

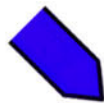
american spa

www.americanspamag.com



ZEN GARDEN

SENSPA, SAN FRANCISCO



dior facial

Perfect for fashionistas looking for a beauty fix, the Dior Facial (\$300, 60 minutes), offered exclusively at **Sadick Dermatology** (New York City and Great Neck, NY), works to revitalize lackluster complexions. Skin is prepped with white-tea-infused Cleansing Water, and Biological Action Peel is massaged into the skin to exfoliate and unclog pores. Then, Dior Capture Totale Serum is applied to the face and throat to correct visible signs of aging. A 15-step massage using Smoothing Massage Crème follows to release tension from the body. Next, Dior Deep Hydration Intensive Mask is brushed on, quenching and plumping the skin. Then, the Soothing Toner and Dior Capture R 60/80 Wrinkle Eye Crème are applied, and the treatment is finished with the Dior Capture Totale Serum. Spa-goers will love this haute couture treat. For Dior products: www.dior.com.—*S.B.*

MICRO CRYSTAL FACIAL

Kelly's Spa at the Mission Inn (Riverside, CA) helps clients repair sun-damaged skin with the Micro Crystal Facial (\$115, 50 minutes). Using Epicuren products, the treatment begins with Crystal Clear Makeup Remover and an orange blossom-scented steam. Next, the skin is cleansed and a Microderm Cream Exfoliator is applied to the face, neck, and décolleté. Following extractions, an energizing lifting and tightening Micro Crystalline Masque is applied to the face and left on for 20 minutes, while the hands and feet are massaged with After Bath Lotion. Aloe Vera Gel removes the mask, and the skin is cleansed with Apricot Cream Cleanser. The treatment concludes with a facial massage and application of Enzyme Protein Mist, Alpha Lipoic Omega Serum, X-treme Cream SPF 45, and lip balm. For Epicuren products: (800) 235-1217; www.epicuren.com.—*Andrea Adame*