



SPA  
AT  
THE ROCKAWAY  
HOTEL



## THE SPA AT THE ROCKAWAY HOTEL

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The Spa at the Rockaway is a transformative oasis with healing offerings for mind and body. It's your personalized escape to reset. Choose one of our carefully crafted signature treatments, indulge in our ultra-pampering amenities, and with the spa's unique oceanfront backdrop, you'll feel spoiled, relaxed, and revitalized.

## FACIAL TREATMENTS

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### ALOE AND CBD FACIAL

Inspired by the coastline of Rockaway Beach, this facial showcases the healing benefits of marine extracts, seaweed, full-spectrum CBD, water lily, and aloe vera while helping to repair and guard against UV and blue light. The skin is cleansed, clarified, and expertly prepared for layers of high-performance concentrates and organic skin serums. Skin is left calm, nourished, and radiant.

50 MIN - \$145

### RENEWAL FACIAL

Customized for your skin, this facial harmonizes and hydrates your skin with powerful antioxidants and botanical extracts. Infused with a high concentrate of Vitamin C to stimulate collagen production, this treatment noticeably improves tone and texture and minimizes the appearance of fine lines and wrinkles to leave skin radiant, hydrated, and glowing.

50 MIN - \$145

### MEN'S FACIAL

After the sun, sand, and sea, experience a custom treatment suited for the gentlemen. Our men's facial consists of a luxury CBD facial massage combined with vitamins, minerals, and botanical extracts to improve tone and texture and address irritation associated with shaving, all while fighting the visible signs of aging skin.

50 MIN - \$145

\*\* Please call for our Waxing Services

## BODY TREATMENTS

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### ENDLESS SUMMER ALOE AND SEAWEED WRAP

This nourishing body firming wrap includes high-performance ingredients and ocean minerals to provide full body hydration while toning and firming skin. This treatment begins with a scrub exfoliation to brighten skin and increase circulation. A light wrap with green clay and seaweed extracts draws out impurities and is removed with hot towels. Finish with a luxurious full-body hydration of sea extracts, stem cells, and calming white teas.

50 MINS - \$145

### SUGAR SCRUB BODY TREATMENT

This dazzling natural treatment begins with a lively citrus-kombucha body wash followed by the vibrant aromas of ginger-lime sugar scrub. Warm, nourishing coconut and argan oil infused with avocado oil, apricot oil, rose hip, and vitamin E is slowly drizzled onto the body for superior hydration, nourishment, and total body relaxation.

50 MINS - \$145

# MASSAGE

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## RECOVERY MASSAGE

Awaken your senses and relax your mind with our CBD Recovery Massage. Crafted with cold-pressed hemp, marula, jojoba & olive oils, this luxury treatment begins with a kombucha body cleanse to clarify the skin and boost circulation. Next, warm body oils are expertly applied to the skin to help relax muscles, moisturize, and nourish the body.

50/80 MINS - \$150/\$240

## ROCKAWAY SIGNATURE MASSAGE

This exquisite experience is created especially for you, with your choice of pressure, sounds, and scents to surround you and pamper you. It also includes warm stones, a luxury foot treatment, and steam towels to fully relax the body and melt away tension.

50/80 MINS - \$135/\$215

## HOT STONE MASSAGE

Relaxing and re-mineralizing massage using warm hand-carved salt stones from the Himalayan mountains to balance the central nervous system and nourish depleted cells, leaving the body in a deep state of relaxation.

50/80 MINS - \$150/\$240

## MOTHER-TO-BE MASSAGE

Specifically designed to pamper you during this joyous time, this massage improves circulation and calms the body. Includes an organic shea butter and body oil combination gently applied to help reduce the signs of stretch marks and to ease any skin irritation.

Please inform us of your due date at time of reservation.

50 MINS - \$135

## COUPLES MASSAGE

### LUCKY IN LOVE COUPLES MASSAGE

### SOME LIKE IT HOT COUPLES MASSAGE

Share this private intimate experience together as you enjoy any two treatments side-by-side.



## PACKAGES

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### ULTIMATE ROCKAWAY INDULGENCE

Includes both the exquisite experience of our 50-min Rockaway Signature Massage and our 50-min Sea Change Renewal Facial that will leave skin radiant, hydrated, and glowing.

2 HRS – \$250

### GIFT CARDS

Spa Gift Certificates are a wonderful way to give the gift of wellness, relaxation, and renewal. They are available for all services as well as in any dollar amount you would like to give. Please inquire at the front desk for guidance in selecting the ideal gift.



# SPA POLICIES

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## APPOINTMENTS

We recommend booking your spa appointments in advance to ensure the desired time is available for you. To secure your appointment, a credit card number is required at the time of your booking.

## ARRIVAL

We suggest that you arrive at least 15 minutes prior to your scheduled appointment time. This will allow plenty of time to check in, change and relax before your treatment.

## ATTIRE

Robes, slippers, personal locker, and towels are provided for all Spa Guests. Please disrobe to the level of your comfort for your treatment, undergarments are not necessary, but you may wear them if you prefer. Our licensed therapists ensure you are securely draped, assuring your privacy at all times.

## CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

## LATE ARRIVAL

As a courtesy to all of our guests, late arrivals will only receive the remaining available appointment time and will be charged the full-service fee.

## PREGNANCY & SPECIAL HEALTH CONSIDERATIONS

Please notify us while booking your service if you have high blood pressure, allergies, any physical ailments, or special needs. If you are pregnant, please make us aware of your due date as that would affect your choice of services.

## AGE REQUIREMENT

All spa guests must be 18 or older to enjoy the spa.

## ELECTRONICS

In consideration of our other guests, we ask that you turn off your cell phone or any other electronic devices before entering the spa and leave them secured in your locker throughout your visit.

## SERVICE CHARGE

For your convenience, a 20% service charge will be automatically charged to your bill. Additional gratuities are at your discretion and should reflect your satisfaction with your service.

## VALUABLES

Please do not bring any valuables with you. We are not liable for any loss of personal property, including jewelry, even if stored in our lockers.