

## Early Booking

- **10% discount** for accommodation and meals when booking any package provided full payment at least 30 days before arrival at the hotel;
- **20% discount** for accommodation and meals when booking any package provided full payment at least 90 days before arrival at the hotel (calculated by discount to the Eb10%);
- Early booking payments are non-refundable;
- No matter the EB offer, there will be an advance payment of 20% from the value of the stay in 5 days from the confirmed booking.

In case of cancellation due to the Covid-19 pandemic, the advance paid will be valid until 30.06.2022. The reservation could be rescheduled until this date with the price from new chosen period.

## TREATMENT PACKAGES 2022

Packages include: treatment, accommodation in double room for one person, breakfast, half-board or all inclusive and VAT. Tarrifs are in EURO.

### LOW SEASON

21 Apr - 2 Jun  
19 Sep - 16 Oct

### INTERMEDIARY SEASON 1

3 - 18 Jun  
5 - 18 Sep

### INTERMEDIARY SEASON 2

19 Jun - 6 Jul  
28 Aug - 4 Sep

### HIGH SEASON

7 Jul - 27 Aug



**ANA SPA**

[www.anahotels.ro](http://www.anahotels.ro)

**ANA ASLAN  
HEALTH SPA**  
at **HOTEL EUROPA**  
in EFORIE NORD

Reservation at: 0241 702 818



## HEALTH BREAK LIGHT\*

Content:

- Health questionnaire;
  - Blood pressure examination;
  - 3 therapies/day.
- 6 massages 25' (stress relief, back pain relief program, cervical relaxing program)
  - 3 herbal baths with salt water 20'
  - 3 mud baths 20'
  - 6 sessions 25' Aqua gym at the inside pool with salt water/kinetotherapy, fitness (personal training)
  - 12 massages 25' (stress relief, back pain relief program, cervical relaxing program)
  - 6 herbal baths with salt water 20'
  - 6 mud baths 20'
  - 12 sessions 25' Aqua gym at the inside pool with salt water /kinetotherapy, fitness (personal training)

Medical recommendations: overdose syndrome, sleeping disorders, limited articular mobility, sedentariness, moderate hypertension, painful back, ineffective breathing through lack of movement, disorders of lymphatic circulation, moderate joint pain.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	502 Euro	544 Euro	586 Euro	684 Euro
13 nights	955 Euro	1033 Euro	1111 Euro	1293 Euro

**\*NOTE:** The procedures in the package are predefined, therefore, the therapies included in the package cannot be replaced with other therapies in the Spa menu.



## HEALTHY SKIN

Content:

- medical examination;
- 3 therapies/day:
  - Mud massages 20' – every day
  - Mud baths 20'
  - Serenity head and cervical massages 25' – 2/4/6 sessions, herbal baths with salt water 20' – 2/4/6 sessions, therapeutic massages with essential oils 20' – 2/4/6 sessions.

Medical recommendations: dermatological conditions ( PSORIAZIS, allergodermia, seborrheic syndrome ). The skin remains clean, hydrated, bright, healthy.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	527 Euro	569 Euro	611 Euro	709 Euro
13 nights	970 Euro	1048 Euro	1126 Euro	1308 Euro
19 nights	1360 Euro	1474 Euro	1588 Euro	1854 Euro

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## INTENSIVE RHEUMA INDOOR

### Content:

- Medical examination,
- 3 therapies/day, customized program based on medical diagnosis, from: mud therapies (baths 20', massages 20'), therapeutic massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20', kinetotherapy, hydrokinetotherapy in the inside salt water pool , electrotherapy, laser, Bioptron;
- recommendations and medical report.

Medical recommendations: degenerative rheumatic diseases (osteoarthritis) and in ammatory (ankylosing spondylitis, rheumatoid arthritis), abarticlar rheumatism of soft parts (periartthritis, tendinitis, tenosynovitis, enteritis, Dupuytrene disease, etc), spondylosis, herniated disc.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	572 Euro	614 Euro	656 Euro	754 Euro
13 nights	965 Euro	1043 Euro	1121 Euro	1303 Euro
19 nights	1315 Euro	1429 Euro	1543 Euro	1809 Euro

OPTIONAL: The package can be completed with TECAR therapies (see price details below)



## INTENSIVE RHEUMA OUTDOOR

### Content:

- Medical examination,
- 3 therapies/ day, customized program based on medical diagnosis, from: 1 indoor therapy (baths 20', massages 20', therapeutic massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20' , kinetotherapy, hydrokinetotherapy in the inside salt water pool, electrotherapy, laser, Bioptron) and 2 outdoor therapies at the salt water pool (mud application 120' and hydrokinetotherapy 25')
- recommendations and medical report.

Medical recommendations: degenerative rheumatic diseases (osteoarthritis) and inflammatory (ankylosing spondylitis, rheumatoid arthritis), abarticlar rheumatism of soft parts (periartthritis, tendinitis, tenosynovitis, enteritis, Dupuytrene disease, etc), spondylosis, herniated disc.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights		602 Euro	686 Euro	784 Euro
13 nights		1015 Euro	1171 Euro	1353 Euro
19 nights		1370 Euro	1598 Euro	1864 Euro

OPTIONAL: The package can be completed with TECAR therapies (see price details below)

Tecar Therapy Price:  
 One part of the body 20' | 17 Euro  
 Two parts of the body 40' | 30 Euro

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## BALNEO SPA INDOOR

### Content:

- Medical examination,
- 4 therapies/ day, customized program based on medical diagnosis, from: mud therapies (baths 20', massages 20'), therapeutic massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20', hydrokinetotherapy in the inside salt water pool, electrotherapy, laser, Biopton;
- Recommendations and medical report.

Medical recommendations: degenerative rheumatic diseases and inflammatory, chronic lumbago, herniated disc, peripheral and central neurological disorders, post traumatic and surgeon recovery, osteoporosis, hypertension moderated, peripheral circulatory disorders, arterial and venolymphatic conditions, chronic inflammatory gynecological disorders, secondary sterility, dermatological disorders (psoriasis, neurodermatitis, acne), ORL diseases, respiratory diseases.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	637 Euro	679 Euro	721 Euro	819 Euro
13 nights	1070 Euro	1148 Euro	1226 Euro	1409 Euro
19 nights	1450 Euro	1564 Euro	1678 Euro	1944 Euro

OPTIONAL: The package can be completed with TECAR therapies (see price details below)



## BALNEO SPA OUTDOOR

### Content:

- Medical examination,
- 4 therapies/ day, customized program based on medical diagnosis, from: 2 indoor therapies (baths 20', massages 20', therapeutic massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20', hydrokinetotherapy in the inside salt water pool, electrotherapy, laser, Biopton) and 2 outdoor therapies at the salt water pool ( mud application 120' and hydrokinetotherapy 25');
- Recommendations and medical report.

Medical recommendations: degenerative rheumatic diseases and inflammatory, chronic lumbago, herniated disc, peripheral and central neurological disorders, post traumatic and surgeon recovery, osteoporosis, hypertension moderated, peripheral circulatory disorders, arterial and venolymphatic conditions, chronic inflammatory gynecological disorders, secondary sterility, dermatological disorders (psoriasis, neurodermatitis, acne), ORL diseases, respiratory diseases.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	677 Euro	719 Euro	761 Euro	859 Euro
13 nights	1130 Euro	1208 Euro	1286 Euro	1468 Euro
19 nights	1560 Euro	1674 Euro	1788 Euro	2054 Euro

OPTIONAL: The package can be completed with TECAR therapies (see price details below)

Tecar Therapy Price:  
 One part of the body 20' | 17 Euro  
 Two parts of the body 40' | 30 Euro

Reservation at: 0241 702 818



## ANA ASLAN ANTI AGING

### Content:

- Medical examination, EKG,
- 3 therapies/ day, customized program based on medical diagnosis, from: mud therapies (baths 20', massages 20'), massages with essential oils 20', herbal baths with salt water 20', paraffin wraps 20', kinetotherapy, hydrokinetotherapy in the inside salt water pool, electrotherapy, laser, Bioptron;
- 2 tests and injections with Gerovital H3 (if there are no contraindications)\*
- recommendations and medical report.

Medical recommendations: treatment of skin trophic disorders, neuralgia, neuritis, arteriosclerosis with central and peripheral manifestations, Parkinson's disease, spondylosis, arthrosis, osteoporosis, neurodermitis, alopecia, eczema, psoriasis, scleroderma, vitiligo, vascular spasms, angina pectoris, hypertension, sequelae myocardial infarction and stroke, arteritis, metabolic diseases (diabetes, obesity, dyslipidemia), sexual dyskinesia, chronic fatigue syndrome, insomnia, depressive syndromes, etc.

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	612 Euro	654 Euro	696 Euro	794 Euro
13 nights	995 Euro	1073 Euro	1151 Euro	1333 Euro
19 nights	1370 Euro	1484 Euro	1598 Euro	1864 Euro

\* It is recommended to perform some common tests (FL, VSH, blood glucose, total cholesterol, HDL and LDL cholesterol, TGP, TGO, gamma-glutamyl transpeptidase, urea, creatinine urine test, uric acid) 40 euro

All packages can be offered also on halfboard or fullboard basis. For more information please contact the Reservations Department.

## Single supplement/ stay

	LOW SEASON	INTERMEDIARY SEASON 1	INTERMEDIARY SEASON 2	HIGH SEASON
7 nights	161 Euro	182 Euro	203 Euro	308 Euro
13 nights	286 Euro	325 Euro	364 Euro	559 Euro
19 nights	418 Euro	475 Euro	532 Euro	817 Euro

*Payment for accommodation, meals and spa can be made in RON at the internal exchange rate of the hotel\* available at the time of issuing the proforma invoice for the total payments in advance and at the internal exchange rate of the hotel\* available at check-in date for partially or not paid in advance bookings.*

*\* the exchange rate of the hotel is the same as the exchange rate communicated by BNR.*



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# SPECIAL OFFER

**10% DISCOUNT**  
for the second spa package  
purchased by the same person

**10 % DISCOUNT**  
on the purchase of Facial and  
Body Aesthetic treatments



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