

Spa Treatment Menu

The Nail Lounge

Manicure

This luxurious hand and nail treatment begins with an exfoliation, followed by shaping of the nails and cuticles are tidied. Relax while your hands and arms are massaged, finishing with an application of polish.

55 mins | £55



Pedicure

Sit back and relax while your feet are soaked to soften the skin, and exfoliated to reduce dryness. The nails are shaped and cuticles tidied, followed by a relaxing lower leg and foot massage. To complete the treatment, a polish application is done on the toes.

55 mins | £55



Shape & Polish

Fingers or toes shaped and finished with nail polish

Allow 30 mins | £25



Shape & Polish Fingers & Toes

Fingers and toes shaped and finished with nail polish.

Allow 60 mins | £48



 Suitable for those living with cancer

 Suitable for under 16s

Shellac Shape & Polish

Fingers or toes, cuticle tidy, shaped and finished with gel polish.

Allow 45 mins | £32



Shellac Fingers & Toes

Fingers and toes, cuticle tidy, shaped and finished with gel polish.

Allow 75 mins | £62



Shellac Removal

Allow 15 mins | £15



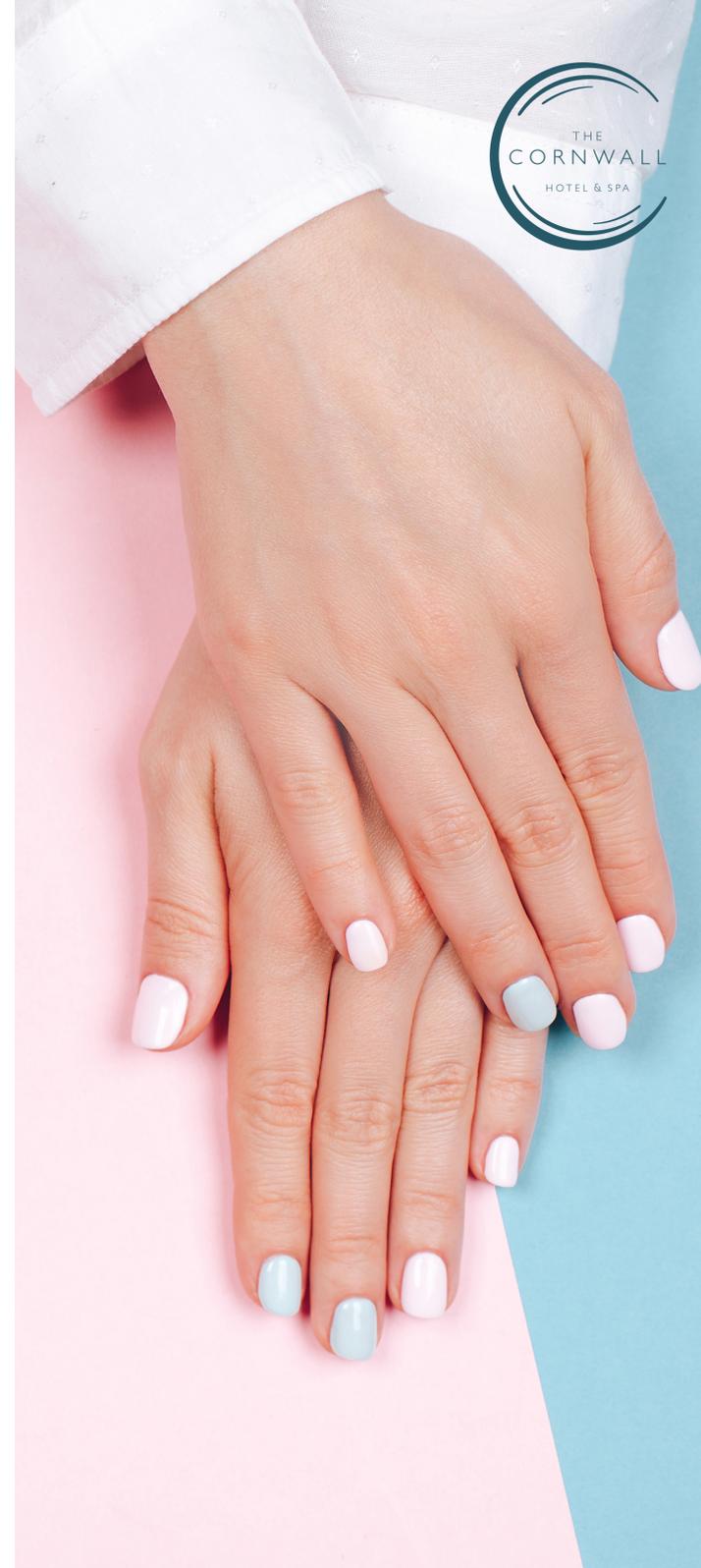
Shellac Add on

Upgrade any hand and foot treatment to include gel polish
£10



 Suitable throughout pregnancy

 Suitable during 2nd and 3rd trimesters



Spa Treatment Menu

Massage Therapy

Total relax massage

Full body massage including face and scalp, tailored to your needs for a truly unique experience.

75 mins | £90



Unwind massage

Full body massage targeting all areas of tension and stress, ensuring total relaxation.

60 mins | £80



Destress massage

Back, face and scalp massage to relieve tension, leaving you feeling revived and refreshed.

45 mins | £65



Mini massage

Back, neck and shoulder massage to release tension.

30 mins | £50



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 Suitable for under 16s

Balance & energise

Complete upper body treatment targeting areas of tension, followed by a mini facial.

60 mins | £80



The Spa Ritual

Warming foot treatment followed by head to toe massage, mini facial and scalp massage.

90 mins | £110

(or £220 for couples)



Hot stone full body massage

Smooth, flat, heated basalt stones are used on key points of your body to relax your muscles, improve circulation and relieve stress. Available October to March.

60 mins | £85



 Suitable throughout pregnancy

 Suitable during 2nd and 3rd trimesters

Ultimate prenatal massage

Top-to-toe treatment including full body massage that relaxes and nourishes the skin.

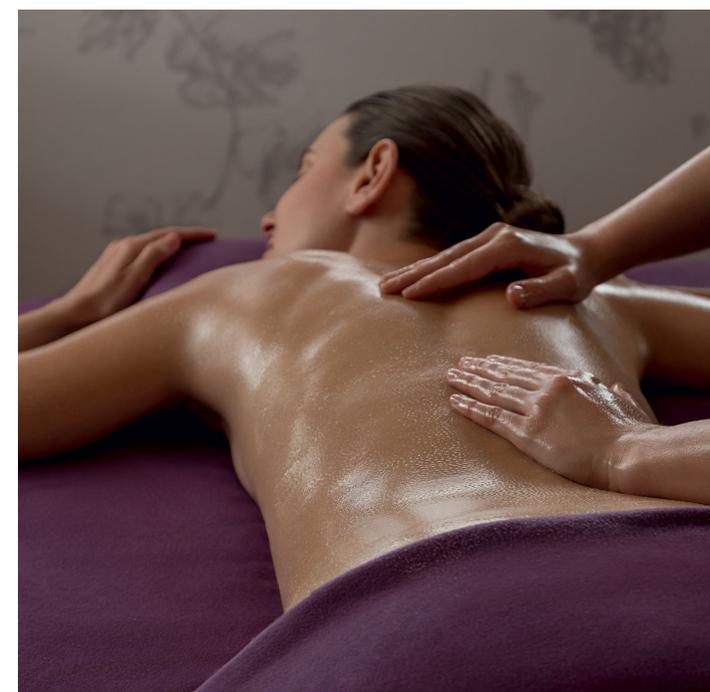
75 mins | £90



Prenatal massage

A gentle massage with Caudalie oils to sooth tension leaving you and bump relaxed and refreshed.

60 mins | £80



Spa Treatment Menu

Body Treatments by **CAUDALIÉ**
PARIS

Crushed Cabernet body treatment
Full body exfoliation followed by a signature sculpting massage to invigorate the mind and body.
60 mins | £80

Contouring body wrap
Balancing and detoxifying treatment with gentle exfoliation followed by application of Contouring Concentrate to boost metabolism before wrapping the body. Includes full scalp treatment for total relaxation.
60 mins | £80

Cranial massage
Relieves compression and tension in the neck and head.
30 mins | £45

Fleur de Vigne candle massage
Signature Caudalie treatment featuring delicately scented massage candle, melted into warm oil and applied to relieve tension.
60 mins | £85

Wine makers' massage
Intense treatment recreating the ritual of wine-making using bare hands, applying pressure to the energy paths and using a heated wine maker's stick to deeply target muscular tension. Available October to March.
Full body: 60 mins | £85
Back, neck, shoulders: 30 mins | £55

Thé des Vignes body massage
Deeply relaxing full body massage using Thé des Vignes fragrance, combining white musk, ginger liqueur and an infusion of orange blossom and jasmin.
60 mins | £80

Crushed Cabernet scrub
Indulgent body scrub with oils naturally derived from lemon, rosemary and juniper berries. Exfoliates, leaving your skin radiant and soft.
30 mins | £50

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Facials by **CAUDALÍE**
PARIS

Premier Cru facial

A signature treatment combining the best active anti-ageing ingredients to treat all signs of skin ageing. This advanced facial uses a combination of targeted pressure application & gentle massage techniques deliver exceptional results. Skin feels firmer, wrinkles and fine lines are smoothed and radiance is restored.

60 mins | £85



Resveratrol Lift facial

Specially created for skin that lacks firmness, contour and vitality. Treatment includes gentle cleansing, facial massage and a warming mask.

60 mins | £85



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 Suitable for under 16s

Vinosource facial

Skin-renewing treatment that deeply moisturises the skin. Starts with fresh grape massage, includes application of mask and cult Vinosource moisturisers to leave a healthy, glowing appearance.

60 mins | £80



Vinoperfect radiance facial

Designed to correct the complexion, restore radiance and add vitality. Includes massage with essential oils and hot/cold basalt stones, application of radiance peeling mask and Vinoperfect serum for a luminous finish.

60 mins | £80



 Suitable throughout pregnancy

 Suitable during 2nd and 3rd trimesters

Vinopure facial

Ideal for combination to oily skin, this treatment purifies, cleanses, mattifies and helps regulate excess sebum. Includes facial massage with essential oils and cryo-massager to tighten pores and bring a renewed radiance to the skin.

60 mins | £80



Express D-Vine facial

This targeted treatment delivers the results you need in the time you have. Includes eye and skin cleansing, exfoliation and the application of tailor-made mask and serums, leaving skin restored and refreshed.

30 mins | £50



Book now: thecornwall.com | 01726 87 40 55 | spa@thecornwall.com
The Cornwall Hotel & Spa, Pentewan Rd, Tregorrick, Cornwall, PL26 7AB

