

COAST

REFLECTING ORANGE GARDEN STYLE | FEBRUARY 2007





Kelly's Fountain of Youth Collection

SPA SECRETS

Laguna Beach resident Kelly Roberts, a self-proclaimed spa aficionado, world-traveler and owner of Kelly's Spa at the Mission Inn in Riverside, just launched a line of face and body products packed with natural extracts and anti-aging benefits. Kelly's Fountain of Youth Collection (\$33 to \$44) includes a Chamomile Fluid Cleansing Cream that helps remove makeup and surface impurities while restoring the natural pH balance of the skin; a Revitalizing Cream that has calming properties for day and night; and a Ginseng Astringent Toner that helps tone and firm skin, tighten pores, and smooth the appearance of skin to give it a finer, softer texture. The Hydrating Body Scrub, a seaweed-based scrub, provides gentle exfoliation with natural jojoba beads and fruit enzymes, while the Calming Mint Gel helps reduce and improve the appearance of unsightly razor bumps, razor burn and ingrown hairs from shaving, electrolysis and waxing.

Available at Kelly's Spa at the Mission Inn or online at www.kellysspa.com.

The state-of-the-art Degām MedSpa in Newport Beach



Degām MedSpa's Eva Verdult

BEAUTY Q&A

Need a little pick me up? The 4,500-square-foot, state-of-the-art Degām MedSpa in Newport Beach can help. We talk shop with Degām's Eva Verdult.

What is the hottest trend in the med-spa world at the moment?

One is the focus on wellness meaning that we are not just focusing on one's treatment for beauty, but a more comprehensive approach. The other is definitely the less-invasive and non-invasive procedures for skin rejuvenation with lasers and injectables.

How has laser technology evolved in recent years?

With a system such as Cutera, the technology

has become more efficient, faster and painless with virtually no downtime. The safety in use of the laser has improved immensely. It's also become more affordable for the consumer.

Are med-spas like yours a good alternative to plastic surgery?

With the many treatments that can be offered, we can assist the client in "turning back time" and treating damaged skin. For those who have needs that are more invasive, our board-certified plastic surgeon, Dr. Sherif Khattab, is available.

What is something someone can do today to start looking younger and feeling better?

Sunscreen, sunscreen, sunscreen! Many do not realize the effects on the skin of sun damage, pollution, poor eating habits, and stress. We offer several different medical-grade sunscreens.

What is the most popular treatment at Degām and why?

The Titan Laser because it helps to tighten loose skin and rebuild collagen lost from aging and skin damage. With absolutely no downtime and noticeable results, Titan is a great way to have that face-lift without surgery.

MOISTURIZE!



Pureology Hydracure Intense Moisture Hair Masque, \$45; www.pureology.com



Tarte's Vitamin-Infused Lip Gloss Powered by Borba Nutraceuticals, \$21, www.tarte cosmetics.com

Decléor Source D'éclat Instant Radiance Moisturizer, \$49; www.sephora.com

