



# Welcome

## TO THE NEIGHBORHOOD

*Life's Rad in Carlsbad, and we are here to help you get out there. You'll find plenty to keep you care free and occupied. Below are a few ways to explore our beach town -- mask in hand, of course! Have fun.*

### BEACH ME UP

#### So. Carlsbad Beach (3 mi south)

Rugged cliffs. Remote beach with intimate areas, but few amenities. Ideal for walking and jogging. A family favorite.

#### So. Ponto Beach (3.5 mi south)

Captivating sunsets. Best beach for surfing. Wide and secluded with polished stones.

#### Seaside Beach (9 mi south)

Restroom. Dogs allowed w/ leash. Tidepools at South end, best at low tide. (Cardiff)

*In North County San Diego, we have a beach for everything you love to do.*

#### Tamarak Beach (3 mi north)

Restrooms. Paved walking paths. Close dining at the Village. Scuba dive, kayak, fish, or windsurf.

#### North Carlsbad Beach

From the Village to Oceanside. State and locally owned, these quiet beaches have no life guards, restrooms or other amenities.

#### Moonlight Beach (6.5 mi south)

First come, first serve firepits. Beach rentals, playground, snack shack, and restrooms. (Encinitas)

### shuttle time

Visit the front desk to reserve a shuttle to anywhere within 3 miles, including the beach!

### surf's up

#### Hang Zen Surf

hangzensurfschool.com  
760-331-3243

#### 2 Stand Up Guys Paddle Board Lessons

2standupguys.com  
347-489-3926

### borrow the basics

#### Beach Chairs & More ||

Didn't travel with your beach gear? Borrow a few chairs from us, complimentary. We also offer sand toys, yoga mats and bodyboards. First come, first served.

#### Carlsbad Lagoon || 760-434-3089

Motorized and non-motorized water sports

#### Progression Surf || 760-942-2088

Surf boards, body boards and fins

#### Pedego Carlsbad || 760-729-2453

Beach cruisers, road bikes, electric bikes, and kids trailers



**CARLSBAD**  
BY THE SEA HOTEL

Local Favorites You  
Can Do Right Now...  
(just ask us!)

### Live Your Best Beach Life

PLAN A DAY OF SAND CASTLES, SURF LESSONS, SUNSHINE AND SPLASHING AT THE BEST OF CALIFORNIA BEACHES.

### Culinary Adventures

CHECK FISH TACOS AND POKE OFF YOUR SAN DIEGO TO DO LIST AT THE WINDMILL FOOD HALL. NOT YOUR STYLE? THERE'S LOTS TO PICK FROM!

### Coastal Cruising

BORROW A BIKE AND MEET THE MILES OF COASTLINE ON TWO WHEELS!

### Find Your Zen

DIVE INTO WELLNESS WITH A NEARBY YOGI. WE HAVE CLASSES ON-SITE TWICE A WEEK! OR TAKE A FEW DEEP BREATHS WITH YOUR EYES ON THE SEA.

### Get Active. Get Outdoors.

DISCOVER STUNNING CLIFFS, FOREST WALKS, LAGOON, TIDE POOLS, AND LOCAL ANIMAL LIFE ALONG A TRAIL.

### Colors of Carlsbad

EXPLORE THE CITY TO FIND ARTISTIC DISPLAYS IN LARGE PUBLIC SPACES AS WELL AS MORE SECRETIVE STREET ART.

### Swing for the Greens

YEAR ROUND WARMTH IS AN IDEAL SETTING FOR CHAMPIONSHIP GREENS, AND PERFECTING YOUR SWING!

### Retail Therapy

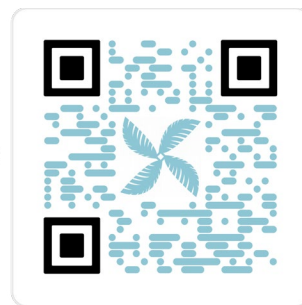
THE OUTLET MALL HAS THE BEST BRANDS JUST STEPS AWAY. FOR A SO CAL VIBE HEAD TO THE VILLAGE OR FAVOR THE UNIQUE AT CEDROS.

See our travel blog for  
even more ideas.



## WINDMILL FOODIES

Feelin' hungry but can't decide what to eat? No problem! Just around the corner, choose from over 10 eateries for breakfast lunch or dinner. Stop in for takeout, or stay awhile to enjoy indoor and outdoor patio seating, plus weekly events!



*Scan to Explore*

## SAN DIEGO THINGS TO DO

Scan QR code to browse top attractions, tours and local adventures available nearby. There's enough here to explore for days!

## EVENT CALENDAR

### THIS WEEK

#### WINDMILL FOOD HALL

Breakfast: *Daily at 8am*

Lunch & Dinner

*Sun-Wed from 11am-8pm*

*Thur-Sat from 11am-9pm*

The Mill Bar

*Sun-Thur from 11am-9pm*

*Fri-Sat 11am-11pm*

#### Weekly Happy Hour

Monday thru Friday

*\$1 Off Draft and Bottled Beer*

*\$2 Off Craft Cocktails*

*\$5 House Wine, \$6 Well Drinks*

*4:00pm to 6:00pm | Windmill Food Hall*

#### Behind-the-Scenes Tour of the Mission San Luis Rey

Enjoy a guided walking tour of Mission San Luis Rey. Explore areas not normally open to the public, like the private rose gardens and the pepper tree.

*Saturdays from 11:00am to 12:30pm*

*Sundays from 1:00pm to 2:30pm*

*visitoceanside.org/events*

#### Beyond Van Gogh

An imaginative and immersive presentation crafted by world renowned audiovisual designers, cutting edge projection technology to create an engaging journey into the world of Van Gogh!

*Jan 14th thru Mar 6th | Del Mar  
vangoghsandiego.com*

### WEDNESDAY || 12th

#### Midweek Wind Down

*Half Off Bottles, \$6 Prosecco Splits*

*\$5 House Wine by the Glass*

*\$7 Sangria or \$25 Fish Bowls*

*11:00am to 9:00pm | Windmill Food Hall*

#### State Street Farmers' Market

Enjoy fresh organic produce, locally prepared foods, handmade crafts, artisan gifts and live entertainment in the heart of Carlsbad Village.

*3:00pm to 6:00pm | Carlsbad Village*

*carlsbadfarmersmarket.com*

#### Drag Queen Bingo

A night of fun with Ari Mirage

*6:30pm to 9:00pm | Windmill Food Hall*

*Tickets: \$10 per person*

*windmillfoodhall.com/calendar*

### SATURDAY || 15th

#### 30 Min. Interval Fitness Classes with Muscle Meditation

Accessible to ALL fitness levels, C.H.U.B. classes (*Creating Healthy Unique Bodies*) are guaranteed to burn calories, build muscle and have you feeling your best! Each class includes a transformative cool down meditation.

**Free to hotel guests. Check with front desk for passes to the class.**

*Every Saturday at 10:00am & 10:35am*

*Located in the Garden Courtyard*

*Open to non-hotel guests by RSVPing at  
yourmusclemeditation.com*

### SUNDAY || 16th

#### 2022 Carlsbad Marathon & Half Marathon

The BEST and most scenic winter race with the BEST swag! Miles and miles of breathtaking ocean views with outstanding course support and entertainment.

*6:15am to 1pm | The Shoppes at Carlsbad  
inmotionevents.com/event/carlsbad-marathon*

### MONDAY || 17th

#### All Day Happy Hour

*11:00am to 9:00pm | Windmill Food Hall*

#### 33rd Annual MLK Jr. Day

Worldbeat Cultural Center is celebrating the life and legacy of Martin Luther King Jr with a family outdoor festival. Enjoy live music, dancing, vegan food, cultural arts & crafts marketplace, and more!

*12:00pm to 5:00pm | Balboa Park  
events.worldbeatcenter.org*

#### Monday Trivia Nights

Gather the gang and get competitive with a little fun!

*6:00pm | Windmill Food Hall*

### TUESDAY || 18th

#### Open Mic Night

Come in, sign up and show off!

*Hosted by Lorenzo Bonnin*

*6:00pm to 8:00pm | Windmill Food Hall*