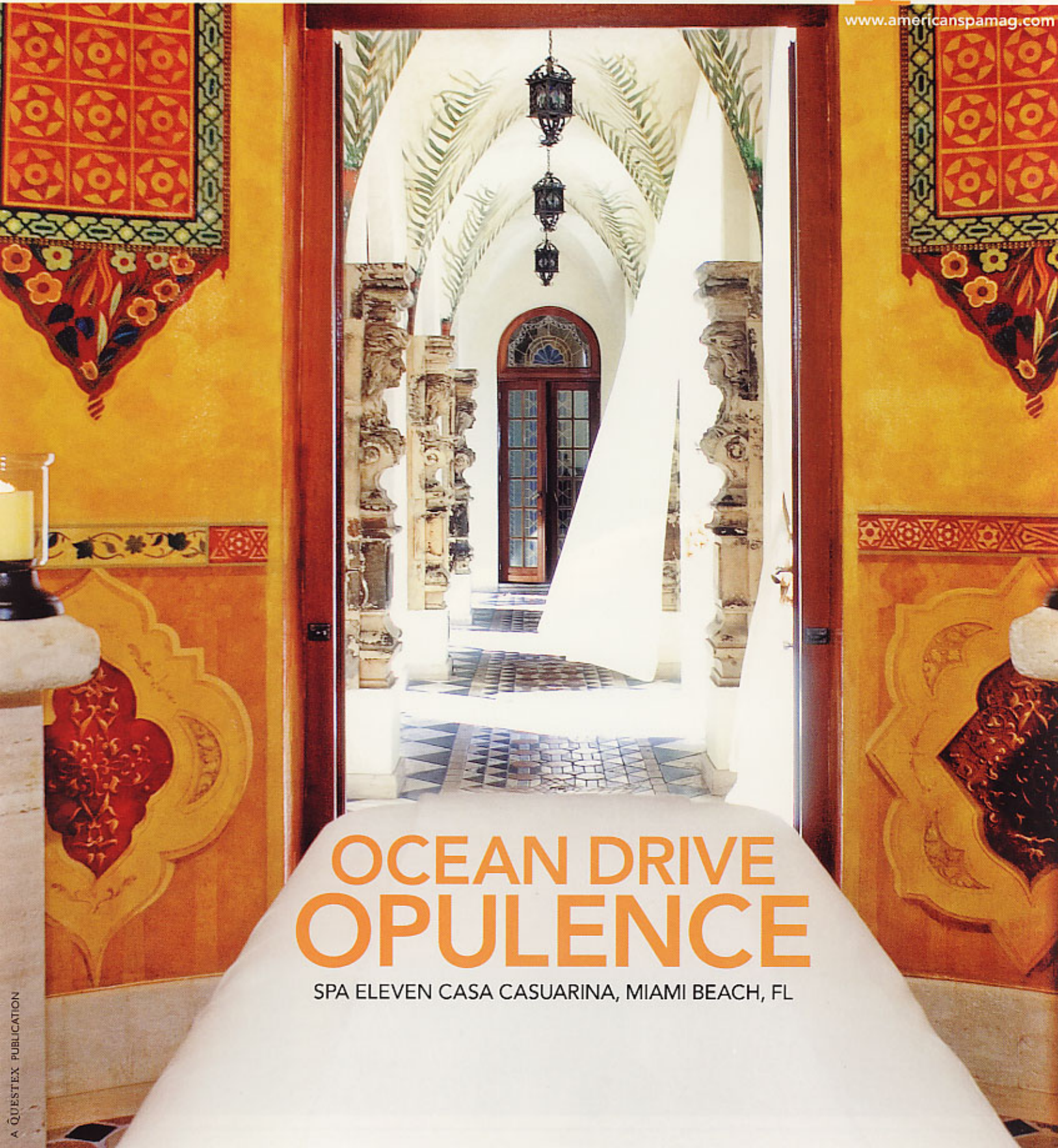


american spa

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OCEAN DRIVE OPULENCE

SPA ELEVEN CASA CASUARINA, MIAMI BEACH, FL



in touch menu

Cucumber Melon Cooling Bath

Kelly's Spa at the Mission Inn (Riverside, CA) offers a refreshing cure for hot summer days with the Cucumber Melon Cooling Bath (\$45, 25 minutes). To start, melon- and cucumber-scented salts are mixed and added to warm bath water, along with cucumber slices. Cucumbers are also placed on chilled towels near the tub to be used for an eye treatment during the bath. For ambience, candles and flower petals are placed around the tub and music plays quietly in the background. All that's left to do is dim the lights and soak.—*Raedell Cannie*