



# Welcome

## TO THE NEIGHBORHOOD

*Life's Rad in Carlsbad, and we are here to help you get out there. You'll find plenty to keep you care free and occupied. Below are a few ways to explore our beach town -- mask in hand, of course! Have fun.*

### BEACH ME UP

#### So. Carlsbad Beach (3 mi south)

Rugged cliffs. Remote beach with intimate areas, but few amenities. Ideal for walking and jogging. A family favorite.

#### So. Ponto Beach (3.5 mi south)

Captivating sunsets. Best beach for surfing. Wide and secluded with polished stones.

#### Seaside Beach (9 mi south)

Restroom. Dogs allowed w/ leash. Tidepools at South end, best at low tide. (Cardiff)

*In North County San Diego, we have a beach for everything you love to do.*

#### Tamarak Beach (3 mi north)

Restrooms. Paved walking paths. Close dining at the Village. Scuba dive, kayak, fish, or windsurf.

#### North Carlsbad Beach

From the Village to Oceanside. State and locally owned, these quiet beaches have no life guards, restrooms or other amenities.

#### Moonlight Beach (6.5 mi south)

First come, first serve firepits. Beach rentals, playground, snack shack, and restrooms. (Encinitas)

### shuttle time

Visit the front desk to reserve a shuttle to anywhere within 3 miles, including the beach!

### surf's up

#### Hang Zen Surf

hangzensurfschool.com  
760-331-3243

#### 2 Stand Up Guys Paddle Board Lessons

2standupguys.com  
347-489-3926

### borrow the basics

#### Beach Chairs & More ||

Didn't travel with your beach gear? Borrow a few chairs from us, complimentary. We also offer sand toys, yoga mats and bodyboards. First come, first served.

#### Carlsbad Lagoon || 760-434-3089

Motorized and non-motorized water sports

#### Progression Surf || 760-942-2088

Surf boards, body boards and fins

#### Pedego Carlsbad || 760-729-2453

Beach cruisers, road bikes, electric bikes, and kids trailers



Local Favorites You  
Can Do Right Now...  
(just ask us!)

### Live Your Best Beach Life

PLAN A DAY OF SAND CASTLES, SURF LESSONS, SUNSHINE AND SPLASHING AT THE BEST OF CALIFORNIA BEACHES.

### Culinary Adventures

CHECK FISH TACOS AND POKE OFF YOUR SAN DIEGO TO DO LIST AT THE WINDMILL FOOD HALL. NOT YOUR STYLE? THERE'S LOTS TO PICK FROM!

### Coastal Cruising

BORROW A BIKE AND MEET THE MILES OF COASTLINE ON TWO WHEELS!

### Find Your Zen

DIVE INTO WELLNESS WITH A NEARBY YOGI. WE HAVE CLASSES ON-SITE TWICE A WEEK! OR TAKE A FEW DEEP BREATHS WITH YOUR EYES ON THE SEA.

### Get Active. Get Outdoors.

DISCOVER STUNNING CLIFFS, FOREST WALKS, LAGOON, TIDE POOLS, AND LOCAL ANIMAL LIFE ALONG A TRAIL.

### Colors of Carlsbad

EXPLORE THE CITY TO FIND ARTISTIC DISPLAYS IN LARGE PUBLIC SPACES AS WELL AS MORE SECRETIVE STREET ART.

### Swing for the Greens

YEAR ROUND WARMTH IS AN IDEAL SETTING FOR CHAMPIONSHIP GREENS, AND PERFECTING YOUR SWING!

### Retail Therapy

THE OUTLET MALL HAS THE BEST BRANDS JUST STEPS AWAY. FOR A SO CAL VIBE HEAD TO THE VILLAGE OR FAVOR THE UNIQUE AT CEDROS.

See our travel blog for  
even more ideas.

### YOGA YOUR WAY

*Learn more about our partnership at  
[CarlsbadbytheSeaHotel.com/blog/yyw](https://carlsbadbytheseahotel.com/blog/yyw)*

For wellness on your schedule, guests receive **50% off virtual classes** with promo code "CBDSHOTEL" at [yogayourway.fitness](https://yogayourway.fitness).

Also enjoy the **"new student special"** rate of \$25 for in-person SUP Yoga and Pilates classes. Choose class and date, login/create a yourMIND-BODY account, and purchase using the Carlsbad Sea Hotel option.



## WINDMILL FOODIES

Feelin' hungry but can't decide what to eat? No problem! Just around the corner, choose from over 10 eateries for breakfast lunch or dinner. Stop in for takeout, or stay awhile to enjoy indoor and outdoor patio seating, plus weekly events!



*Scan to Explore*

## SAN DIEGO THINGS TO DO

Scan QR code to browse top attractions, tours and local adventures available nearby. There's enough here to explore for days!

## EVENT CALENDAR

### THIS WEEK

#### WINDMILL FOOD HALL

Breakfast: *Daily at 8am*

Lunch & Dinner

*Sun-Wed from 11am-8pm*

*Thur-Sat from 11am-9pm*

The Mill Bar

*Sun-Thur from 11am-9pm*

*Fri-Sat 11am-11pm*

#### Weekly Happy Hour

Monday thru Friday

*\$1 Off Draft and Bottled Beer*

*\$2 Off Craft Cocktails*

*\$5 House Wine, \$6 Well Drinks*

*4:00pm to 6:00pm | Windmill Food Hall*

#### Del Mar Racing Season Is Back

It's time for an encore! Racing returns each fall to the seaside oval.

It's all about fall tidings and the nostalgic Bing Crosby Season.

*Now thru Nov 28th | Del Mar Racetrack  
dmtc.com*

### WEDNESDAY || 17th

#### Midweek Wind Down

*Half Off Bottles, \$6 Prosecco Splits*

*\$5 House Wine by the Glass*

*\$7 Sangria or \$25 Fish Bowls*

*11:00am to 9:00pm | Windmill Food Hall*

#### State Street Farmers' Market

Enjoy fresh organic produce, locally prepared foods, handmade crafts, artisan gifts and live entertainment in the heart of Carlsbad Village.

*3:00pm to 6:00pm | Carlsbad Village  
carlsbadfarmersmarket.com*

### THURSDAY || 18th

#### Taste of ART: Art, Music and Fashion in Oceanside

Experience the intersection of three art forms that have influenced our everyday lives -- both now and through the ages in the world's most evocative works of art.

*6:00pm to 8:00pm | oma-online.org  
Oceanside Museum of Art*

### SATURDAY || 20th

#### Holidays at Legoland

This jolly time of year features a giant LEGO Christmas tree, LEGO activities, unforgettable seasonal shows, holiday characters, special treats, twinkling lights, and more!

*Every Saturday and Sunday  
November 20th thru January 2nd  
legoland.com/california/things-to-do/  
seasonal-events*

#### San Diego Holiday Market

Just in time for the Holidays, find the perfect gifts among local businesses and merchants!

*10:00am to 4:00pm | Balboa Park  
Japanese Friendship Garden*

#### Nevada St. Nerd Market

Bringing together comic book lovers, anime fans, local artists, cosplayers, toy/card collectors and video game fanatics. Come in your best cosplay for comics, painting classes, gaming, bites and more! All ages welcomed!

*10:00am to 4:00pm | Oceanside  
Panels Comic Book Coffee Bar*

### SUNDAY || 21st

#### Encinitas Holiday Market

Peruse over 450 booths and dozens of unique downtown retailers to get a head start on your holiday shopping. Plus enjoy food vendors, dancing and live entertainment.

*9:00am to 4:00pm | Nov 20th & 21st  
Located in Encinitas on Coast Hwy 101  
between D and J Streets*

### MONDAY || 22nd

#### All Day Happy Hour

*11:00am to 9:00pm | Windmill Food Hall*

#### Monday Trivia Nights

*6:00pm | Windmill Food Hall*

### WEDNESDAY || 24th

#### Midweek Wind Down

#### State Street Farmers' Market