



BAY GARDENS RESORTS “WEEKS OF WELLNESS” KICK STARTS THE NEW YEAR

Exclusively curated wellness package with savings of up to 30% off, plus free daily spa treatments the entire month of January 2022

(CASTRIES, SAINT LUCIA – November 1st, 2021) - Travelers setting their sights on wellness travel for improved health and overall self-care, can kick-start the New Year with Bay Gardens Resorts [Weeks of Wellness Package](#), offering savings of up to 30% off luxury accommodations with daily treatments at its popular [Saint Lucia spa](#) the entire month of January 2022.

Those with Saint Lucia on their bucket lists will enjoy a variety of cutting-edge fitness and daily spa treatments at Bay Gardens Resorts, an award-winning locally owned and managed hotel chain located in Rodney Bay, with rates starting as low as USD \$129, including breakfast, and from just USD \$298 for their All-Inclusive Packages.

One of the more unique aspects of Bay Gardens Resorts' wellness offering is [Splash Island Water Park](#), an inflatable water sports park with a trampoline, climbing wall, monkey bars, swing, slides, hurdles, and water volleyball. *Splash Island Water Park* provides a full-body workout, perfect for kids and kids at heart.

The Bay Gardens Resorts *Weeks of Wellness* package includes: A welcome cocktail on arrival, daily spa treatment, yoga sessions, aqua aerobics, access to the fitness center, wellness consultation on arrival, pre-arrival culinary wellness concierge service, two kids can stay and eat free, complimentary Wi-Fi, bottled water in room on arrival, complimentary shuttle between the Bay Gardens properties, complimentary non-motorized water sports activities, and unlimited passes to Splash Island Water Park.

With the [all-inclusive package](#), guests will also receive breakfast, lunch, and dinner daily, including premium foods and alcoholic beverages. And, through a collaboration with Ojas Spa, the number one provider of Ayurvedic medicine on the island, Bay Gardens Resorts offers its guests daily [Ayurvedic treatments](#) under the all-inclusive plan. Plus, visitors who book five nights or more will receive a FREE rapid antigen test for two return flights!

For those seeking a more holistic approach, Bay Gardens Resorts has an exclusive partnership with Dr. Tanya Destang-Beaubrun, a certified transformational wellness coach, to help restore mind, body, and spirit. [The Holistic Package](#) focuses on the whole-body approach to healing, powered by shifting negative thoughts and behaviors. Another option for guests of Bay Gardens Resorts is the [Island Aesthetic Package](#), in collaboration with Dr. Desmer Destang's Dermalogics Clinic. Both packages are available at an additional cost.

MORE

"Our Resorts were designed with health and wellness in mind to help promote a well-balanced lifestyle," remarked Sanovnik Destang, Executive Director of Bay Gardens Resorts. "We curated the Bay Gardens *Weeks of Wellness* package to include many value add-ons; guests will leave our resorts feeling rested, recharged, and renewed."

As part of the all-inclusive meal plan, guests can also sample the best restaurants in Rodney Bay Village, with an exclusive [dine-around experience](#) available at Bay Gardens Resorts. Choose from seven selected restaurants to dine off property when booking seven nights or more.

The booking window for Bay Gardens Resorts 'Weeks of Wellness' begins November 1st to December 31st, 2021, with a travel window from January 1 to January 31, 2022. Receive up to 30% off accommodations on all room categories when booking a stay for one or more nights at four Bay Gardens Resorts properties – Bay Gardens Beach Resort, Bay Gardens Hotel, Bay Gardens Inn, Bay Gardens Marina Haven.

For more information on the terms and conditions or to book the Bay Gardens Resorts 'Weeks of Wellness' package, visit <https://www.baygardensresorts.com/specials/weeks-of-wellness>.

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About Bay Gardens Resorts

Bay Gardens Resorts is a group of locally owned and operated award-winning hotels located within or near Rodney Bay Village, Saint Lucia's entertainment capital. All five of Bay Gardens Resorts' properties - Bay Gardens Inn, Bay Gardens Hotel, Bay Gardens Beach Resort & Spa, Bay Gardens Marina Haven, and Waters Edge by Bay Gardens Resorts - are close to more than 40 restaurants, entertainment venues, duty-free shopping malls, Treasure Bay Casino and Rodney Bay Marina. All properties offer comfortable accommodations, traditional Caribbean cuisine, and warm Caribbean service and hospitality. Bay Gardens' Splash Island Water Park, the first open water sports park in the Eastern Caribbean, is a popular attraction off Saint Lucia's Reduit Beach. Learn more at <http://www.baygardensresorts.com> and follow on [Instagram](#), [Facebook](#), and [Twitter](#).

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