Creek Ranch**, an adults-only hideaway at the foot of Montana's Trapper Peak, where you can relax in your outdoor hot tub or sip wine in front of your fireplace. The best part: no cell phone service, so you're sure to have quiet time. **WHAT YOU GET** Accommodations in a Luxury Cabin; all meals, snacks, and beverages; champagne and chocolates upon arrival; a 60-minute couples massage; and all on-ranch

activities, including horseback riding and snowshoeing. **BOOK IT** Mountain Romance package, from \$4,100 per couple for four nights (\$950 each additional night); (800) 654-2943, triplecreekranch.com; through February 28

5. Unwind, Hawaiian style. Choose your own idyllic adventure at one of two **Four Seasons Resorts Lana'i** locations: Manele Bay, which overlooks white sands, or The Lodge

at Koele in the mountainous central highlands. Both represent the best of what this island has to offer—tropical breezes, turquoise waters, and breathtaking views. **WHAT YOU GET** Accommodations, a champagne welcome, a \$250 spa credit, breakfast, dinner for two, plus a framed couples portrait. **BOOK IT** Romance Package, from \$625 per couple per night; (800) 321-4666, fourseasons.com/lanai; through December 18