

# Spa Treatment Menu

## The Nail Lounge

Fingers **and** toes shaped and finished with **gel** polish.

75 mins | £40



Fingers **and** toes shaped and finished with **nail** polish.

50 mins | £35



Fingers **or** toes shaped and finished with **gel** polish.

40 mins | £26



Fingers **or** toes shaped and finished with **nail** polish.

25 mins | £20



Luxury manicure: soak, scrub, heated mitts, massage, cuticle tidy, file and polish.

65 mins | £45



Luxury pedicure: soak, scrub, heated boots, massage, cuticle tidy, file and polish.

65 mins | £45



Manicure: scrub, massage, cuticle tidy, file and polish.

45 mins | £35



Pedicure: feet soak, scrub, massage, cuticle tidy, file and polish.

45 mins | £35



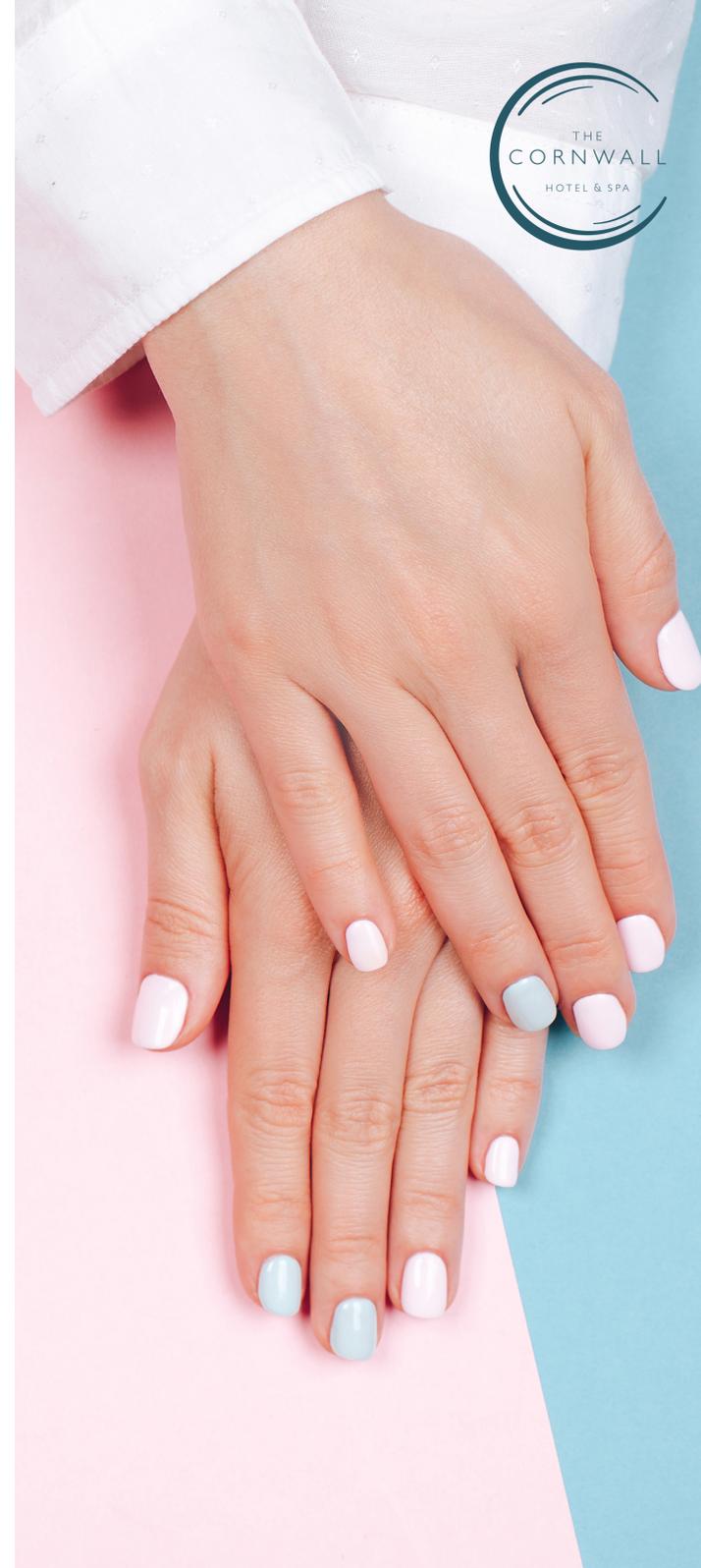
Upgrade any hand and foot treatment to include gel polish for £10

 Suitable for those living with cancer

 Suitable for under 16s

 Suitable throughout pregnancy

 Suitable during 2nd and 3rd trimesters



# Spa Treatment Menu

## Massage Therapy

### Total relax massage

Full body massage including face and scalp, tailored to your needs for a truly unique experience.

75 mins | £90



### Unwind massage

Full body massage targeting all areas of tension and stress, ensuring total relaxation.

60 mins | £75



### Destress massage

Back, face and scalp massage to relieve tension, leaving you feeling revived and refreshed.

45 mins | £60



### Mini massage

Back, neck and shoulder massage to release tension.

25 mins | £40



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### Balance & energise

Complete upper body treatment targeting areas of tension, followed by a mini facial.

60 mins | £75



### The Spa Ritual

Warming foot treatment followed by head to toe massage, mini facial and scalp massage.

90 mins | £110

(or £220 for couples)



### Hot stone full body massage

Smooth, flat, heated basalt stones are used on key points of your body to relax your muscles, improve circulation and relieve stress. Available October to March.

60 mins | £85



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### Ultimate prenatal massage

Top-to-toe treatment including full body massage that relaxes and nourishes the skin.

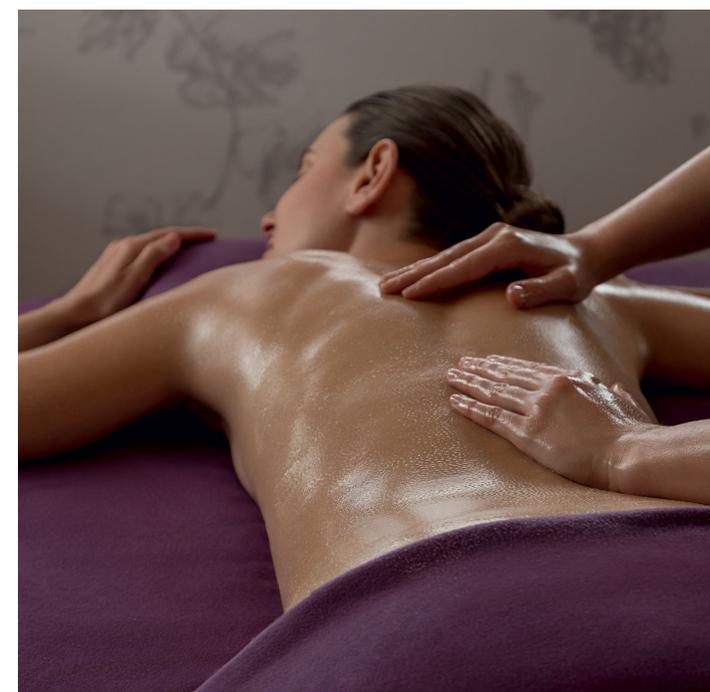
75 mins | £90



### Prenatal massage

A gentle massage with Caudalie oils to sooth tension leaving you and bump relaxed and refreshed.

60 mins | £75



## Spa Treatment Menu

Body Treatments by **CAUDALIÉ**  
PARIS

**Crushed Cabernet body treatment**  
Full body exfoliation followed by a signature sculpting massage to invigorate the mind and body.  
60 mins | £75

**Contouring body wrap**  
Balancing and detoxifying treatment with gentle exfoliation followed by application of Contouring Concentrate to boost metabolism before wrapping the body. Includes full scalp treatment for total relaxation.  
60 mins | £75

**Cranial massage**  
Relieves compression and tension in the neck and head.  
25 mins | £40

**Fleur de Vigne candle massage**  
Signature Caudalie treatment featuring delicately scented massage candle, melted into warm oil and applied to relieve tension.  
60 mins | £80

**Wine makers' massage**  
Intense treatment recreating the ritual of wine-making using bare hands, applying pressure to the energy paths and using a heated wine maker's stick to deeply target muscular tension. Available October to March.  
Full body: 60 mins | £80  
Back, neck, shoulders: 25 mins | £45

**Thé des Vignes body massage**  
Deeply relaxing full body massage using Thé des Vignes fragrance, combining white musk, ginger liqueur and an infusion of orange blossom and jasmin.  
60 mins | £75

**Crushed Cabernet scrub**  
Indulgent body scrub with oils naturally derived from lemon, rosemary and juniper berries. Exfoliates, leaving your skin radiant and soft.  
25 mins | £40

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# Spa Treatment Menu

Facials by **CAUDALÍE**  
PARIS

## Premier Cru facial

This advanced facial includes a massage carried out using a roller with a micro-point system which improves the penetration of active ingredients, stimulating the natural production of collagen and elastin. The application of an exclusive hydrogel mask enriched with Resveratrol-Oleyl provides immediate tightening and lifting effects to the face and jaw areas.  
75 mins | £90

## Resveratrol Lift facial

Specially created for skin that lacks firmness, contour and vitality. Treatment includes gentle cleansing, facial massage and a warming mask.  
75 mins | £85

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## Vinosource facial

Skin-renewing treatment that deeply moisturises the skin. Starts with fresh grape massage, includes application of mask and cult Vinosource moisturisers to leave a healthy, glowing appearance.  
60 mins | £75



## Vinoperfect radiance facial

Designed to correct the complexion, restore radiance and add vitality. Includes massage with essential oils and hot/cold basalt stones, application of radiance peeling mask and Vinoperfect serum for a luminous finish.  
60 mins | £75



 Suitable throughout pregnancy

 Suitable during 2nd and 3rd trimesters

## Vinopure facial

Ideal for combination to oily skin, this treatment purifies, cleanses, mattifies and helps regulate excess sebum. Includes facial massage with essential oils and cryo-massager to tighten pores and bring a renewed radiance to the skin.  
60 mins | £75



## Express D-Vine facial

This targeted treatment delivers the results you need in the time you have. Includes eye and skin cleansing, exfoliation and the application of tailor-made mask and serums, leaving skin restored and refreshed.  
30 mins | £45



Book now: [thecornwall.com](http://thecornwall.com) | 01726 87 40 55 | [spa@thecornwall.com](mailto:spa@thecornwall.com)  
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