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THE SPA PROFESSIONAL'S CHOICE

# american spa

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## TINSELTOWN TRANQUILITY

LESPA AT THE SOFITEL LOS ANGELES



## petals & pearls

Roses and jewelry are a girl's best friend, especially when referring to the Petals and Pearls bridal spa package (\$470, 6 1/2 hours) at **Spa Avania** at the Hyatt Regency Scottsdale Resort and **Spa at Gainey Ranch** (Scottsdale, AZ). The package includes a manicure, pedicure, makeup application, yoga class, hair treatment, shampoo, and style. It also includes a unique Aromasoul Body Treatment consisting of a crushed pearl body scrub and wrap. Using Comfort Zone products, the body treatment begins with a welcome ritual to relax the client. Next, an exfoliating mixture made of Aromasoul Essential Oil, Aromasoul Nourishing Base Cream, and Aromasoul Oriental Scrub is massaged into the skin for 25 minutes before it is washed off. Active Pureness Scrub is then applied to the face, followed by a spritz of Skin Resonance Tonic. Next, skin is prepped for the Petals and Pearls Wrap with an application of D-Age Firming Anti-Aging Body Serum to the body and Eye Supreme Eye Mask to the eyes. While the body is wrapped in plastic and covered with a warm blanket for 25 minutes, a scalp, hand, and foot massage are performed. Once the wrap and eye mask are removed, Absolute Pearl Cream SPF 12 is applied to the face and Absolute Pearl Light Concentrate is applied to the décolleté and shoulders. The relaxing scrub and wrap, as well as the other services in the package, will rid the bride of any stressful muscle knots just in time to tie the knot. For Comfort Zone products: (800) 257-7104; [www.comfortzone-it.com](http://www.comfortzone-it.com).—N.P.

## bridal bliss facial

A fresh-faced bride is a happy bride with the help of the Bridal Bliss Facial (\$110, 50 minutes) at **Kelly's Spa** at the Mission Inn Hotel & Spa (Riverside, CA). Using Yon-Ka Paris products, the facial begins with the client breathing in the aroma of essential oils from Yon-Ka's Phyto Bain, followed by the application of Gel Nettoyant cleanser and Lait Nettoyant cream cleanser under steam. Next, skin is exfoliated with Gommage 303 or 305, selected based on skin type, and micro-peeling and extractions follow, if necessary. Masque 103 or 105 is then applied in order to revitalize and tone the skin. A relaxing hand and arm massage follows. Once the mask is removed with warm towels, a facial massage begins. Yon-Ka Émulsion Pure is then applied, followed by an application of Phyto-Contour on the eyes and Alpha-Contour on the lips. Yon-Ka Ultra Protection 25 is the last step in the treatment to ensure that the sun's harmful rays don't affect the bride-to-be's radiant, healthy new skin. For Yon-Ka Paris products: (800) 533-6276; [www.yonka.com](http://www.yonka.com).—N.P.



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