

The Premier Spa Business Resource

DAYS SPA®

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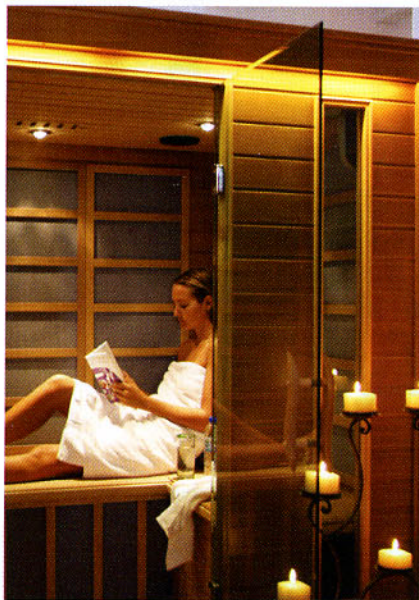
Safe Disinfection

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The spa suites at Spa at Las Ventanas al Paraiso offer life-changing luxury in a spectacular setting.



Suite Lifestyles

A perennial top contender for the world's best spa, *Spa at Las Ventanas al Paraiso* (www.lasventanas.com) in Los Cabos, Mexico, has upped the ante in spa luxury with its three new exclusive, self-contained, 3,893-square-foot suites that incorporate lavish spa accommodations within the private confines of ultra-luxurious guest suites at the seaside resort.

The concept behind the suites is to allow for the creation of individualized lifestyle plans addressing vital areas of care such as general health, fitness, nutrition and beauty. The intensive program is customized to each guest's specific needs and desires, and is designed to encourage the initiation of lifestyle changes that will have lasting impact. Three programs are currently offered to spa suite guests: Luxury of Beauty; Ultimate Fitness Program; and Weightlessness Program. Rates begin at \$13,425/4 nights/double occupancy.

Holiday Treats

The holiday season invites its predictable surge in outrageously creative and tantalizing treatments showing up on spa menus. Take, for instance:

- The "Fresh Out of the Oven" Gingerbread Bath (25 minutes/\$45) offered at *Kelly's Spa at the Mission Inn* (www.missioninn.com) in Riverside, California. This stimulating bath conjures up the fragrance of sweet, warm gingerbread, providing the perfect atmospheric backdrop for lucky guests as they chomp on freshly baked gingerbread men while bathing. Yum!